



AGENDA

SPECIAL MEETING TO CONDUCT A STUDY SESSION OF THE EL CAMINO HEALTHCARE DISTRICT BOARD OF DIRECTORS

Thursday, June 17, 2021 – 6:00pm

El Camino Hospital | 2500 Grant Road, Mountain View, CA 94040

PURSUANT TO STATE OF CALIFORNIA EXECUTIVE ORDER N-29-20 DATED MARCH 18, 2020, THE EL CAMINO HEALTHCARE DISTRICT **WILL NOT BE PROVIDING A PHYSICAL LOCATION FOR THIS MEETING**. INSTEAD, THE PUBLIC IS INVITED TO JOIN THE OPEN SESSION MEETING VIA TELECONFERENCE AT:

1-669-900-9128, MEETING CODE: 958-2628-4922#. No participant code. Just press #.

PURPOSE: The purpose of the District shall be (i) to establish, maintain and operate, or provide assistance in the operation of, one or more health facilities (as that term is defined in California Health and Safety Code Section 1250) or health services at any location within or without the territorial limits of the District, for the benefit of the District and the people served by the District; (ii) to acquire, maintain and operate ambulances or ambulance services within or without the District; (iii) to establish, maintain and operate, or provide assistance in the operation of free clinics, diagnostic and testing centers, health education programs, wellness and prevention programs, rehabilitation, aftercare, and such other health care services provider, groups, and organizations that are necessary for the maintenance of good physical and mental health in the communities served by the District; and (iv) to do any and all other acts and things necessary to carry out the provisions of the District's Bylaws and the Local Health District Law.

AGENDA ITEM	PRESENTED BY		ESTIMATED TIMES
1. CALL TO ORDER/ROLL CALL	George O. Ting, MD, Board Chair		6:00 – 6:02pm
2. PUBLIC COMMUNICATION	George O. Ting, MD, Board Chair		6:02 – 6:05pm
3. POTENTIAL CONFLICT OF INTEREST DISCLOSURES	George O. Ting, MD, Board Chair		6:05 – 6:06pm
4. FY22 COMMUNITY BENEFIT PLAN STUDY SESSION	George O. Ting, MD, Board Chair		discussion 6:06 – 7:09pm
5. ROUNDTABLE/ CLOSING COMMENTS	George O. Ting, MD, Board Chair		discussion 7:09 – 7:19pm
6. ADJOURNMENT	George O. Ting, MD, Board Chair	public comment	motion required 7:19 – 7:20pm

Upcoming Meetings: June 29, 2021



EL CAMINO HEALTHCARE DISTRICT BOARD MEETING COVER MEMO

To: El Camino Healthcare District Board of Directors
From: Cecile Currier, VP Corporate and Community Health Services and President
CONCERN, EAP
Barbara Avery, Director Community Benefit
Date: June 17, 2021
Subject: FY22 Community Benefit Plan Study Session

Purpose: To provide additional information about the FY22 Community Benefit grant recommendation process for Board discussion and an opportunity to provide staff with full Board direction.

Summary:

1. **Situation:** Board requested a Study Session to further focus next fiscal year's grant portfolio and grant recommendation process.
2. **Background:** During the 5/18 District Board meeting, members requested additional information on decision-making process for funding recommendations.

FY22 Summary:

- 65 proposals requested: \$9,395,488
- 55 proposals recommended: \$7,522,000
 - Variance between Requested and Available: \$1,873,488 (46% increase over FY21)

Grant Proposal Timeline:

- 12/15/20: ECH/D CB Grant Guide and FY22 application released online with community/grantee notification; submission deadline: 2/26/21
 - March – April: Staff proposal assessment and Summary development (*see Attachment 1: FY22 Proposal Index and Summaries*) with funding recommendations
 - 4/29/21: Community Benefit Advisory Council (CBAC) proposal meeting
 - 5/18/21: District Board Community Benefit Study Session
3. **Other Reviews:** CBAC reviewed staff grant recommendations and developed a final recommendation for District Board review and approval. Attachment 1 summarizes the evaluation framework.
 4. **Outcomes:** After concluding the CBAC review process, staff created summary documents to bring to the District Board for discussion, feedback, and approval. Attachment 1 provides a summary of the recommendation, attachment 2 details the Community Benefit Program improvement work plan, attachment 3 provides details on funding recommendations and on individual grant requests, and attachment 4 summarized the applicants seeking dual funding from the District and Hospital Community Benefits Programs.

5. Suggested Board Discussion Questions:

1. Is there additional criteria to apply to refine the recommended grants further before they come back to the ECHD Board for approval on June 29?
2. Does the ECHD Board have input on the funding balance between the community health needs?
3. Are there certain metrics that are most important to the ECHD Board in order to understand the impact of the grants?

List of Attachments:

1. Community Benefit Plan Study Session
2. Community Benefit Work Plan
3. FY22 Proposal Index and Summaries
4. Dual Funding Request Summary



Dedicated to improving the health and well-being of the people in our community.

FY22 Community Benefit Plan Study Session

June 17, 2021

Barbara Avery

Director, Community Benefit

Agenda

- FY22 Community Benefit Plan
 - Discussion questions
 - Goal
 - Decision-making criteria
 - Summary of recommended grants
- FY22 Community Benefit Process
 - Overview



FY22 Community Benefit Plan – Discussion questions

- Is there additional criteria to apply to refine the recommended grants further before they come back to the ECHD Board for approval on June 29?
- Does the ECHD Board have input on the funding balance between the community health needs?
- Are there certain metrics that are most important to the ECHD Board in order to understand the impact of the grants?



FY22 Community Benefit Plan - Goal

To provide a diverse range of services and activities that address the cause and impact of identified health related needs. Strategies include prevention and direct services, such as management of chronic diseases, access to primary and integrated care, and programming to support physical activity, mental and social-emotional health.



FY22 Community Benefit Plan – Decision-making criteria

Community benefit staff evaluates by asking and analyzing whether a proposal:

- Meets El Camino Healthcare District geographic requirement?
- Focuses on health with an emphasis on populations that are underserved, experiencing health disparities, and/or facing health challenges?
- Demonstrates a competence and capacity to address identified health needs?
- Has a clear program design that demonstrates effective intervention with metrics/targets?
- Provides appropriate reach, including number of unduplicated individuals/services provided?
- Demonstrates cost-effective cost/person and cost/service?
- Demonstrates capacity to evaluate outcomes, including usage of evaluation tools such as surveys, case management forms, and patient registries?
- Demonstrates effective budget to administer program, including detailed budget?
- Duplicates already available services or offers a more effective model?



FY22 Community Benefit Plan – Decision-making criteria (continued)

How recommendations are adjusted up or down from requested:

- Assessing prior funding, proposed services, metric performance and need(s) being addressed
- Evaluate the organization's capacity to deliver on grant proposal
- Maintaining a broad portfolio of organizations working to impact health needs

How current or new grants are selected for funding:

- There is not a preference for current or new grants
- Each proposal is evaluated on its own individual merits
- Grant cycle opening announcement is widely shared to attract new applicants

How decision-making criteria was adjusted based on the pandemic:

- Community Benefit staff consulted with grantees to understand capacity and plans coming out of pandemic
- For previous grant recipients, latitude was given for lower than usual grant performance due to the shelter-in-place and virtual services pivot for FY21



FY22 Community Benefit Plan – Summary of Recommended Grants

Health Need	FY22 Recommended	Programs/ Grants	New Programs/ Grants	Local Organizations
Healthcare Access & Delivery	\$3,479,000 (46%)	15	1	15
Behavioral Health & Cognitive Decline	\$1,378,900 (18%)	14	1	13
Chronic Conditions Treatment & Prevention	\$1,335,800 (18%)	17	1	13
Oral Health	\$850,000 (11%)	4		4
Economic Stability & Homelessness	\$292,200 (4%)	5	1	3
Domestic Violence & Unintentional Injury	\$186,100 (2%)	4		3
Total:	\$7,522,000	59* programs in 55 grants	4	51

**Four grants address more than one health need*

Avg. # of Metrics/Grant: ~3.8



FY22 Community Benefit Process - Overview

- Grant application and timeline released online 3rd Tuesday of December (12/15/21)
- Proposals submitted last Friday of February (2/26/21; typically ~125 received for District and Hospital)
- Staff assesses: clear program design to impact identified health need(s), meaningful and achievable metrics/targets, performance history (if applicable), appropriate program staff, evaluation plan/tools, program-appropriate budget and other quality indicators
- Community Benefit Advisory Council (CBAC) grant proposal discussion/recommendation meeting, April
 - Input from six members; reached funding recommendation consensus (see appendix)
- Board Study Session, May: Summaries reflecting CBAC funding recommendations provided for Board discussion
- Board review of CB Plan, June: amend and approve funding
- Applicants notified within three business days
- Grant agreements generated and executed
- Funding checks distributed upon receipt of signed grant agreement



Appendix



CBAC Membership

- Bonnie Broderick, R.D., M.P.H. Director, Chronic Disease & Injury Prevention Program, Santa Clara County Public Health Department
- Kathi McShane, Senior Pastor, Los Altos United Methodist Church
- Paul Taylor, Past CEO of Momentum for Mental Health
- Mike Gonazalez, MPA, Manager, Community Resource Center, Santa Clara Family Health
- Cherise Brandell, Director of Library and Community Services, City of Sunnyvale
- John Marchant, Director of Community Services Department, Mountain View
- Marilyn Winkleby, Ph.D., M.P.H. Professor of Medicine & Director of the Office of Community Health, Stanford University (unable to attend April meeting)
- District Board Liaison: Dr. George Ting
- Staff: Cecile Currier and Barbara Avery



FY22 Community Benefit Process – Improvements from ad hoc committee recommendations

- Application Process
 - Application digitized, standardized timing and communication
 - Excel tool to assist target-setting
 - Released one-month earlier
 - Established criteria for dual funding requests
 - Dual funding summary reported to Finance Committee and District Board
- Oversight and Grant Funding Process
 - Term limits set, four members terminated due to term limits policy
 - One new member added, five members currently
 - Any approved individual grant increases reported to the Board in semiannual reports
 - Conflict of interest agreement implemented
- Performance and Stewardship Process
 - Timeliness of distributions will be reported in October and March reports to the Board
 - Funding status, site visit, and funding check acknowledgment changes made



Community Benefit Work Plan - 6/17/21 ECHD Special Study Session

<u>Community Benefit Work Plan</u>	
<u>Ad Hoc Committee Recommendation Area</u>	<u>Accomplishments & Status</u>
<u>Application Process</u>	
Enhance Grant Application Process: <ul style="list-style-type: none"> Streamline and digitize application process Standardized timing and communication of application process 	<ul style="list-style-type: none"> ✓ Application digitized in Fall 2017 ✓ Application shortened 25%, developed Excel tool to assist target-setting; released one month earlier (December 2020 vs. January 2021, per approved Policy) ✓ Standardized timing and communication <ul style="list-style-type: none"> Application and grant guide released: 3rd Tuesday of December Application due: last Friday of February Developed timeline and used on website, communications and materials
Dual funding requests: when applicants seek District and Hospital funding: <ul style="list-style-type: none"> Establish specific decision criteria of grants to be considered for "dual" funding with District and Hospital dollars District and Hospital should be notified of dual funding requests 	<ul style="list-style-type: none"> ✓ Provided established criteria for dual funding requests: <ul style="list-style-type: none"> Addresses health needs in District and Hospital service area Capacity to serve both geographies At least one successful grant cycle in either ECH or ECHD ✓ Dual Funding Summary provided/notified: <ul style="list-style-type: none"> Finance Committee Plan Approval Meeting, May 2021 District Study Session, May 2021 Approved dual funded grants reported to Finance Committee and District Board Meetings, Fall 2021
<u>Oversight and Grant Funding Process</u>	
Community Benefit Advisory Council (CBAC): <ul style="list-style-type: none"> Create CBAC Member Term Limits: 3yrs, 2 terms Optimize Conflict of Interest policy and process 	<ul style="list-style-type: none"> ✓ CBAC Guiding Principles updated: CBAC members will serve a three year term and can be reappointed for one additional term ✓ Status: <ul style="list-style-type: none"> Four members terminated due to term limits policy Two vetted candidates presented and one new member appointed by CEO Five members; currently recruiting ✓ Conflict of Interest (COI) agreement implemented ✓ Members required to identify proposals for which COI exists
All previously approved individual grant increases reported to the Board in the semiannual reports	<ul style="list-style-type: none"> ✓ Increases are reported at Midyear and Yearend meetings
<u>Performance and Stewardship Process</u>	
Reduced cadence for Performance Metrics of organizations that consistently get funding – no annual metrics	Change requires full Board approval
<ul style="list-style-type: none"> Separate cadence from funding decisions and grant performance Reporting on: <ul style="list-style-type: none"> Timeliness of distributions Site Visits with Board participation 	Separate cadence from funding decisions and grant performance: change requires full Board approval <ul style="list-style-type: none"> ✓ Timeliness of distributions will be reported in October and March reports to Board <ul style="list-style-type: none"> 1st Installment: 85% of checks will be mailed by first Friday of September 2nd Installment: 85% of checks will be mailed by first Friday of February ✓ Notification of funding status: all applicants e-mailed within three business days after June Board meeting ✓ Site Visits: offer four District grantee site visits each year, requires at least two District Board members to commit
Formalize process for acknowledging receipt of grant funding by recipient	<ul style="list-style-type: none"> ✓ Funding Check Acknowledgement Form completed through SurveyMonkey

Grant Application Process

Community Benefit (CB) Goal: To provide a diverse range of services and activities that address the cause and impact of identified health related needs. Strategies include prevention and direct services, such as management of chronic diseases, access to primary and integrated care, and programming to support physical activity, mental and social-emotional health.

Process Overview:

1. Grant application and timeline released 3rd Tuesday of December → 2. Proposals submitted last Friday of February → 3. Staff assessment → 4. Community Benefit Advisory Council (CBAC) discussion and recommendations → 5. Board Study Session → 6. Board review and approval → 7. Applicant notification → 8. Grant Agreements → 9. Funding check distributed

1. Grant application and timeline released online 3rd Tuesday of December
 - a. Broad community notification about grant cycle opening
 - b. Comprehensive Grant Guidebook includes timeline, examples, tips, step-by-step visuals of the process and Community Benefit Department contact information to support applicants
2. Proposals submitted last Friday of February (typically ~125 received for District and Hospital)
 - a. Application components include: health need addressed, population served, proposed services, evaluation/data collection methodology, line-item budget, metrics/targets and relevant organizational documents, including IRS Determination Letter
3. Staff assess: clear program design to impact identified health need(s), meaningful and achievable metrics/targets, performance history (if applicable), appropriate program staff, evaluation plan/tools, program-appropriate budget and other quality indicators
 - a. Develop comprehensive summaries for CBAC and Board, including information on: agency, requested amount, goals, needs addressed, population, services/location and metric/funding history
 - i. Funding recommendation developed for each proposal
 - ii. Staff concurrently analyzing midyear report outcomes, which informs assessment
4. CBAC grant proposal discussion/recommendation meeting, April
5. Board Study Session, May: Summaries reflecting CBAC funding recommendations provided for Board discussion
6. Board review of CB Plan, June: amend and approve funding
7. Applicants notified within three business days
8. Grant agreements generated
 - a. For organizations not awarded full requested funding, metrics and budgets are adjusted to align with awarded amount
 - b. Staff concurrently analyzing FY21 year-end report outcomes
9. Funding checks distributed upon receipt of signed grant agreement

Grant Program Criteria

The Community Benefit Grant Program does not fund:

- Contributions to individuals
- Political campaigns and legislative lobbying efforts
- Endowments
- Existing deficits
- Medical research
- Research on drug therapies or devices
- Cultural events
- Projects that exclusively serve religious purposes

Decision-making Considerations

Does proposal:

- Meet El Camino Healthcare District geographic requirement?
- Focus on health with an emphasis on populations that are underserved, experiencing health disparities, and/or facing health challenges?
- Demonstrate a competence and capacity to address identified health needs?
- Have a clear program design that demonstrates effective intervention with metrics/targets?
- Provide appropriate reach, including number of unduplicated individuals/services provided?
- Demonstrate capacity to evaluate outcomes, including usage of evaluation tools such as surveys, case management forms, and patient registries?
- Demonstrate effective budget to administer program, including detailed budget?
- Duplicate already available services or offer a more effective model?



El Camino Healthcare District Board of Directors

Study Session: FY22 Proposal Review

CHNA Identified Health Need	FY22 Recommended	FY22 Requested	Variance
Healthcare Access & Delivery	\$3,479,000 (46%)	\$4,671,165 (50%)	\$1,192,165
Behavioral Health & Cognitive Decline	\$1,378,900 (18%)	\$1,602,641 (17%)	\$223,741
Chronic Conditions Treatment & Prevention	\$1,335,800 (18%)	\$1,428,133 (15%)	\$92,333
Oral Health	\$850,000 (11%)	\$1,000,000 (11%)	\$150,000
Economic Stability & Homelessness	\$292,200 (4%)	\$367,200 (4%)	\$75,000
Domestic Violence & Unintentional Injury	\$186,100 (2%)	\$261,349 (3%)	\$75,249
Other	\$0 (0%)	\$65,000 (1%)	\$65,000
Total: <small>Percentages may not sum to 100% due to rounding</small>	\$7,522,000	\$9,395,488	\$1,873,488

Financial Overview

Total Requested: \$9,395,488

Total Available/Recommended: \$7,522,000

Requested/Available Variance: \$1,873,488



FY22 Proposal Index

Total Requested: \$9,395,488 | Total Available/Recommended: \$7,522,000 | Requested/Available Variance: \$1,873,488

Priority Area	El Camino Healthcare District Community Benefit Program Applicant	Page Number	New	DNF	Dual Request	Requested	Recommendation	Current Funding
Healthy Body:								
To improve health and prevent the onset of disease in the community through enhanced access to primary care, oral health and chronic disease management & prevention services.								
HB	Community Services Agency	3				\$228,884	\$228,000	\$210,000
HB	Cupertino Union School District - School Nurse Program	4			X	\$280,743	\$100,000	\$100,000
HB	Fresh Approach	6				\$93,000	\$93,000	\$93,000
HB	GoNoodle	8			X	\$36,000	\$36,000	\$36,000
HB	Health Mobile	10		X	X	\$150,000	DNF	\$75,000
HB	Healthier Kids Foundation	11			X	\$40,000	\$40,000	\$40,000
HB	Living Classroom	13				\$95,245	\$60,000	\$60,000
HB	Medical Respite	14				\$50,000	\$50,000	\$80,000
HB	Mountain View Whisman School District - School Nurse Program	15				\$300,628	\$280,000	\$275,000
HB	New Directions	17				\$220,000	\$220,000	\$220,000
HB	On-Site Dental	19				\$200,000	\$200,000	\$90,000
HB	Pathways Home Health and Hospice	20				\$60,000	\$60,000	\$60,000
HB	Planned Parenthood Mar Monte - Mountain View Health Center	21				\$225,000	\$225,000	\$225,000
HB	Playworks	23			X	\$218,000	\$218,000	\$218,000
HB	Ravenswood Family Health Network	25				\$1,300,000	\$1,300,000	\$1,200,000
HB	Sunnyvale School District - School Nurse Program	27				\$287,000	\$287,000	\$285,000
HB	Teen Health Van	29				\$105,194	\$98,000	\$97,000
HB	Valley Health Center Sunnyvale - SCVMC	31				\$1,398,673	\$530,000	\$750,000
HB	Virtual Pre-exposure Prophylaxis Program - LPFCH	33	X	X		\$80,000	DNF	Not Current Grantee
HB	Vista Center for the Blind and Visually Impaired	35			X	\$42,080	\$30,000	\$30,000
Healthy Body Total:						\$5,410,447	\$4,055,000	
Healthy Mind:								
To improve the mental health and wellbeing of the community by providing access to services that address serious mental illness, depression, anxiety, family dysfunction, and dementia.								
HM	Acknowledge Alliance	37				\$50,000	\$50,000	\$50,000
HM	Avenidas	39				\$60,000	\$60,000	\$55,000
HM	CHAC	40				\$290,000	\$280,000	\$280,000
HM	Cupertino Union School District - Mental Health Counseling Program	42			X	\$92,500	\$90,000	\$90,000
HM	Law Foundation of Silicon Valley	44				\$65,000	\$60,000	\$60,000
HM	Los Altos School District - Mental Health Counseling Program	46				\$100,000	\$100,000	\$100,000
HM	Momentum for Mental Health	48			X	\$286,640	\$270,000	\$270,000
HM	Mountain View-Los Altos Union High School District - Mental Health Counseling Program	50				\$160,000	\$160,000	\$160,000
HM	NAMI - Santa Clara County	51				\$100,000	\$80,000	\$75,000
HM	National Center for Equine Facilitated Therapy (NCEFT)	52	X	X	X	\$50,000	DNF	Not Current Grantee
HM	Parents Helping Parents	53	X		X	\$44,036	\$35,000	Not Current Grantee
HM	The Health Trust	54		X		\$30,500	DNF	\$70,000
HM	YWCA Silicon Valley	55				\$95,000	\$75,000	\$75,000
Healthy Mind Total:						\$1,423,676	\$1,260,000	
Healthy Community:								
To promote overall health in the community by addressing falls prevention, health screenings, domestic violence, health education and social work case management.								
HC	Abode Services	56				\$75,000	\$60,000	\$50,000
HC	American Heart Association	57			X	\$116,500	\$110,000	\$110,000
HC	Caminar	59				\$60,000	\$60,000	\$50,000
HC	Chinese Health Initiative	61			X	\$267,000	\$267,000	\$269,030
HC	Columbia Neighborhood Center	62				\$45,508	\$35,000	\$25,000
HC	Health Library and Resource Center	63				\$210,000	\$210,000	\$210,000
HC	Falls Prevention Program	64				\$46,349	\$46,100	\$50,500
HC	LifeMoves	65	X		X	\$160,000	\$160,000	Not Current Grantee
HC	Maitri	67				\$50,000	\$50,000	\$50,000
HC	Rebuilding Together Peninsula	68		X	X	\$75,000	DNF	\$75,000
HC	RoadRunners	69				\$240,000	\$240,000	\$240,000
HC	Second Harvest Food Bank	70	X			\$150,000	\$90,000	Not Current Grantee
HC	South Asian Heart Center	71			X	\$300,000	\$300,000	\$210,000
HC	Sunnyvale Community Services - Comprehensive Safety Net Services	72				\$75,000	\$75,000	\$65,000
HC	Sunnyvale Community Services - Social Work and Homebound Case Management	73				\$199,043	\$165,000	\$154,000
HC	YMCA of Silicon Valley	75				\$65,000	\$65,000	\$65,000
Healthy Community Total:						\$2,134,400	\$1,933,100	
Support Grants:								
To support small- to mid-size nonprofit organizations that provide vital health services with grants up to \$30,000.								
HB	5-2-1-0 Health Awareness Program	77			X	\$30,000	\$25,000	\$30,000
HB	Bay Area Women's Sports Initiative (BAWSI) - Girls Program	78			X	\$24,500	\$17,000	\$19,500
HB	Bay Area Women's Sports Initiative (BAWSI) - Rollers Program	79				\$22,500	\$12,000	\$15,000
HB	Breathe California - Seniors Breathe Easy	80				\$25,000	\$25,000	\$25,000
HB	Day Worker Center of Mountain View	81				\$30,000	\$30,000	\$30,000
HB	Hope's Corner	82				\$30,000	\$30,000	\$30,000
HM	AnewVista Community Services	83	X	X		\$30,000	DNF	Not Current Grantee
HM	Eating Disorders Resource Center (EDRC)	84			X	\$25,000	\$25,000	\$22,500
HM	Friends for Youth	85	X	X		\$15,000	DNF	Not Current Grantee
HM	Kara	86	X	X		\$30,000	DNF	Not Current Grantee
HM	Mentor Tutor Connection (MTC)	87	X	X		\$20,000	DNF	Not Current Grantee
HM	Mission Be	88				\$29,965	\$29,900	\$29,989
HM	Project Safety Net	89	X	X		\$30,000	DNF	Not Current Grantee
HC	Mountain View Police Department - Youth Services Unit	90				\$25,000	\$25,000	\$25,000
HC	Silicon Valley Bicycle Coalition	91	X		X	\$30,000	\$25,000	Not Current Grantee
HC	WomenSV	92				\$30,000	\$30,000	\$30,000
Support Grants Total:						\$426,965	\$273,900	

Legend

DNF: Do Not Fund recommendation.

Dual Request: Program requested dual funding from ECH + ECHD

New: New program to Community Benefit in FY22; not a current grantee

FY22 Healthy Body Proposal Summary



Community Services Agency

Program Title	Senior Intensive Case Management (SICM)		Requested Amount: \$228,884	
Program Abstract & Goal	This program aims to reduce the rate of re-hospitalizations of older adults after discharge and optimize functioning to avoid premature institutionalization by providing case management. Based on Coleman Care Transitions Intervention (CTI), an evidence-based approach to reducing hospital re-admittance among older adults, this grant will provide a social worker case manager, a registered nurse case manager, and a licensed vocational nurse case manager to provide senior intensive case management			
Agency Description & Address	204 Stierlin Road, Mountain View http://www.csacares.org Community Services Agency is the safety net organization for Mountain View, Los Altos and Los Altos Hills, providing vital social services for low-income, homeless and/or aging individuals in the community.			
Program Delivery Site(s)	Services will be delivered at agency site in Mountain View, clients' homes and medical offices and hospitals			
Services Funded By Grant/How Funds Will Be Spent	Services include: <ul style="list-style-type: none">• Providing staffing for social worker case manager (SWCM), RN case manager (NCM) and licensed vocational nurse (LVN) to provide intensive case management for low-income seniors with chronic conditions being released from hospital• Providing seniors with tools to better manage their health conditions, resulting in the reduction of potential hospital readmissions, and increase the likelihood to live independently in their own homes Full requested funding would support salaries for staffing of a SWCM, RN, and LVN, prescription financial assistance and program materials such as home blood pressure units.			
FY22 Funding	FY22 requested: \$228,884FY22 recommended: \$228,000			
Funding History & Metric Performance	FY21	FY20	FY19	
	FY21 Requested: \$222,346 FY21 Approved: \$210,000 FY21 6-month metrics met: 100%	FY20 Approved: \$235,000 FY20 Spent: \$218,623 FY20 6-month metrics met: 100% FY20 Annual metrics met: 100%	FY19 Approved: \$200,000 FY19 Spent: \$200,000 FY19 6-month metrics met: 100% FY19 Annual metrics met: 100%	
FY22 Proposed Metrics	Metrics		6-month Target	Annual Target
	Older adults served		54	88
	Services provided		2,400	4,800
	Clients who were not re-hospitalized within 1 - 30 days for reasons related to a chronic health condition		92%	92%
	Clients who were not re-hospitalized within 31 - 90 days for reasons related to a chronic health condition		90%	90%
	Patients with hypertension who attained or maintained blood pressure <140/90 mm Hg or blood pressure goal recommended by physician		70%	70%

Cupertino Union School District – School Nurse Program

Program Title	School Nurse Program	Requested Amount: \$280,743
Program Abstract & Goal	This program aims to support the Student Health Services program for four schools in the El Camino Healthcare District. Services will provide extensive follow-up for health screening failures and assistance with access to healthcare services through community resources as well as on-site medical care for students grades K-8. Many of the children require a licensed medical professional for management of health issues such as type 1 diabetes, seizure disorder, life-threatening allergy, asthma, and cerebral palsy. Additionally, the health services staff will provide health trainings to staff and health education to students and families.	
Agency Description & Address	1309 S. Mary Avenue, Sunnyvale http://www.cusdk8.org Cupertino Union School District (CUSD) is a public school district encompassing six cities in the heart of Silicon Valley, including Cupertino and parts of San Jose, Santa Clara, Los Altos, Saratoga, and Sunnyvale. Made up of 25 schools and serving over 15,000 students, CUSD is the largest elementary school district in northern California. Unfortunately, though they support a large number of students from diverse cultural and socioeconomic backgrounds, as well as many students with special medical and educational needs, CUSD is among the lowest-funded school districts in the state.	
Program Delivery Site(s)	<ul style="list-style-type: none"> • Chester Nimitz Elementary, Sunnyvale • Cupertino Middle, Sunnyvale • Montclair Elementary, Los Altos • West Valley Elementary, Sunnyvale 	
Services Funded By Grant/How Funds Will Be Spent	<p>Services include:</p> <ul style="list-style-type: none"> • Day to day nursing assessment, care, and documentation of illness and injury • Ongoing recording and monitoring of students with special medical needs at school • Collaboration with primary and specialty care providers to determine specialized needs • Ongoing administration of medications and procedures for students requiring them at school (i.e. insulin, urinary catheterization) • Screening/follow-up for undiagnosed vision and hearing impairments; • Oral health screenings/follow-ups • Identification of non-compliant TB testing, required immunizations and physical exams • Individual health assessment for student evaluated for Special Education • Identification of students with medical conditions and creation of Individualized Student Healthcare Plans (ISHP) to meet their unique needs at school • Development/implementation of COVID health and safety protocols and trainings <p>Full requested funding would support salaries for 1 credentialed school RN, 1 Licensed Vocational Nurse, 1 Health Clerk, 1 Health Tech, equipment, supplies and CPR training kits</p>	

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FY22 Healthy Body Proposal Summary



Cupertino Union School District – School Nurse Program

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FY22 Funding	FY22 requested: \$280,743		FY22 recommended: \$100,000	
Funding History & Metric Performance	FY21	FY20	FY19	
	FY21 Requested: \$151,200	FY20 Approved: \$81,921	FY19 Approved: \$87,842	
	FY21 Approved: \$100,000	FY20 Spent: \$81,921	FY19 Spent: \$87,842	
	FY21 6-month metrics met: 80%	FY20 6-month metrics met: 100%	FY19 6-month metrics met: 100%	
FY22 Dual Funding	FY22 requested: \$294,792		FY22 recommended: \$100,000	
Dual Funding History & Metric Performance	FY21	FY20	FY19	
	FY21 Requested: \$151,200	FY20 Approved: \$81,921	FY19 Approved: \$76,000	
	FY21 Approved: \$90,000	FY20 Spent: \$81,921	FY19 Spent: \$76,000	
	FY21 6-month metrics met: 75%	FY20 6-month metrics met: 100%	FY19 6-month metrics met: 100%	
FY22 Proposed Metrics	Metrics		6-month Target	Annual Target
	Students served		1,246	2,492
	Students who failed a health screening who saw a healthcare provider		55%	85%
	Teachers/staff at target schools that receive training on severe allergies, anaphylaxis, and EpiPen usage		33%	50%
	First grade students out of compliance with required physicals who become compliant		N/A	20%
	Students in TK, Kindergarten & 7th grade non-compliant with required vaccines who become compliant		35%	45%
	Students who are out of compliance with TB testing who become compliant as a result		35%	45%

FY22 Healthy Body Proposal Summary



Fresh Approach

Program Title	Nutrition Education and Mobile Farmers' Markets		Requested Amount: \$93,000
Program Abstract & Goal	To support Fresh Approach's long-standing successful combination of community-based nutrition education (VeggieRx program), "prescription" fruit and vegetable vouchers and nutrition incentives and the Mobile Farmers' Market. The purpose is to alleviate food insecurity by providing easy access to healthy, affordable produce, nutrition education and resources, as well as addressing barriers to participation in food benefits. The program includes monitoring BMI and providing 50% discounts on produce to those receiving CalFresh, WIC, Medi-Cal, SSI, or SSDI benefits, as well as to residents who access local food pantries but do not receive those public benefits. Fresh Approach's programs support low-income District residents who are in need of increased access to affordable fresh produce, and VeggieRx more specifically targets low-income District residents who struggle with overweight/obesity or other diet-related health conditions. An evaluation of California's Market Match shows that providing nutrition incentives at farmers' markets to low-income families encourages greater consumption of fruits and vegetables by 73%/week. The COVID pandemic has worsened food insecurity and the Mobile Farmers' Market is a proven food security project that has delivered much needed quality produce to low-income Sunnyvale residents.		
Agency Description & Address	5060 Commercial Circle, Suite C, Concord http://www.freshapproach.org Fresh Approach's innovative programs empower families throughout the Bay Area to access nutritious, healthy, and affordable food via mobile and traditional farmers' markets that offer matching nutrition incentives expand families nutrition and cooking skills through VeggieRx nutrition classes that offer "prescription vouchers" to spend on fruits and vegetables. Fresh Approach offers programs that empower underserved neighborhoods and communities of color throughout the Bay Area to improve food access and reduce health disparities.		
Program Delivery Site(s)	Services provided at: <ul style="list-style-type: none"> First Community Housing's Orchard Gardens, an affordable housing community in Sunnyvale and virtually, as needed Other community locations when possible: Valley Medical Center in Sunnyvale and De Anza College in Cupertino 		
Services Funded By Grant/How Funds Will Be Spent	Services include: <ul style="list-style-type: none"> Two series of eight nutrition education classes with cooking demonstrations, provided to new cohort of participants for each series 38 to 42 weeks of Mobile Farmers' Market (MFM) service: one day per week of service at a low-income housing site (Fall 2021, with potential additional community sites in 2022) A 50% discount for eligible customers who receive assistance benefits One Adult Community Ambassador trained and hired as an intern to support these services Full requested funding would support partial staff salaries including a Nutrition Educator and Food Access Specialist, and some program support costs.		
FY22 Funding	FY22 requested: \$93,000		FY22 recommended: \$93,000
Funding History & Metric Performance	FY21	FY20	FY19
	FY21 Requested: \$93,000 FY21 Approved: \$93,000 FY21 6-month metrics met: 100%	FY20 Approved: \$93,000 FY20 Spent: \$93,000 FY20 6-month metrics met: 100% FY20 Annual metrics met: 25%	FY19 Approved: \$92,704 FY19 Spent: \$92,704 FY19 6-month metrics met: 100% FY19 Annual metrics met: 80%



FY22 Healthy Body Proposal Summary



Fresh Approach

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	<i>Metrics</i>	<i>6-month Target</i>	<i>Annual Target</i>
<i>FY22 Proposed Metrics</i>	Individuals served	1,100	2,400
	Veggie Rx classes recipients (unduplicated)	100	300
	Mobile Farmers Market customers (unduplicated)	1,000	2,100
	Mobile Farmers' Market clients who report increasing their fruits and vegetable consumption by 1 serving per day since starting to shop with this program	N/A	70%
	Mobile Farmers' Market clients who complete surveys will report that they purchase at least 50% of their weekly fruits and vegetables from this mobile market.	N/A	75%
	VeggieRx participants who attend 6 or more classes will lose 2% or more of their original body weight	N/A	20%
	VeggieRx participants who attend 6 or more classes will report an increase of 1 additional serving of fruits and vegetables per day at the end of the program	N/A	75%

FY22 Healthy Body Proposal Summary



GoNoodle

Program Title	GoNoodle Movement and Mindfulness Modules			Requested Amount: \$36,000
Program Abstract & Goal	GoNoodle is a suite of movement and mindfulness videos designed to bring mindfulness and physical activity breaks into schools and homes. The videos were built on research that shows short bursts of physical activity positively impact academic achievement, cognitive skills, behavior and overall health. GoNoodle provides this program broadly to educators and family users within El Camino Health's service area, helping elementary school children reengage, refocus, stay on task, and transition from one topic or standard to the next. In a February EcoWatch 2020 article, "Why Pediatricians Are Being Urged to Write 'Physical Activity Prescriptions' for Children," the health care community is realizing that schools are being forced to cut back on PE and recess in order to meet academic standards on the local and state level for funding purposes, to the detriment of children's health. The resource can be utilized at any point during the day, multiple times a day. Children benefit from the incremental minutes of physical activity, the improved time on task and ability to focus.			
Agency Description & Address	209 10th Avenue South, Suite 517, Nashville, TN http://www.gonoodle.com GoNoodle gets kids moving to be their smartest, strongest, bravest, silliest, best selves. Short, interactive movement videos make it awesomely simple and fun to incorporate movement into every part of the day with dancing, stretching, running and even mindfulness activities. At school, teachers use GoNoodle to keep students energized, engaged, and active inside the classroom. At home, GoNoodle turns screen time into active time, so families can have fun and get moving together. Currently, 15 million kids, and 1.4 million use GoNoodle each month, in all 50 states and 178 countries.			
Program Delivery Site(s)	Schools and homes in the ECHD service area.			
Services Funded By Grant/How Funds Will Be Spent	<p>Services include:</p> <ul style="list-style-type: none"> GoNoodle content for educators and parents/students in ECHD sponsored area Placement of ECHD name and logo on the GoNoodle site and on materials sent to teachers and parents ECHD name and logo extended to GoNoodle home usage On-going platform enhancements and new videos, downloadable activities added regularly Email campaigns and social media activity designed to promote positive health messages <p>Full requested funding would support access to GoNoodle in schools and homes in the ECHD service area and access to reach educators and parents with positive health messages and information.</p>			
FY22 Funding	FY22 requested: \$36,000		FY22 recommended: \$36,000	
Funding History & Metric Performance	FY21	FY20	FY19	
	FY21 Requested: \$36,000 FY21 Approved: \$36,000 FY21 6-month metrics met: 100%	FY20 Approved: \$36,000 FY20 Spent: \$36,000 FY20 6-month metrics met: 50% FY20 Annual metrics met: 50%	FY19 Approved: \$36,000 FY19 Spent: \$36,000 FY19 6-month metrics met: 67% FY19 Annual metrics met: 100%	
FY22 Dual Funding	FY22 requested: \$114,000		FY22 recommended: \$113,000	
Dual Funding History & Metric Performance	FY21	FY20	FY19	
	FY21 Requested: \$113,000 FY21 Approved: \$113,000 FY21 6-month metrics met: 100%	FY20 Approved: \$113,000 FY20 Spent: \$113,000 FY20 6-month metrics met: 67% FY20 Annual metrics met: 100%	FY19 Approved: \$113,000 FY19 Spent: \$113,000 FY19 6-month metrics met: 33% FY19 Annual metrics met: 80%	

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FY22 Healthy Body Proposal Summary



GoNoodle

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	<i>Metrics</i>	<i>6-month Target</i>	<i>Annual Target</i>
<i>FY22 Proposed Metrics</i>	Students served	9,930	12,018
	Schools Served	28	36
	Student physical and mindfulness activity minutes achieved	962,348	1,327,652
	Teachers who report GoNoodle benefits their students' focus and attention in the classroom	75%	75%
	Teachers who agree that GoNoodle Plus physical activity breaks are a valuable resource in helping their students succeed in core subjects	75%	75%
	Teachers who report GoNoodle has had a positive impact on my students' physical health	75%	75%
	Teachers who report GoNoodle has had a positive impact on my students' emotional health	75%	75%



FY22 Healthy Body Proposal Summary



Health Mobile

Program Title	Mobile Dental Care for Low-income/Homeless Individuals		Requested Amount: \$150,000
Program Abstract & Goal	This program will provide free, comprehensive dental care services to low-income older adults and the homeless population in the District.		
Agency Description & Address	1659 Scott Blvd # 4, Santa Clara http://www.healthmobile.org/ Health Mobile is a non-profit organization providing onsite dental care since 1999. In 2008, the agency added primary medical care to the services. In 2015, the agency obtained two new mobile clinics with financial support of a HRSA grant. Health Mobile currently owns and operates seven mobile clinics and one fixed-site clinic.		
Program Delivery Site(s)	Mobile services will be provided in the District		
Services Funded By Grant/How Funds Will Be Spent	Provide staffing to deliver free services: <ul style="list-style-type: none"> • Dental Exams • X-rays, cleaning and fillings • Oral cancer screenings • Referrals for complex care • Smoking cessation and oral hygiene education Full requested funding would support partial salary for clinic staffing including dentist and dental assistants, lab expenses, dental supplies and program supplies.		
FY22 Funding	FY22 requested: \$150,000		FY22 recommended: DNF
Funding History & Metric Performance	FY21	FY20	FY19
	FY21 Requested: \$150,000 FY21 Approved: \$75,000 FY21 6-month metrics met: 50%	FY20 Approved: \$150,000 FY20 Spent: \$150,000 FY20 6-month metrics met: 100% FY20 Annual metrics met: 50%	FY19 Approved: \$150,000 FY19 Spent: \$150,000 FY19 6-month metrics met: 100% FY19 Annual metrics met: 100%
FY22 Dual Funding	FY22 requested: \$150,000		FY22 recommended: \$55,000
Dual Funding History & Metric Performance	FY21	FY20	FY19
	FY21 Requested: \$150,000 FY21 Approved: \$75,000 FY21 6-month metrics met: 50%	New in FY21	New in FY21
FY22 Proposed Metrics	Metrics		6-month Target
	Low-income and homeless individuals served		150
	Dental procedures provided		600
	Patients who report increased knowledge about their oral health		85%
	Patients who report no pain after their first visit		90%

FY22 Healthy Body Proposal Summary



Healthier Kids Foundation

Program Title	DentalFirst and HearingFirst			Requested Amount: \$40,000
Program Abstract & Goal	Continue support of DentalFirst and HearingFirst programs, which provide dental and hearing screening and appropriate follow up on referrals to children at preschools, schools and community organization settings. This grant is specifically for services at Mountain View Whisman and Sunnyvale school districts. It is often difficult for parents to get their child from having health insurance to getting the best care. Healthier Kids Foundation case managers make sure parents of children with referrals know their rights and walk families through complicated processes. This program helps families find dentists, pediatricians and audiologist that take their insurance, with a great majority requiring Medi-Cal providers. Case managers find sites that speak a chosen language, find transportation if needed, and help make the appointment, as needed. During the pandemic, there are concerns that fewer children have been visiting pediatricians or dentists on a regular basis and the need will be increased once children are back in school.			
Agency Description & Address	4040 Moorpark Avenue, Suite 100, San Jose http://www.hkidsf.org Healthier Kids Foundation's vision is that all Silicon Valley youth achieve good health, educational equity, and success in life as productive community members. Their mission is to remove health barriers impacting the health, learning, and life success of Silicon Valley youth. To achieve their mission, they focus on three key strategies: improving health care access and utilization, changing health behavior through education, and advocating for health policy and systems change.			
Program Delivery Site(s)	Mountain View Whisman and Sunnyvale Elementary school districts			
Services Funded By Grant/How Funds Will Be Spent	<p>Services include:</p> <ul style="list-style-type: none"> Working with school districts to identify the grades to be screened, gather student data and arrange screenings <p>DentalFirst services will provide:</p> <ul style="list-style-type: none"> Dentists screen children for dental-related issues and recommend follow up care Dentists provide oral hygiene education to the children and literature for parents Parents receive a copy of the child's screening result Case management as needed, including bilingual case managers <p>HearingFirst services will provide:</p> <ul style="list-style-type: none"> Hearing screening to children and appropriate follow up, as needed Parents of children screened with their child's screening results Case management as needed, including bilingual case managers <p>Full requested funding would support partial salaries for staff including health screeners.</p>			
FY22 Funding	FY22 requested: \$40,000		FY22 recommended: \$40,000	
Funding History & Metric Performance	FY21	FY20	FY19	
	FY21 Requested: \$50,000 FY21 Approved: \$40,000 FY21 6-month metrics met: 0%	FY20 Approved: \$40,000 FY20 Spent: \$40,000 FY20 6-month metrics met: 75% FY20 Annual metrics met: 50%	FY19 Approved: \$40,000 FY19 Spent: \$40,000 FY19 6-month metrics met: 75% FY19 Annual metrics met: 100%	
FY22 Dual Funding	FY22 requested: \$30,000		FY22 recommended: \$30,000	
Dual Funding History & Metric Performance	FY21	FY20	FY19	
	FY21 Requested: \$50,000 FY21 Approved: \$30,000 FY21 6-month metrics met: 50%	FY20 Approved: \$30,000 FY20 Spent: \$30,000 FY20 6-month metrics met: 75% FY20 Annual metrics met: 100%	FY19 Approved: \$30,000 FY19 Spent: \$30,000 FY19 6-month metrics met: 100% FY19 Annual metrics met: 100%	

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Healthier Kids Foundation

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FY22 Proposed Metrics	Metrics	6-month Target	Annual Target
	Children dental screened	225	450
	Children hearing screened	225	450
	Of children dental screened who received a referral, the percent that received and completed appropriate dental services	60%	60%
	Of children hearing screened who received a referral, the percent that received and completed appropriate hearing services	21%	21%

FY22 Healthy Body Proposal Summary



Living Classroom

Program Title	Garden Based Education to Promote Healthy Eating		Requested Amount: \$95,245	
Program Abstract & Goal	To continue the Mountain View Whisman School District Transitional Kindergarten (TK) through 6th grade instructional and Farm to Lunch program promoting healthy eating and active living through gardening. Living Classroom's food-based lessons help ingrain and internalize the connection between fresh produce and healthy eating by direct exposure to and hands-on growing, harvesting, and preparation. During the pandemic, Living Classroom developed virtual lessons providing parents with lesson-based activities they could do at home.			
Agency Description & Address	P.O. Box 4121, Los Altos http://www.living-classroom.org Living Classroom's mission is to make education come alive and empower the next generation of children to become environmental champions, inquisitive learners, and healthy eaters. Living Classroom collaborates with school districts to provide all the materials needed to create hands-on, outdoor learning experiences for children to learn science in a fun and engaging way, and have students participate in growing and tasting new foods.			
Program Delivery Site(s)	The following schools in the Mountain View Whisman School District: <ul style="list-style-type: none">Benjamin Bubb Elementary SchoolCrittenden Middle SchoolEdith Landels Elementary SchoolFrank L. Huff Elementary SchoolGabriela Mistral Elementary SchoolGraham Middle SchoolJose Antonio Vargas Elementary SchoolMariano Castro Elementary SchoolMonta Loma Elementary SchoolStevenson Elementary SchoolTheuerkauf Elementary School			
Services Funded By Grant/How Funds Will Be Spent	Services include: <ul style="list-style-type: none">T/K-6 school garden-based, nutritionally-focused lessons providing students hands-on exposure to fruits and vegetables through food preparation and consumption"Farm to Lunch" extension activity given during a Kindergarten lesson"Planting in Circles" lesson for middle school students, combining curriculum-focused content with healthy eating educationMaintained edible gardens at each school site Full requested funding would support partial staff salaries and some program support costs.			
FY22 Funding	FY22 requested: \$95,245FY22 recommended: \$60,000			
Funding History & Metric Performance	FY21	FY20	FY19	
	FY21 Requested: \$98,000 FY21 Approved: \$60,000 FY21 6-month metrics met: 100%	FY20 Approved: \$78,000 FY20 Spent: \$78,000 FY20 6-month metrics met: 50% FY20 Annual metrics met: 50%	FY19 Approved: \$88,000 FY19 Spent: \$88,000 FY19 6-month metrics met: 50% FY19 Annual metrics met: 100%	
FY22 Proposed Metrics	Metrics		6-month Target	Annual Target
	Students served		3,300	4,200
	Encounters (Number of student attendance encounters with school-day lessons)		4,100	12,500
	Students eating produce grown in school gardens		1,250	2,200
	"In the moment" teacher, student comments about lessons that reflect significant new learning about healthy foods, healthy living, and experiences		55%	65%
	Student journaling work that demonstrates a change in eating habits or behavior that shows liking fresh fruits or vegetables more		N/A	30%

FY22 Healthy Body Proposal Summary



Medical Respite

Program Title	Medical Respite Program		Requested Amount: \$50,000
Program Abstract & Goal	<p>The Medical Respite Program (MRP) is designed as a community resource that provides a clean, safe place for homeless patients to recuperate when they are discharged from the hospital. Patients receive on-going medical and psychosocial services with the objective of linking them to a primary care home and helping them access entitled benefits. The program also provides access to an adjacent clinic, psychiatric care, and drug and alcohol services. When homeless individuals are hospitalized and discharged to the streets they are usually unable to consistently follow physician orders, take their medications, do wound care, etc. This often results in re-admissions to the hospital and/or frequent emergency room visits. A total of 9,706 homeless individuals were counted during the 2019 SCC Homeless Census and Survey, an increase of 31% from 2017. The MRP staff includes a medical director, two RNs, two social workers, a psychologist, a post-doc psychologist, and a community health worker.</p>		
Agency Description & Address	<p>777 Turner Drive Suite 220, San Jose http://www.scvmc.org Santa Clara Valley Medical Center Hospital and Clinics (SCVMC) is the public safety net health system for Santa Clara County. It guarantees everyone access to care, regardless of ability to pay. The majority of patients served by SCVMC are primarily low-income, uninsured and medically underserved.</p>		
Program Delivery Site(s)	The program is located at 55 Old Tully Road, San Jose		
Services Funded By Grant/How Funds Will Be Spent	<p>Services include:</p> <ul style="list-style-type: none"> • A primary care home at the on-site clinic with physician care for all outpatient medical needs • Social work and case management to assist the patient in applying for entitled benefits, such as MediCal, food stamps, and SSI (income) • Applications for housing and housing subsidies are made for eligible patients by the social workers <p>Full requested funding would support the partial salary of a Community Health Worker and patient bed costs.</p>		
FY22 Funding	FY22 requested: \$50,000		FY22 recommended: \$50,000
Funding History & Metric Performance	FY21	FY20	FY19
	FY21 Requested: \$80,000 FY21 Approved: \$80,000 FY21 6-month metrics met: 33%	FY20 Approved: \$80,000 FY20 Spent: \$80,000 FY20 6-month metrics met: 100% FY20 Annual metrics met: 100%	FY19 Approved: \$80,000 FY19 Spent: \$80,000 FY19 6-month metrics met: 75% FY19 Annual metrics met: 50%
FY22 Proposed Metrics	Metrics		6-month Target
	Patients served (full program)		90
	Patients who stay at least four days that are linked to primary care		92%

FY22 Healthy Body Proposal Summary



Mountain View Whisman School District – School Nurse Program

Program Title	Health Services Grant		Requested Amount: \$300,628
Program Abstract & Goal	Mountain View Whisman School District requests support for two registered nurses and an LVN to provide health services students from preschool through 8th grade. Students will receive direct healthcare services through treatment of minor illnesses and injuries occurring at school, management of chronic illnesses requiring direct nursing intervention, assessment of health histories, and state mandated health screenings. Students requiring medical follow-up with a provider will receive assistance in accessing appropriate healthcare services. The program also addresses prevention of acute illness concerns through screenings, review of vaccination records, and implementation of preventative measures to prevent the spread of communicable diseases. Due to the Covid pandemic, the school nurse program will have increased involvement in managing school safety measures as students and staff return to campus. Remote services will continue as needed to ensure students have access to healthcare whether at school or accessing their education remotely.		
Agency Description & Address	1400 Montecito Drive, Mountain View http://mvwsd.org Mountain View Whisman School District (MVWSD) serves a diverse student population in preschool through eighth grade representing a wide range of ethnicities, languages, cultures, and economic status. Mountain View Whisman School District's mission is to demonstrate a relentless commitment to the success of every child on a daily basis.		
Program Delivery Site(s)	Services provided at all Mountain View Whisman School District location. <ul style="list-style-type: none"> Benjamin Bubb Crittenden Middle School (MVWSD) Edith Landels Frank Huff Elementary Gabriel Mistral Graham Middle Mariano Castro Elementary Monta Loma MVWSD Home & Hospital MVWSD Preschool Stevenson Therkauf Elementary 		
Services Funded By Grant/How Funds Will Be Spent	Services include: <ul style="list-style-type: none"> Vision and hearing screenings Oral Health Exams Child Health and Disability Prevention Exams One on one health care for students with chronic health conditions such as diabetes, G-tube feedings, tracheotomy care, chronic cardiac conditions, daily medication administration, etc. Emergency responses to injured and ill students; telehealth support as needed and on call for health concerns GoNoodle (breathing, yoga, mindfulness)- classroom integration Staff Training/Education (e.g. CPR, First Aid, Medication Administration, GoNoodle) Health assessments for students requiring specialized education plans Covid contact tracing Creation of educational health and safety resources (i.e. videos, presentations, etc.) Full requested funding would support two School Nurses and a Licensed Vocational Nurse.		
FY22 Funding	FY22 requested: \$300,628		FY22 recommended: \$280,000
Funding History & Metric Performance	FY21	FY20	FY19
	FY21 Requested: \$284,058 FY21 Approved: \$275,000 FY21 6-month metrics met: 100%	FY20 Approved: \$240,000 FY20 Spent: \$227,614 FY20 6-month metrics met: 100% FY20 Annual metrics met: 25%	FY19 Approved: \$206,777 FY19 Spent: \$206,777 FY19 6-month metrics met: 100% FY19 Annual metrics met: 80%

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Mountain View Whisman School District – School Nurse Program

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	<i>Metrics</i>	<i>6-month Target</i>	<i>Annual Target</i>
<i>FY22 Proposed Metrics</i>	Students served	1,800	3,600
	Students with failed vision or hearing screening who saw a provider	N/A	45%
	Students needing a Child Health and Disability Program exam who saw a provider	30%	55%
	Students needing an oral health exam post screening who saw a provider	30%	60%
	Students who reported decreased anxiety levels post-intervention with GoNoodle	N/A	75%

FY22 Healthy Body Proposal Summary



New Directions

Program Title	New Directions Intensive Case Management		Requested Amount: \$220,000
Program Abstract & Goal	To provide intensive, community-based case management services by MSW/LCSW level Social Work Case Managers to individuals with complex medical and psychosocial needs. Intensive case management has been shown to be an effective intervention for addressing social determinants of health, reducing health disparities, reducing Emergency Department visits, hospital admissions and length of stay, and improving health outcomes and overall quality of life. Services are provided wherever a patient is located in the District, at a frequency and duration appropriate for each individual. New Directions supports the most high-need, vulnerable individuals in our community who have been unsuccessful linking to supports and services independently, to connect and engage with health, behavioral health and basic needs services.		
Agency Description & Address	1671 The Alameda, Suite 306, San Jose https://peninsulahcc.org/new-directions/ New Directions is an innovative, community-based case management program for individuals with complex medical and psychosocial needs. Social workers provide a "do whatever it takes" model of intensive case management to the most vulnerable individuals through partnerships with local hospitals, managed Medi-Cal plans, Santa Clara County and the Valley Homeless Healthcare Program. Peninsula Healthcare Connection is the fiscal agent for New Directions.		
Program Delivery Site(s)	Services are provided at locations throughout the community where clients are located, as well as at agency site. Agency receives referrals from ECH Care Coordination.		
Services Funded By Grant/How Funds Will Be Spent	Services includes the following intensive case management services, available in Spanish and English, and access to: <ul style="list-style-type: none"> • Primary and specialty care • Permanent/appropriate housing for vulnerable adults living on the streets or in shelters • Mental health and substance abuse treatment • Financial assistance • Transportation • Assistance with application, renewal and coordination of benefits such as Social Security, SSI, Medi-Cal and Medicare Full requested funding would support the salaries of two Social Work Case Managers along with partial salaries of a Clinical Supervisor and a Coordinator as well as some program support costs.		
FY22 Funding	FY22 requested: \$220,000		FY22 recommended: \$220,000
Funding History & Metric Performance	FY21	FY20	FY19
	FY21 Requested: \$247,075 FY21 Approved: \$220,000 FY21 6-month metrics met: 50%	FY20 Approved: \$180,000 FY20 Spent: \$180,000 FY20 6-month metrics met: 100% FY20 Annual metrics met: 100%	FY19 Approved: \$180,038 FY19 Spent: \$180,038 FY19 6-month metrics met: 33% FY19 Annual metrics met: 80%

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FY22 Healthy Body Proposal Summary



New Directions

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	<i>Metrics</i>	<i>6-month Target</i>	<i>Annual Target</i>
<i>FY22 Proposed Metrics</i>	Individuals served	50	79
	Enrolled patients served	30	44
	Individuals referred who receive services but do not enroll	20	35
	Services provided	1,060	1,700
	Enrolled patients in need of mental health or substance abuse treatment or services will be referred to and seen by a treatment provider	70%	75%
	Enrolled patients will be screened for depression utilizing the PHQ-9	60%	70%
	Enrolled patients will be connected to and establish services with a minimum of one basic needs benefits program.	75%	95%
	Enrolled patients will complete treatment within twelve months or less	N/A	95%

FY22 Healthy Body Proposal Summary



On-Site Dental Care Foundation

Program Title	Oral Health for All		Requested Amount: \$200,000	
Program Abstract & Goal	This program will provide comprehensive, bilingual oral health services and education in Mountain View and Sunnyvale for uninsured low-income and homeless community members. In Santa Clara County, 1/3 of adults do not have dental insurance and 45% have dental decay and/or gum disease. Furthermore, disparities exist where 25% white, 30% Asian, and 32% of Latinx have no dental insurance; 31% white, 50% African American, 61% Asian, and 60% Latinx have dental decay and/or gum disease.			
Agency Description & Address	P.O. Box 41111, San Jose http://www.osdcf.org On-Site Dental Care Foundation provides low or no cost comprehensive oral health services and education to those who have little or no access to dental services. Target populations include homeless, low-income and HIV+ community members. Services are delivered via a mobile practice.			
Program Delivery Site(s)	Mobile services will be delivered in Mountain View and Sunnyvale			
Services Funded By Grant/How Funds Will Be Spent	<div>Services include:</div> <ul style="list-style-type: none">Conducting new patient exams, including x-rays, periodontal and cancer screenings, as well as treatment plan developmentProviding cleanings, including deep root cleaning, and fluoride varnish to help prevent dental cariesProviding dental procedures including fillings, extractions, root canals, restorative, crowns, denturesDelivering education on proper maintenance, importance of oral health on overall health <div>Full requested funding would support partial salary of the Registered Dental Assistant, Health Educator as well as contracted dentists, lab expenses and program supplies.</div>			
FY22 Funding	FY22 requested: \$200,000		FY22 recommended: \$200,000	
Funding History & Metric Performance	FY21	FY20	FY19	
	FY21 Requested: \$200,000 FY21 Approved: \$90,000 FY21 6-month metrics met: 100%	Funded in ECH	New in FY20	
FY22 Dual Funding	FY22 requested: N/A		FY22 recommended: N/A	
Dual Funding History & Metric Performance	FY21	FY20	FY19	
	Applied in ECHD	FY20 Approved: \$90,000 FY20 Spent: \$90,000 FY20 6-month metrics met: 75% FY20 Annual metrics met: 100%	New in FY20	
FY22 Proposed Metrics	Metrics		6-month Target	Annual Target
	Individuals served		137	275
	Services provided		687	1,375
	Patients missing multiple teeth who agree or strongly agree they experienced improved functionality when treatment was completed		91%	91%
	Patients who agree or strongly agree accessing oral health services improved their oral health		92%	92%



FY22 Healthy Body Proposal Summary



Pathways Home Health and Hospice

Program Title	Pathways Un & Underinsured Care Program		Requested Amount: \$60,000
Program Abstract & Goal	To provides high-quality home health and hospice services to un/under-insured individuals living in the El Camino Healthcare District. This program will provide health care services (home health and/or hospice) to individuals who are recovering from illness or surgery, managing a chronic disease, or coping with life-threatening conditions. The program's goal is to ensure that this vulnerable population receives the home health or hospice care prescribed by their doctors which allows them to remain in their homes as healthy as possible, to avoid re-hospitalization and emergency room visits, and to reconnect patients back to their primary care physicians for ongoing health management. Service are provided by physicians, licensed RN's, physical, speech and occupational therapists, social workers, bereavement counselors, and home health aides.		
Agency Description & Address	585 N. Mary Avenue, Sunnyvale http://www.pathwayshealth.org Pathways provides high-quality home health, hospice, and palliative care with kindness and respect, promoting comfort, independence and dignity. As a non-profit, community-based organization, Pathways has been a pioneer in home health, hospice and palliative care since 1977. With offices in Sunnyvale, South San Francisco and Oakland, Pathways serves more than 5,000 families annually in five Bay Area counties. Pathways cares for patients wherever they live – at home, in nursing homes, hospitals and assisted living communities.		
Program Delivery Site(s)	At patient's residence in the El Camino Healthcare District or in an inpatient health care setting such as a hospital or skilled nursing facility		
Services Funded By Grant/How Funds Will Be Spent	Multilingual (Spanish, Russian, Cantonese, Mandarin, Vietnamese, Korean, Dutch, Tagalog) staff will provide the following services: <ul style="list-style-type: none"> • Nursing visits • Physical, occupational and other therapies • Medical social workers • Home health aides for personal care • 24-hour on-call nursing service • Spiritual and bereavement counselors • Medication management with pharmacy oversight and consultation • Uncompensated room and board for Medi-Cal recipients on hospice Full requested funding would support salaries for a nurse, a physical therapist and other staff as well as some program support costs.		
FY22 Funding	FY22 requested: \$60,000		FY22 recommended: \$60,000
Funding History & Metric Performance	FY21	FY20	FY19
	FY21 Requested: \$ 60,000 FY21 Approved: \$60,000 FY21 6-month metrics met: 100%	FY20 Approved: \$60,000 FY20 Spent: \$60,000 FY20 6-month metrics met: 100% FY20 Annual metrics met: 100%	FY19 Approved: \$55,000 FY19 Spent: \$55,000 FY19 6-month metrics met: 100% FY19 Annual metrics met: 100%
FY22 Proposed Metrics	Metrics		6-month Target
	Individuals served		30
	Services provided		300
	Home Health 30-day re-hospitalization rate* *Lower percentage desired		12%
	Hospice patients who got as much with pain as needed		72%



FY22 Healthy Body Proposal Summary



Planned Parenthood Mar Monte – Mountain View Health Center

Program Title	Increasing Access to Primary Care and Family Medicine		Requested Amount: \$225,000
Program Abstract & Goal	To continuing providing access to Primary Care and Family Medicine for primarily underserved high-poverty patients at the Mountain View Health Center. Health center staff will provide a range of family medicine services, including Well Child and Well Woman checks, immunizations, preventive screenings, episodic illness care for both children and adults, management of chronic conditions and COVID-19 testing. Referrals to specialists will be provided as appropriate. This grant includes the services of a Primary Care Coordinator and Patient Navigator who support both patients and care teams to ensure high quality care. The Mountain View Health Center serves adults and teens of all genders and the majority of patients are low-income, and many are uninsured or underinsured. Many of the health center's patients are from populations which have been hardest hit by the pandemic-- low-income, essential workers, and communities of color. PPMM's implementation of telehealth in 2020 enabled them to quickly increase care access during the pandemic, and they have seen that patients are responding positively their telehealth experiences.		
Agency Description & Address	1605 The Alameda, San Jose http://ppmarmonte.org The Mountain View Health Center is one of Planned Parenthood Mar Monte's (PPMM) affiliate health centers. PPMM invests in communities by providing health care and education with a commitment to providing accessible, affordable and compassionate family medicine, reproductive health care and integrated behavioral health care.		
Program Delivery Site(s)	Services will be provided at the agency's Mountain View Health Center		
Services Funded By Grant/How Funds Will Be Spent	<p>Services include a broad spectrum of Primary Care and Family Medicine:</p> <ul style="list-style-type: none"> • Well Child and Well Woman exams • Annual preventive visits • Immunizations, including flu vaccines and vaccines for children • Preventive screenings for disease risk (diabetes, high cholesterol, hypertension, Hepatitis C, among other medical issues) • Episodic illness care for pediatric and adult patients • Management of complex chronic medical conditions such as hypertension, diabetes • Preventive screenings, as appropriate, for cancer risk (breast, cervical, colon, testicular) • Appropriate education and counseling about healthy lifestyle choices • COVID-19 testing <p>Full requested funding would support partial salaries for a Patient Navigator, a Primary Care Coordinator, Nurse Practitioner, Physician Assistant and other staff as well as some program support costs.</p>		
FY22 Funding	FY22 requested: \$225,000		FY22 recommended: \$225,000
Funding History & Metric Performance	FY21	FY20	FY19
	FY21 Requested: \$225,000 FY21 Approved: \$225,000 FY21 6-month metrics met: 80%	FY20 Approved: \$225,000 FY20 Spent: \$131,446 FY20 6-month metrics met: 80% FY20 Annual metrics met: 40%	FY19 Approved: \$125,000 FY19 Spent: \$125,000 FY19 6-month metrics met: 40% FY19 Annual metrics met: 75%

Planned Parenthood Mar Monte – Mountain View Health Center

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	<i>Metrics</i>	<i>6-month Target</i>	<i>Annual Target</i>
<i>FY22 Proposed Metrics</i>	Patients served	175	350
	Visits provided	260	520
	Patients referred to specialists who receive care within 90 days	40%	40%
	Third Next Available appointment (TNA) within 5 days	65%	65%
	Hemoglobin A1c of less than 9 for diabetes patients	60%	60%
	Annual colon cancer screening completed as appropriate for target age group	50%	50%

FY22 Healthy Body Proposal Summary



Playworks

Program Title	Playworks at Sunnyvale and Mountain View Whisman School Districts	Requested Amount: \$218,000
Program Abstract & Goal	<p>The Playworks Program aims to serve ten elementary schools, impacting more than 5,000 children at the Sunnyvale and Mountain View Whisman School Districts. The Playworks Coaches Program, at five low-income elementary schools will implement comprehensive on-site programming that includes play-based strategies to develop and sustain a healthy emotional environment while increasing physical activity for every student. Playworks TeamUp, at an additional five schools, will provide comprehensive on-site consulting and support delivered by an experienced Playworks Site Coordinator. Services will benefit a combined student population where 34% qualify for free or reduced lunch and 77% identify as students of color. Playworks is a "Tier 1" intervention, meaning it is a universal intervention that affects all students at a school. A Tier 1 intervention is considered a critical strategy in public health models. The U.S. Department of Health and Human Services recommends that children ages 6 to 17 spend a minimum of 60 minutes each day engaged in physical activity. Participating in regular physical activity is associated with many positive outcomes including: short- and long- term health benefits, improved academic performance, and a lower likelihood of engaging in risky behaviors.</p>	
Agency Description & Address	<p>638 3rd Street, Oakland http://www.playworks.org</p> <p>Playworks is a national non-profit. Playwork's vision is that one day every child in the U.S. will have access to safe, healthy play at school every day. The goal is to establish play and recess as a core strategy for improving children's health and social emotional skills. Playworks' theory of change embraces the notion that a high functioning recess climate and caring adults on campus lead to a positive recess climate, which therefore positively affects the entire school climate.</p>	
Program Delivery Site(s)	<p>Proposed grant activities will be delivered at the following Sunnyvale and Mountain View Whisman School District sites:</p> <ul style="list-style-type: none"> • Bishop Elementary, Sunnyvale • Castro Elementary School, Mountain View • Cherry Chase Elementary School, Sunnyvale • Cumberland Elementary School, Sunnyvale • Ellis Elementary School, Sunnyvale • Fairwood Elementary School, Sunnyvale • Lakewood Elementary School, Sunnyvale • Mistral Elementary School, Mountain View • San Miguel Elementary School, Sunnyvale • Vargas Elementary School, Sunnyvale 	
Services Funded By Grant/How Funds Will Be Spent	<p>Services include:</p> <ul style="list-style-type: none"> • Playworks Coaches and TeamUp program create a safe, respectful, and inclusive playground and teaches conflict resolution techniques so that students can resolve conflicts on their own • Playworks Coach leads monthly individual classes during regularly scheduled periods • After school noncompetitive teams designed to develop skills, provide a positive team experience, and teach positive sporting behavior to students who may not otherwise have an opportunity to participate in sports • Virtual recess and class time during remote learning, both asynchronous and synchronous content <p>Full requested funding would support the salaries of 1.5 site coordinators and five program coordinators.</p>	

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FY22 Healthy Body Proposal Summary



Playworks

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FY22 Funding	FY22 requested: \$218,000		FY22 recommended: \$218,000	
Funding History & Metric Performance	FY21	FY20	FY19	
	FY21 Requested: \$246,568	FY20 Approved: \$216,034	FY19 Approved: \$242,500	
	FY21 Approved: \$218,000	FY20 Spent: \$216,034	FY19 Spent: \$242,500	
	FY21 6-month metrics met: 0%	FY20 6-month metrics met: 100%	FY19 6-month metrics met: 100%	
FY22 Dual Funding	FY22 requested: \$86,000		FY22 recommended: \$86,000	
Dual Funding History & Metric Performance	FY21	FY20	FY19	
	FY21 Requested: \$96,196	FY20 Approved: \$91,627	FY19 Approved: \$102,000	
	FY21 Approved: \$86,000	FY20 Spent: \$91,627	FY19 Spent: \$102,000	
	FY21 6-month metrics met: N/A	FY20 6-month metrics met: 100%	FY19 6-month metrics met: 100%	
FY22 Proposed Metrics	Metrics		6-month Target	Annual Target
	Students served		5,000	5,000
	Teacher/administrators reporting that Playworks positively impacts school climate		N/A	95%
	Teachers reporting that overall engagement increased use of positive language, attentiveness and participation in class		N/A	97%
	Teacher/administrators who agree or strongly agree that Playworks helps increase physical activity		N/A	96%
	Teacher/administrators who agree or strongly agree that Playworks helps reduce bullying at recess		N/A	88%

FY22 Healthy Body Proposal Summary



Ravenswood Family Health Network

Program Title	Primary Healthcare, Dental, and Lab Services			Requested Amount: \$1,300,000
Program Abstract & Goal	<p>Ravenswood Family Health Network (RFHN) aims to provide high quality, culturally competent medical, dental, and lab services to low income residents of the El Camino Hospital District. In addition to primary care, patients have access to pediatrics, women's health, integrated behavioral health, pharmacy, mammography, ultrasound, x-ray, lab, health education, and medically assisted treatment for substance use. Dental services will be provided once a week through Ravenswood's mobile dental clinic, which will be parked at the Mountain View clinic. RFHN services are essential to the wellbeing of the community, helping keep residents out of the emergency room. Furthermore, RFHN serves the patient population with the highest uninsured rate locally (Latinx at 15%). Adding dental services with help to address the nearly 1/3 of children in Santa Clara County who have not had a recent dental exam. Ravenswood Family Health Network uses evidence-based best practice and is recognized by the National Committee for Quality Assurance as a Patient-Centered Medical Home Level Three.</p>			
Agency Description & Address	<p>1885 Bay Road, East Palo Alto http://https://ravenswoodfhc.org/ Ravenswood Family Health Network (RFHN) is a federally qualified health center. RFHN operates five clinical sites—Ravenswood Family Health Center and Ravenswood Family Dentistry in East Palo Alto and MayView Community Health Center clinics in Sunnyvale, Mountain View, and Palo Alto. RFHN's mission is to improve the health of the community by providing culturally sensitive, integrated primary and preventative health care to all, regardless of ability to pay or immigration status, and collaborating with community partners to address the social determinants of health.</p>			
Program Delivery Site(s)	<p>Services provided at:</p> <ul style="list-style-type: none"> • 900 Miramonte Ave., Mountain View • 785 Morse Ave., Sunnyvale 			
Services Funded By Grant/How Funds Will Be Spent	<p>Services include:</p> <ul style="list-style-type: none"> • Routine Primary Care services and screenings • Child Well Checks • Immunizations • Chronic Disease Management for patients with diabetes and/or hypertension • Prenatal and Postpartum Care • Lab services • Oral health care visits at mobile clinic • COVID screening <p>Full requested funding would support Medical: 2 Physicians, 1 Nurse Practitioner, 3 Medical Assistants, 2 Medical Scribes, 1 COVID Screener; Dental: partial salaries of Dentist, Dental Assistant and Dental Clinic Driver - Primary Care \$1.2M; Dental \$100,000.</p>			
FY22 Funding	FY22 requested: \$1,300,000		FY22 recommended: \$1,300,000	
Funding History & Metric Performance	FY21	FY20	FY19	
	FY21 Requested: \$1,200,000 FY21 Approved: \$1,200,000 FY21 6-month metrics met: 43%	FY20 Approved: \$1,700,000 FY20 Spent: \$1,700,000 FY20 6-month metrics met: 86% FY20 Annual metrics met: 100%	FY19 Approved: \$1,007,000 FY19 Spent: \$1,007,000 FY19 6-month metrics met: 86% FY19 Annual metrics met: 86%	

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Ravenswood Family Health Network

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FY22 Proposed Metrics	Metrics	6-month Target	Annual Target
	Uninsured patients served	1,300	1,900
	Services	2,020	5,650
	Medical Visits	1,600	4,750
	Insurance Enrollment	300	600
	Dental Visits	120	300
	Patients age 50-75 with appropriate breast cancer Screening (HEDIS)	45%	50%
	Diabetic Patients with HbA1c <8% (HEDIS)	61%	65%
	Patients in recommended age who completed Colon Cancer Screening (HEDIS)	45%	50%
	Hypertensive Patients with controlled blood pressure (HEDIS) (<140/90)	60%	65%

Sunnyvale School District – School Nurse Program

<i>Program Title</i>	School Health Services	<i>Requested Amount:</i> \$287,000
<i>Program Abstract & Goal</i>	Sunnyvale School District is requesting support for two school nurses and one health assistant to provide comprehensive health services. With the hopes that schools will be able to operate more "normally" recovering from the pandemic, all services will be provided year-round, including case management, assessments, implementation of care plans and staff training. Depending on the status of the pandemic, nurses may be coordinating district wide COVID testing on a regular basis at all schools which would include continued training and support for health and administrative staff to ensure isolation protocols are adhered to when students show potential COVID symptoms and follow up for those in quarantine to ensure they have the necessary resources to get them back to school as soon as possible.	
<i>Agency Description & Address</i>	819 W. Iowa Avenue, Sunnyvale http://www.sesd.org Sunnyvale School District's mission is to provide every student with a strong foundation of academic, behavioral, and social-emotional skills to prepare them for success in a diverse, challenging, and changing world. The district is comprised of a comprehensive preschool program, eight elementary schools serving students in kindergarten through fifth grade, and two middle schools serving students in sixth through eighth grade.	
<i>Program Delivery Site(s)</i>	Services provided at all Sunnyvale Elementary School District locations: <ul style="list-style-type: none"> Bishop Elementary Cherry Chase Elementary Columbia Middle Cumberland Elementary Ellis Elementary Fairwood Elementary Lakewood Elementary San Miguel Elementary Sunnyvale Middle School Vargas Elementary 	
<i>Services Funded By Grant/How Funds Will Be Spent</i>	<p>Services include:</p> <ul style="list-style-type: none"> Collaborate with healthcare providers and parents to create and implement individualized healthcare plans for students with chronic medical conditions, such as allergies, asthma, diabetes and seizures. Inform school staff of students' medical conditions and provide appropriate training based on individualized need of students, such as EpiPen administration training, diabetes, asthma and seizure management. Provide vision screening for all students in the grades: TK, K, 1, 2, 3, 5, 6 and 8. Grades 1, 3 and 6 added as screenings could not be completed due to COVID. Provide individual vision and hearing screenings and/or health assessments for students in special education and contribute nursing assessment information to the assessment team. Follow up on students who do not have a Children's Health and Disability Prevention Program physical exam on file. Refer students who are uninsured or underinsured to program where they can receive free eye exams and eye glasses. Provide case management for students with attendance issues where the barrier for attending school is health related. Follow up with parents of TK, K and new students who have a health problem listed in student data base in order to identify and address a potential health need at school. <p>Full requested funding would support salaries for two RNs and a health assistant.</p>	

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FY22 Healthy Body Proposal Summary



Sunnyvale School District – School Nurse Program

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<i>FY22 Funding</i>	FY22 requested: \$287,000		FY22 recommended: \$287,000	
<i>Funding History & Metric Performance</i>	FY21	FY20	FY19	
	FY21 Requested: \$285,000 FY21 Approved: \$285,000 FY21 6-month metrics met: 100%	FY20 Approved: \$282,000 FY20 Spent: \$282,000 FY20 6-month metrics met: 80% FY20 Annual metrics met: 40%	FY19 Approved: \$287,000 FY19 Spent: \$287,000 FY19 6-month metrics met: 100% FY19 Annual metrics met: 100%	
<i>FY22 Proposed Metrics</i>	<i>Metrics</i>		<i>6-month Target</i>	<i>Annual Target</i>
	Individuals served		2,069	4,139
	Students who failed vision or hearing screening and saw their healthcare provider		20%	50%
	Students out of compliance with required immunizations become compliant		80%	90%
	TK & K students who received a well-child exam as measured by the receipt of a complete CHDP (Child Health and Disability Prevention Program) "Health Exam for School Entry" form.		30%	60%
	Students who were assessed for potential health needs based upon parent reporting health problem at point of registration.		80%	95%



FY22 Healthy Body Proposal Summary



Teen Health Van

Program Title	The Health Teen Van at Los Altos High School, Alta Vista High School, and Mountain View High School	Requested Amount: \$105,194
Program Abstract & Goal	<p>The Teen Health Van consists of a medical team and mobile clinic designed to address the unmet health needs of the most underserved pediatric population in the community: at-risk, uninsured, underinsured, and homeless patients. Most of the Van's patients suffer from multiple health-related problems, including mental health issues such as anxiety and depression, and require ongoing care. The Van's multi-disciplinary staff provides comprehensive primary health care services, nutrition counseling, and psychosocial and mental health counseling. Additionally, the social worker and dietitian offer group sessions on a variety of adolescent issues, including self-esteem, mental health, substance use and healthy nutrition for teens. Patients who require specialty, dental or vision care are provided a referral and often have their costs covered by the Van program. For many of these patients, the Van is their single point of healthcare access. It is estimated that every dollar invested in the Van leads to a savings of \$10 because of its success in prevention and early treatment. Of the homeless youth population in Santa Clara County, 64.4% are in grades 6-12 (kidsdata.org).</p>	
Agency Description & Address	<p>400 Hamilton Avenue, Suite 340, Palo Alto http://www.lpfch.org Lucile Packard Children's Hospital Stanford is a nonprofit hospital in Palo Alto, devoted exclusively to the health care needs of children and expectant mothers throughout Northern California and around the world. The hospital serves as a vital safety net hospital for low-income families throughout the Bay Area and California.</p>	
Program Delivery Site(s)	<p>Mountain View-Los Altos Union High School District; students from Mountain View High School are provided with transportation to one of these sites:</p> <ul style="list-style-type: none"> • Los Altos High School, Los Altos • Alta Vista High School, Mountain View 	
Services Funded By Grant/How Funds Will Be Spent	<p>Services include:</p> <ul style="list-style-type: none"> • Staffing of a doctor, nurse practitioner, social worker, and dietitian • Comprehensive medical care including complete physicals & sports physicals • Social services assessments • Immunizations • Referrals for substance abuse, mental health and HIV • Nutrition counseling • Medications • Lab tests on site • Mental health counseling • Risk behavior reduction and wellness events • Mindfulness training for stress reduction & ongoing group sessions <p>Full requested funding would support the partial salaries of the Medical Director, Dietitian, Nurse Practitioner, Social Worker, Medical Assistant, Clinical Assistant, Registrar/Driver, medications and supplies.</p>	

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FY22 Healthy Body Proposal Summary



Teen Health Van

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<i>FY22 Funding</i>	FY22 requested: \$105,194		FY22 recommended: \$98,000	
<i>Funding History & Metric Performance</i>	FY21	FY20	FY19	
	FY21 Requested: \$119,383	FY20 Approved: \$95,000	FY19 Approved: \$95,000	
	FY21 Approved: \$97,000	FY20 Spent: \$95,000	FY19 Spent: \$92,559	
	FY21 6-month metrics met: 100%	FY20 6-month metrics met: 67%	FY19 6-month metrics met: 100%	
<i>FY22 Proposed Metrics</i>	<i>Metrics</i>		<i>6-month Target</i>	<i>Annual Target</i>
	Students served		52	104
	Services provided		225	450
	COVID-19 tests/vaccinations		200	350
	Patients receiving catch up vaccinations to be able to enroll in school		35%	75%
	Patients receiving recommended vaccinations		30%	60%
	Patients who receive social worker consultation, treatment by the medical team, including a psychiatrist, and/or medications, after screening positive for depression		90%	90%
	Patients who receive nutrition consultations and demonstrate improvement in at least one lifestyle behavior related to weight management		N/A	30%

FY22 Healthy Body Proposal Summary



Valley Health Center Sunnyvale - SCVMC

Program Title	Behavior Health and Dental Services in Sunnyvale and Mountain View		Requested Amount: \$1,398,673
Program Abstract & Goal	Santa Clara Valley Medical Center (SCVMC) aims to provide health care services to medically underserved individuals in Sunnyvale and Mountain View. The funding will support and enhance two critical health topics: Access to dental care and behavioral health services. Dental services are provided at Valley Health Center Sunnyvale and the Mountain View extension clinic. Routine, preventative dental services provided along with referral coordination between dental and medical teams, such as when a dental patient is experiencing COVID-19 symptoms. It is expected that by bolstering referral coordination efforts appointment adherence will increase, thereby reducing the frequency of emergency dental visits in North County. SCVMC will continue its commitment to destigmatizing behavioral health needs by creating connection points for individuals who otherwise may not access care. The events of 2020 and the resulting increases in stress, anxiety and depression in the community have punctuated the critical nature of this need. Depression screenings will be conducted for Primary and Dental Care visits at VHC Sunnyvale. Patients who screen positive for depression will complete a clinical review with referrals made for the appropriate follow-up. The increase in depression screenings and referrals to behavioral health services will promote early identification and intervention for severe behavioral health episodes, including attempts at suicide.		
Agency Description & Address	2325 Enborg Drive, Suite 4H420-46, San Jose https://www.scvmc.org/clinics-and-locations/Sunnyvale/Pages/overview.aspx Santa Clara Valley Medical Center Hospitals and Clinics (SCVMC) is one of the state's public Safety Net health systems serving the communities in Santa Clara County. SCVMC guarantees everyone access to care, regardless of ability to pay. The majority of patients served by SCVMC are the most vulnerable, low-income, uninsured and medically underserved.		
Program Delivery Site(s)	Valley Health Center Sunnyvale		
Services Funded By Grant/How Funds Will Be Spent	Services include: <ul style="list-style-type: none">• Routine dental appointments• Reminder calls to patients about dental appointments• Scheduling COVID testing and rescheduling of routine dental appointment• Depression screening and referral in clinic/telehealth• Counseling sessions with psychologist or psychiatric social worker• Medication management with psychiatrist or psychiatric nurse practitioner Full requested funding would support 1 Dentist, 3.5 Dental Assistants, 1 Licensed Psychiatric Technician, 1 Licensed Psychiatric Social Worker and partial salaries for a Psychiatrist, Health Educator, Referral Coordinator and Health Services Representative. (Request of \$1,398,673 breakdown: \$535,773 for Primary Care Behavioral Health and \$862,900 for Dental)		
FY22 Funding	FY22 requested: \$1,398,673FY22 recommended: \$530,000		
Funding History & Metric Performance	FY21	FY20	FY19
	FY21 Requested: \$1,172,510 FY21 Approved: \$750,000 FY21 6-month metrics met: 50%	FY20 Approved: \$700,000 FY20 Spent: \$700,000 FY20 6-month metrics met: 80% FY20 Annual metrics met: 38%	FY19 Approved: \$1,075,000 FY19 Spent: \$1,075,000 FY19 6-month metrics met: 100% FY19 Annual metrics met: 100%

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FY22 Healthy Body Proposal Summary



Valley Health Center Sunnyvale - SCVMC

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	<i>Metrics</i>	<i>6-month Target</i>	<i>Annual Target</i>
<i>FY22 Proposed Metrics</i>	Individuals served	1,000	1,600
	Dental patients	400	740
	Primary Care Behavioral Health Patients	600	1,000
	Encounters provided	3,300	6,400
	Dental Clinic encounters	1,100	2,100
	Primary Care and Behavioral Health encounters	2,200	4,300
	Dental patients who will receive prophylactic cleaning	20%	25%
	Overall decrease in percentage of emergency dental visits* *Lower percentage desired	21%	20%
	Patients who will be screened for clinical depression	20%	22%
	Patients screened positive for depression who will receive follow up after referral to behavior health services	25%	30%

Virtual Pre-exposure Prophylaxis Program - LPFCH

Program Title	Virtual PrEP: Connecting adolescents and young adults with pre-exposure prophylaxis (PrEP) for HIV		Requested Amount: \$80,000
Program Abstract & Goal	<p>The Virtual Pre-Exposure Prophylaxis (PrEP) Program for Adolescents and Young Adults at Stanford was developed to improve access to quality PrEP care for adolescents and young adults. Patients must be 25 and younger and at risk of HIV infection. The program connects patients with a Stanford pediatric or adolescent provider to provide PrEP counseling and initiation services specifically designed for and focused on youth to reduce their chance of contracting HIV. PrEP Navigators will provide frequent check-ins, adherence support, and navigate medication payment assistance programs. Both patient and provider outreach is conducted. Direct patient outreach is primarily through social media and online advertisements that focus messaging to a relevant audience. Most providers caring for adolescents are not familiar with PrEP and were not trained provide PrEP.</p> <p>In 2018, about 40% of new HIV diagnoses in California were among adolescents and young adults under the age of 30 years, with over half of those occurring in youth under the age of 25 years. 1 In 2018, patients aged 13-24 accounted for 15% of new HIV infections in Santa Clara County.</p>		
Agency Description & Address	<p>400 Hamilton Avenue, Suite 340, Palo Alto http://www.lpfch.org</p> <p>Lucile Packard Children's Hospital Stanford is a nonprofit hospital in Palo Alto, devoted exclusively to the health care needs of children and expectant mothers throughout Northern California and around the world. The hospital serves as a vital safety net organization for low-income families throughout the Bay Area and California.</p>		
Program Delivery Site(s)	The program is virtual and will be targeted within the El Camino Healthcare District, but the providers are primarily based at the Center for Adolescent Health at Stanford, 1195 W Fremont Avenue, Sunnyvale.		
Services Funded By Grant/How Funds Will Be Spent	<p>Services include: Increasing the number of patients who are prescribed PrEP through:</p> <ul style="list-style-type: none"> • Providing direct clinical care to patients interested in receiving PrEP through the Virtual PrEP Program for Adolescents and Young Adults at Stanford • Providing live and recorded training to pediatric clinical providers to increase their PrEP awareness and their willingness to prescribe PrEP <p>Full requested funding would support the partial salaries of a Medical Director, an Associate Medical Director of Operations and Outreach, an Associate Medical Director of Research and Education, patient outreach on social media and provider outreach through virtual training.</p>		
FY22 Funding	FY22 requested: \$80,000		FY22 recommended: DNF
Funding History & Metric Performance	FY21	FY20	FY19
	New in FY22	New in FY22	New in FY22

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Virtual Pre-exposure Prophylaxis Program - LPFCH

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	<i>Metrics</i>	<i>6-month Target</i>	<i>Annual Target</i>
<i>FY22 Proposed Metrics</i>	Students served	15	30
	Virtual patient visits	30	60
	Providers educated about PrEP	22	44
	Patients who complete an initial visit and start PrEP within one month	80%	80%
	Providers who demonstrate an increase in PrEP knowledge after receiving PrEP training	80%	80%
	Providers who demonstrate an increased willingness to prescribe PrEP after receiving PrEP training	50%	50%
	Providers who refer a patient to the Virtual PrEP Clinic or seek advice from the staff of the Virtual PrEP Clinic after receiving PrEP training	80%	80%

Vista Center for the Blind and Visually Impaired

Program Title	Vision Loss Rehabilitation		Requested Amount: \$42,080
Program Abstract & Goal	This program will support the Vision Loss Rehabilitation Program for blind and visually impaired adults. A blind/visually impaired individual may have any combination of the following services based on their needs: Intake Assessment/Case Management, Individual Counseling/Support Group, Information and Referral, Orientation & Mobility training, Daily Living Skills training, Low Vision Exam and Assistive Technology. With the exception of the Low Vision Exam, all other services may be provided in the individual's home or community at a time that is agreed to by staff and the client. Vista's program is effective in helping adults care for themselves safely and effectively in their home environment, travel confidently in the community, access community resources, and maintain a level of adjustment to disability which will prevent isolation and depression. These skills are taught in a supportive environment and are necessary to remain independent.		
Agency Description & Address	2500 El Camino Real, Suite 100, Palo Alto http://www.vistacenter.org Vista Center for the Blind and Visually Impaired mission is to empower individuals who are blind or visually impaired to embrace life to the fullest through evaluation, counseling, education and training. Individuals who have significant vision loss can utilize resources and learn new ways of doing the tasks of daily living, thereby regaining their independence. Vista Center provides comprehensive vision loss rehabilitation services and resources to individuals who are blind or visually impaired.		
Program Delivery Site(s)	Services provided at agency site or in patient homes.		
Services Funded By Grant/How Funds Will Be Spent	Services include: <ul style="list-style-type: none"> • Initial Assessments • Individual or Group Counseling • Weekly Rehabilitation Classes • Low Vision Exams Full requested funding would support the partial salaries of staff and program expenses.		
FY22 Funding	FY22 requested: \$42,080		FY22 recommended: \$30,000
Funding History & Metric Performance	FY21	FY20	FY19
	FY21 Requested: \$40,070 FY21 Approved: \$30,000 FY21 6-month metrics met: 100%	FY20 Approved: \$30,000 FY20 Spent: \$30,000 FY20 6-month metrics met: 100% FY20 Annual metrics met: 100%	FY19 Approved: \$24,921 FY19 Spent: \$23,882 FY19 6-month metrics met: 100% FY19 Annual metrics met: 100%
FY22 Dual Funding	FY22 requested: \$75,965		FY22 recommended: \$40,000
Dual Funding History & Metric Performance	FY21	FY20	FY19
	FY21 Requested: \$74,405 FY21 Approved: \$40,000 FY21 6-month metrics met: 100%	FY20 Approved: \$40,000 FY20 Spent: \$40,000 FY20 6-month metrics met: 100% FY20 Annual metrics met: 100%	FY19 Approved: \$40,000 FY19 Spent: \$40,000 FY19 6-month metrics met: 100% FY19 Annual metrics met: 100%

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Vista Center for the Blind and Visually Impaired

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	<i>Metrics</i>	<i>6-month Target</i>	<i>Annual Target</i>
<i>FY22 Proposed Metrics</i>	Individuals served	20	44
	Services (Information & Referral, Intake, Counseling, Support Group, Adapted Daily Living Skills, Orientation & Mobility, Assistive Technology, Low Vision Evaluation	135	290
	Client who rate at least a 4 on a scale of 1 (unsatisfactory) to 5 (satisfactory) that they were informed about resources, community agencies, and programs that are available to help live with vision loss	90%	90%
	Clients who report being somewhat confident to confident in their ability to safely move within their residence	85%	85%
	Client who indicate that they are able to read printed material after program participation	70%	70%

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Acknowledge Alliance

<i>Program Title</i>	Project Resilience		<i>Requested Amount:</i> \$50,000
<i>Program Abstract & Goal</i>	Social Emotional Learning (SEL) services for students, teachers and administrators at schools in the Sunnyvale School District. This program promotes lifelong resilience and sound mental health in youth by strengthening the social and emotional skills of children/youth and the caring capacity of the adults who influence their lives. When teachers and other educators lack SEL knowledge and concrete strategies, teachers feel ineffective, and struggling students are left behind. Research has linked SEL to increased protective factors and decreased risk factors in students, including decreased depression and increased self-esteem and test scores. SEL helps create a positive school environment and safe, supportive classrooms in which students are respected, cared for, and connected. These are all factors needed to mitigate the emotional distress that can lead to a crisis.		
<i>Agency Description & Address</i>	2483 Old Middlefield Way, Suite 201, Mountain View http://www.acknowledgealliance.org Founded in 1994, the Acknowledge Alliance mission is to promote lifelong resilience in children and youth and strengthen the caring capacity of the adults who influence their lives. Today, the agency provides innovative programs consisting of a three-tier Continuum of Support: lifelong resilience, social-emotional wellness, and academic success for teachers, students, and administrators. Acknowledge Alliance serves K-12 public and private schools in San Mateo and Santa Clara Counties, impacting over 300 educators and nearly 4,500 students annually.		
<i>Program Delivery Site(s)</i>	<p>Services provided at all schools in the Sunnyvale School District: eight elementary and two middle schools, and virtually as needed:</p> <ul style="list-style-type: none"> Bishop Elementary Cherry Chase Elementary Cumberland Elementary Ellis Elementary Fairwood Elementary Lakewood Elementary San Miguel Elementary Vargas Elementary Columbia Middle School Sunnyvale Middle School 		
<i>Services Funded By Grant/How Funds Will Be Spent</i>	<p>Services include:</p> <ul style="list-style-type: none"> Social Emotional Learning lessons for 3-7th grade students Individual consulting and support to teachers and school staff Teacher and Principal Resilience Group sessions Professional development training for educators and support staff <p>Full requested funding would support partial salaries for counseling consultants and staff.</p>		
<i>FY22 Funding</i>	FY22 requested: \$50,000		FY22 recommended: \$50,000
<i>Funding History & Metric Performance</i>	FY21	FY20	FY19
	FY21 Requested: \$60,000 FY21 Approved: \$50,000 FY21 6-month metrics met: 50%	FY20 Approved: \$50,000 FY20 Spent: \$50,000 FY20 6-month metrics met: 50% FY20 Annual metrics met: 75%	FY19 Approved: \$50,000 FY19 Spent: \$50,000 FY19 6-month metrics met: 100% FY19 Annual metrics met: 75%

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Acknowledge Alliance

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	<i>Metrics</i>	<i>6-month Target</i>	<i>Annual Target</i>
<i>FY22 Proposed Metrics</i>	Individuals served	300	600
	Educators who receive resilience support services through one-on-one training, classroom observations, professional development, and/or teacher support groups	81	162
	Teachers will report an increase in positive educator/ student relationships	N/A	80%
	Teacher and administrators will increase their use of strategies to promote personal and professional resilience	N/A	75%
	Teachers and administrators will report that Acknowledge Alliance Resilience Staff worked to promote a positive school climate	N/A	75%

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Avenidas

Program Title	Avenidas Rose Kleiner Adult Day Health Program		Requested Amount: \$60,000
Program Abstract & Goal	To provide full-time Social Worker positions to help provide integrated daily support services at this adult day health program. As an integral part of the Care Team, the licensed social worker coordinates support for older adults with chronic medical conditions and/or mental impairments; including Alzheimer's Disease, dementia and other cognitive conditions who need a much higher level of coordinated care. This program provides person-centered care in tandem with intensive care coordination, which supports the older adult's desire to age at home and avoid re-hospitalizations and emergency room visits. In addition, the social work team also provides support and access to needed services for family caregivers.		
Agency Description & Address	270 Escuela Avenue, Mountain View https://www.avenidas.org/ Founded in 1969, Avenidas is a multi-service senior services agency whose mission is to preserve the dignity and independence of members to help participants meet transitions in life due to aging, illness and cognitive decline. Over 40 years ago, Avenidas started the Rose Kleiner Center (ARKC), a state licensed adult day health center designed to serve the dependent and medically high-risk segment of the elderly population, many with Alzheimer's Disease and dementia.		
Program Delivery Site(s)	At agency site in Mountain View		
Services Funded By Grant/How Funds Will Be Spent	<p>Services include:</p> <ul style="list-style-type: none">Daily case management including a) personal check-in with each participant, b) review of daily psychosocial progress in Care Plan, c) as needed, link/coordinate internal support services for participant with agency's Interdisciplinary Team including registered nurses, physical, occupational and speech therapists, d) as needed, link/coordinate external support services with community-based service providers and e) complete Care Plan notes and updatesAssessments and psychosocial evaluations conducted by the Interdisciplinary Team, which includes the Social Worker, every month to ensure that Care Plans meet participants' ongoing needsFamily support, including monthly meetings to provide information, referrals, etc., allowing the family to maintain a supportive home environment for their frail senior and to obtain vital ongoing support and self-care. <p>Full requested funding would support partial salaries for two Licensed Clinical Social Worker positions.</p>		
FY22 Funding	FY22 requested: \$60,000		



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CHAC

<i>Program Title</i>	School Intervention/Prevention Program		<i>Requested Amount:</i> \$290,000
<i>Program Abstract & Goal</i>	To continue CHAC's school-based Intervention/Prevention program, a comprehensive, school-based mental health service program at ten schools within the Sunnyvale Elementary School District (SESD). Services include individual, small group, and parent and teacher collateral coaching as well as social emotional learning (SEL) groups offered to 3rd and 5th grades and middle school students who attend any of the ten schools in SESD. Mental health challenges are common in youth under the age of 18. Examples, especially during the pandemic, include housing and food insecurity, effects of systemic racism, immigration, trauma, anxiety, depression, suicidal ideation, grief and loss, lack of self-efficacy, substance use, and witnessing domestic and other violence. Unaddressed, any of these issues can impact overall physical and mental health and well-being. Research shows that prevention and early intervention are key to reducing risk for long-term adverse effects. Providing mental health services in the school setting provides children and their families with direct access to interventions, especially to those who otherwise lack access.		
<i>Agency Description & Address</i>	590 W. El Camino Real, Mountain View http://www.chacmv.org CHAC serves the elementary and high school districts of Mountain View, Los Altos, Los Altos Hills, and Sunnyvale, and individual/family counseling clinic clients from around Santa Clara County. CHAC provides services to clinic clients using an income-based, discounted sliding fee schedule.		
<i>Program Delivery Site(s)</i>	All ten schools in the Sunnyvale Elementary School District and virtually, as needed: <ul style="list-style-type: none"> Bishop Elementary Cherry Chase Elementary Cumberland Elementary Ellis Elementary Fairwood Elementary Lakewood Elementary San Miguel Elementary Vargas Elementary Columbia Middle Sunnyvale Middle 		
<i>Services Funded By Grant/How Funds Will Be Spent</i>	Services include: <ul style="list-style-type: none"> Individual counseling Counseling in small groups of similar diagnosis Collateral counseling-related assessment Crisis intervention Case management Social Emotional Learning (SEL) prevention programs Referral of appropriate cases to CHAC's in-house clinic, as needed Virtual support group and SEL classes Full requested funding would support partial salaries of two Clinical Supervisor, interns and other staff positions as well as program support costs.		
<i>FY22 Funding</i>	FY22 requested: \$290,000		FY22 recommended: \$280,000
<i>Funding History & Metric Performance</i>	FY21	FY20	FY19
	FY21 Requested: \$290,000 FY21 Approved: \$280,000 FY21 6-month metrics met: 50%	FY20 Approved: \$280,000 FY20 Spent: \$280,000 FY20 6-month metrics met: 100% FY20 Annual metrics met: 50%	FY19 Approved: \$280,000 FY19 Spent: \$280,000 FY19 6-month metrics met: 100% FY19 Annual metrics met: 67%

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CHAC

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FY22 Proposed Metrics	Metrics	6-month Target	Annual Target
	Students served	330	900
	Services hours provided	3,600	9,000
	Students who improve by at least 3 points from pre-test to post-test on the 40-point scale Strengths and Difficulties Questionnaire and Impact Assessment based on self-report (for students age 11-17)	N/A	40%
	Students who improve by at least 3 points from pre-test to post test on the 40-point scale Strengths and Difficulties Questionnaire and Impact Assessment based on teacher report for ages 10 and under	N/A	40%
	Students served who showed a 15% or better improvement in their level of Social Emotional Learning (SEL) knowledge on survey	N/A	70%





Cupertino Union School District

<i>Program Title</i>	Mental Health Counseling Program	<i>Requested Amount:</i> \$92,500
<i>Program Abstract & Goal</i>	To continue and expand the mental health counseling program to meet the rising mental health challenges of students at the four Cupertino Union School District (CUSD) schools located within the ECHD boundaries. Through these services, students develop skills in emotional identification, emotional regulation, social interaction, healthy communication, effective coping strategies, self-advocacy and mindfulness. Over the past several years, CUSD has seen an exponential increase in students' need for mental health services and supports. Mental health services and wellness supports are an integral and imperative component of supporting students' ability to engage in all aspects of age-appropriate development and functioning, including engagement with education, relationships with peers and family, community involvement, and preparation for lifelong resilience, problem-solving, productivity, and giving back. CUSD counselors implement evidence-based practices, drawing on modalities such as Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Solution-Focused Therapy, mindfulness and interpersonal psychotherapy.	
<i>Agency Description & Address</i>	1309 S. Mary Avenue, Sunnyvale http://www.cusdk8.org The Cupertino Union School District (CUSD) is a Local Education Agency that provides public education to students in preschool through eighth grade. The largest elementary school district in northern California, CUSD is comprised of approximately 1,500 employees serving approximately 15,500 students in 19 elementary schools, one K-8 school, and five middle schools located throughout Cupertino and parts of Sunnyvale, San Jose, Saratoga, Los Altos, and Santa Clara.	
<i>Program Delivery Site(s)</i>	At four Cupertino Union School District sites inside the ECHD: <ul style="list-style-type: none"> • Montclair Elementary School, Los Altos • Chester W. Nimitz Elementary School, Sunnyvale • West Valley Elementary School, Sunnyvale • Cupertino Middle School, Sunnyvale 	
<i>Services Funded By Grant/How Funds Will Be Spent</i>	<p>Services include:</p> <ul style="list-style-type: none"> • Weekly counseling sessions (individual, group, and family) • Social Emotional skill building groups for elementary students referred by teachers/staff • Risk assessment for suicidality, self-harm, aggressive externalizing behaviors, and other high risk/impulsive behaviors • Crisis intervention • Case management • Collaboration with school staff • Social Emotional Learning lessons in classrooms as caseload allows • Clinical Supervision <p>Full requested funding would support partial salaries for a Mental Health Therapist, Clinical Supervisor, Counseling Associates and interns as well as some program support costs.</p>	

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Cupertino Union School District

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FY22 Funding	FY22 requested: \$92,500		FY22 recommended: \$90,000	
Funding History & Metric Performance	FY21	FY20	FY19	
	FY21 Requested: \$98,249 FY21 Approved: \$90,000 FY21 6-month metrics met: 100%	New in FY21	New in FY21	
FY22 Dual Funding	FY22 requested: \$135,000		FY22 recommended: \$120,000	
Dual Funding History & Metric Performance	FY21	FY20	FY19	
	FY21 Requested: \$202,305 FY21 Approved: \$120,000 FY21 6-month metrics met: 100%	FY20 Approved: \$140,000 FY20 Spent: \$140,000 FY20 6-month metrics met: 100% FY20 Annual metrics met: 40%	FY19 Approved: \$165,000 FY19 Spent: \$165,000 FY19 6-month metrics met: 100% FY19 Annual metrics met: 100%	
FY22 Proposed Metrics	Metrics		6-month Target	Annual Target
	Students served		60	130
	Service hours provided		645	1,425
	Students who improve on treatment plan goals by 20% in 6 months and 50% by the end of the school year as measured by counselor report		60%	80%
	Students who improved by at least 3 points from pre-test to post-test on the Strength and Difficulties Questionnaire and Impact Assessment based on self-report (for students age 11-17)		N/A	50%
	Students who improved by at least 3 points from pre-test to post-test on the 40 point scale Strengths and Difficulties Questionnaire and Impact Assessment based on teacher report (for students age 10 and under)		N/A	50%





Law Foundation of Silicon Valley

Program Title	Removing Legal Barriers to Mental Health Access		Requested Amount: \$65,000
Program Abstract & Goal	This program helps people living with mental health disabilities gain access to healthcare and other support they need to improve their overall quality of life. Attorneys provide legal counsel and advice, extended legal representation, referrals to other community-based organizations and more, in an effort to ensure that people with mental health or developmental disabilities have access to services and public benefits that are critical to their health and well-being. The program collaborates with, gets referrals from and provides services at clinics, hospitals and safety net institutions including El Camino Health and Community Services Agency Mountain View. The Law Foundation will also conduct outreach and educational presentations to providers at medical and safety-net facilities in an effort to expand services for people with mental health disabilities.		
Agency Description & Address	4 N. 2nd Street, Suite 1300, San Jose http://www.lawfoundation.org The Law Foundation of Silicon Valley advances the rights of under-represented individuals and families in the diverse community through legal services, strategic advocacy, and educational outreach. The Law Foundation has three core programs: housing, children and youth, and health (which include mental health). The agency's health program consists of 19 staff and focuses on economic security and access to healthcare services.		
Program Delivery Site(s)	Services are provided at hospitals, clinics, and safety-net institutions throughout ECHD, as well as virtually, as needed, including: <ul style="list-style-type: none">• Community Services Agency Mountain View• El Camino Hospital• Valley Medical Center• Sunnyvale Downtown Streets Team• NAMI (National Alliance on Mental Illness)		
Services Funded By Grant/How Funds Will Be Spent	Services provided: <ul style="list-style-type: none">• Outreach and advocacy services for residents to improve access to mental health care and other safety-net benefits• Legal counsel and advise on healthcare-related matters• Provide patients' rights advocacy and other legal information from on-site legal advisors• Training health care providers about benefits eligibility and other legal issues commonly faced by mental health consumers and people living in poverty• Coordination with medical staff, social workers and case managers at community partner agencies throughout the El Camino Healthcare District to help identify and resolve legal barrier that negatively impact patients' health Full requested funding would support partial salaries of three staff attorneys, other staff and some program support costs.		
FY22 Funding	FY22 requested: \$65,000		FY22 recommended: \$60,000
Funding History & Metric Performance	FY21	FY20	FY19
	FY21 Requested: \$77,000 FY21 Approved: \$60,000 FY21 6-month metrics met: 60%	FY20 Approved: \$60,000 FY20 Spent: \$60,000 FY20 6-month metrics met: 100% FY20 Annual metrics met: 100%	FY19 Approved: \$65,000 FY19 Spent: \$65,000 FY19 6-month metrics met: 100% FY19 Annual metrics met: 75%

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Law Foundation of Silicon Valley

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	<i>Metrics</i>	<i>6-month Target</i>	<i>Annual Target</i>
<i>FY22 Proposed Metrics</i>	Individuals served	90	180
	Individuals served through representation	30	60
	Healthcare providers served through educational presentation	60	120
	Clients receiving services for benefits issues who increase their knowledge regarding available health and income benefits	95%	95%
	Providers receiving training who increase their understanding of their patients' rights to medical benefits and other forms of public assistance	90%	90%
	Clients receiving services for benefits issues who successfully access or maintain health benefits or other safety-net benefits	90%	90%

FY22 Healthy Mind Proposal Summary

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Los Altos School District

Program Title	Mental Health Counseling Program		Requested Amount: \$100,000
Program Abstract & Goal	To continue mental health services at Los Altos School District (LASD) to middle school students. These therapists will partner with district Psychologists and Behaviorists to implement individual therapy, group therapy, family therapy, and crisis management interventions, which have been demonstrated to increase wellness and academic progress. Providing counseling services in schools has been related to student achieving better success and high engagement at school, reducing the rate of high risk and delinquent behaviors, and reducing the risk of future mental health disorders. This is a continuation of a program that has been proven to be successful at treating mental health at risk students, and increasing their success in school and beyond. This program has dramatically reduced the need for more intensive treatments by being responsive at the school site level to the student and family needs. Additional funding request this year is to add a psychiatrist fellow, to support the home/school connection for the most at-risk students.		
Agency Description & Address	201 Covington Avenue, Los Altos http://www.losaltos.k12.ca.us Los Altos School District operates seven elementary and two junior high schools and is a top-rated school district in the State of California. LASD serves K-8 students from portions of Los Altos, Los Altos Hills, Mountain View and Palo Alto. All nine schools in the district have been California Distinguished Schools and/or National Blue Ribbon Schools.		
Program Delivery Site(s)	At Los Altos School District sites and virtually, as needed		
Services Funded By Grant/How Funds Will Be Spent	Services include: <ul style="list-style-type: none"> • Individual therapy • Group counseling • Family therapy: meetings with parent/guardian focused needs of student • Crisis intervention: suicide assessments, creating a circle of care for students, preventing contagion, de-escalation and problem solving • Case management: checking in on students with teachers, parents, and school administration, referral to outside providers • Classroom interventions: <ul style="list-style-type: none"> ◦ Outreach to student population on emotional regulation and resiliency ◦ Collaboration with general education electives on mental health wellness education • Teacher/staff support: short-term counseling and referrals to longer term care Full requested funding would support 1.5 FTE for Marriage and Family Therapists (MFTs).		
FY22 Funding	FY22 requested: \$100,000		FY22 recommended: \$100,000
Funding History & Metric Performance	FY21	FY20	FY19
	FY21 Requested: \$135,000 FY21 Approved: \$100,000 FY21 6-month metrics met: 0%	FY20 Approved: \$100,000 FY20 Spent: \$100,000 FY20 6-month metrics met: 100% FY20 Annual metrics met: 50%	FY19 Approved: \$100,000 FY19 Spent: \$100,000 FY19 6-month metrics met: 100% FY19 Annual metrics met: 100%

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Los Altos School District

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FY22 Proposed Metrics	Metrics	6-month Target	Annual Target
	Students served	50	100
	Service hours provided	250	500
	Students who improve by at least 3 points from pre-test to post-test on the Strength and Difficulties Questionnaire and Impact Assessment based on self-report for students age 11-17	N/A	50%
	Parents who report improvement in their child by at least 3 points from pre-test to post-test on the Strength and Difficulties Questionnaire and Impact Assessment based on self-report for students age 10 and under	N/A	50%





Momentum for Mental Health

Program Title	La Selva Community Clinic	Requested Amount: \$286,640
Program Abstract & Goal	<p>To provide mental health services to those who do not have access to treatment because they cannot afford to pay for services and those who are uninsured. This grant will continue to help La Selva Community Clinic (LSCC) provide mental health services for vulnerable clients. The program addresses language barriers to accessing care and provides quick access to treatment and essential support services, often to patients experiencing complex and ongoing mental health and medical conditions on a daily basis. The COVID-19 pandemic has revealed many disparities, including behavioral health care access for black and Latinx communities. This has highlighted deep-rooted inequities in health care for communities of color and amplifies social and economic factors that contribute to poor health outcomes. Momentum's LSCC serves clients who are undocumented and have difficulties finding jobs with benefits to provide mental health services. A majority - 76% - of clients are monolingual Spanish speakers who are often seeking behavioral health services for the first time.</p>	
Agency Description & Address	<p>438 N. White Road, San Jose https://momentumforhealth.org/ Momentum for Mental Health is a non-profit corporation that provides comprehensive programs and services in Santa Clara County for youth and adults who have a mental illness. Staff and volunteers at Momentum believe that people with a mental illness can, and do, recover to lead productive lives and become contributing members of our community. Helping clients reach this goal informs planning and daily operations. Momentum's treatment approach focuses on building on clients' strengths to help them achieve and sustain mental health. The staff at Momentum delivers services in 12 different languages – reflecting the linguistic and cultural diversity of this region.</p>	
Program Delivery Site(s)	At agency site and through telehealth, as needed	
Services Funded By Grant/How Funds Will Be Spent	<p>Services include:</p> <ul style="list-style-type: none"> • Psychiatry assessment • Treatment and medication management • Case management • Short-term (individual and family counseling) and crisis counseling • For some clients in need of more intensive services, these services are available at no cost to this grant request and free of charge to clients: <ul style="list-style-type: none"> ○ Intensive outpatient program ○ Crisis residential care ○ Supportive housing for women <p>Full requested funding would support partial salaries for staff including psychiatrists and mental health clinicians as well as program support costs.</p>	

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Momentum for Mental Health

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FY22 Funding	FY22 requested: \$286,640		FY22 recommended: \$270,000	
Funding History & Metric Performance	FY21	FY20	FY19	
	FY21 Requested: \$274,393	FY20 Approved: \$268,140	FY19 Approved: \$268,000	
	FY21 Approved: \$270,000	FY20 Spent: \$268,140	FY19 Spent: \$268,000	
	FY21 6-month metrics met: 100%	FY20 6-month metrics met: 100%	FY19 6-month metrics met: 75%	
FY22 Dual Funding	FY22 requested: \$51,127		FY22 recommended: \$46,000	
Dual Funding History & Metric Performance	FY21	FY20	FY19	
	FY21 Requested: \$53,748	FY20 Approved: \$50,000	FY19 Approved: \$50,860	
	FY21 Approved: \$51,000	FY20 Spent: \$50,000	FY19 Spent: \$50,860	
	FY21 6-month metrics met: 100%	FY20 6-month metrics met: 100%	FY19 6-month metrics met: 100%	
FY22 Proposed Metrics	Metrics		6-month Target	Annual Target
	Patients served		70	118
	Services provided		858	1,735
	Patients who report a reduction of 2 points or more in PHQ-9 measure severity of depression		75%	85%
	Patients who report a reduction of 2 points or more in GAD-7 measure severity of anxiety		70%	80%
	Patients who avoid psychiatric hospitalization for 12 months after admission		97%	97%



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Mountain View-Los Altos Union High School District

Program Title	Mental Health Counseling Program		Requested Amount: \$160,000
Program Abstract & Goal	To provide mental health services to high school students in the Mountain View - Los Altos High School District. The services include crisis intervention, individualized therapy, group therapy, collateral therapy, check-ins, and case management services. The services will be provided at Mountain View High School and Los Altos High School during the school day. School-based mental health services are needed because mental health issues have widespread consequences for students including impeding a student's ability to access and to engage in school work, increasing the chance of engaging in high-risk behaviors, and inhibiting healthy relationships with peers and adults.		
Agency Description & Address	1299 Bryant Avenue, Mountain View http://www.mvla.net The Mountain View Los Altos Union High School District is a culturally diverse district composed of three high schools serving the communities of Mountain View, Los Altos and Los Altos Hills. The mission of the School-Based Mental Health and Support Team is to protect and cultivate a culture of wellness by supporting the health, emotional well-being, educational outcomes, and self-advocacy of all students and staff.		
Program Delivery Site(s)	At school district sites and virtually or by phone, as needed		
Services Funded By Grant/How Funds Will Be Spent	Bilingual services, available in English and Spanish, include: <ul style="list-style-type: none"> • Individual therapy • Group therapy • Collateral therapy • Check-ins • Crisis management • Case management • Support to educators in effective management of students mental health Full requested funding would support the partial salaries for two licensed therapists.		
FY22 Funding	FY22 requested: \$160,000		FY22 recommended: \$160,000
Funding History & Metric Performance	FY21	FY20	FY19
	FY21 Requested: \$160,000 FY21 Approved: \$160,000 FY21 6-month metrics met: 100%	FY20 Approved: \$160,000 FY20 Spent: \$160,000 FY20 6-month metrics met: 100% FY20 Annual metrics met: 40%	FY19 Approved: \$160,000 FY19 Spent: \$160,000 FY19 6-month metrics met: 50% FY19 Annual metrics met: 100%
FY22 Proposed Metrics	Metrics		6-month Target
	Students served		50
	Hours of service provided		600
	Decrease the interference of psychosis / impulsivity / depression / anxiety / opposition / conduct / anger / substance abuse / or trauma on functioning by more than or equal to 25%		N/A
	Reduced frequency/quantity of high risk behavior by at least 25% on the CANS 50 assessment, among students with high risk behaviors		N/A
	Decreased suicidal thoughts and feelings by at least 25% on the CANS 50 assessment, among students served with suicidal thoughts and feelings		N/A
	Increased use of coping skills for trauma/ depression/anxiety/anger by at least 25% on the CANS 50 assessment, among students served with trauma, depression, anxiety, and/or anger		N/A



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NAMI-Santa Clara County

Program Title	Community Peer Program		Requested Amount: \$100,000	
Program Abstract & Goal	To connect individuals with severe mental illnesses to peers who engage in their recovery. This grant will continue peer support and mentoring to community members who suffer from severe and persistent mental illness. NAMI SCC will partner with inpatient psychiatric units, outpatient programs, locked facilities and intensive treatment programs to identify Participants for the Community Peer Mentor Program. This type of peer support complements and enhances treatment by mental health professionals and makes more efficient use of scarce mental health resources.			
Agency Description & Address	1150 S. Bascom Avenue, Suite 24, San Jose http://www.namisantaclara.org Since 1975, NAMI-SCC's has a goal to support, educate, and provide direction for self-advocacy for those living with mental health conditions and their families. Having knowledge and finding resources provides the ability to do this. It also helps to eliminate the stigma and discrimination that still exists on many levels.			
Program Delivery Site(s)	Meeting locations set by patient and Peer Mentor as well as virtually and by phone, as needed			
Services Funded By Grant/How Funds Will Be Spent	Services include: <ul style="list-style-type: none">• Weekly face-to-face meeting peer mentor sessions for up to four months• Twice weekly phone call check-ins• Linkages to services: referrals from Mentors for a range of services that promote and maintain recovery, alleviate loneliness and isolation and enhance quality of life• Identification and training of participation of Peer Mentors Full requested funding would support partial salary of program staff, mentors as well as administrative costs.			
FY22 Funding	FY22 requested: \$100,000		FY22 recommended: \$80,000	
Funding History & Metric Performance	FY21		FY20	
	FY21 Requested: \$100,000 FY21 Approved: \$75,000 FY21 6-month metrics met: 40%		FY20 Approved: \$75,000 FY20 Spent: \$65,376 FY20 6-month metrics met: 40% FY20 Annual metrics met: 40%	
FY22 Proposed Metrics	FY19		FY19	
	FY19 Approved: \$90,000 FY19 Spent: \$90,000 FY19 6-month metrics met: 100% FY19 Annual metrics met: 100%			
	Metrics		6-month Target	Annual Target
	Individuals served		35	70
	Peer PALS and Peer Mentors phone calls		595	1,190
	Peer PALS and Peer Mentors visits		1,190	2,380
	Participants feeling less isolated		80%	80%
Participants reporting that the program helped them feel more hopeful about their futures and their recovery		75%	75%	
Participants reporting that the program helped them be more compliant with their treatment plan		80%	80%	

FY22 Healthy Mind Proposal Summary

HEALTHY
MIND



NCEFT - National Center for Equine Facilitated Therapy

Program Title	Equine-Assisted Programs for Children and Adults		Requested Amount: \$50,000	
Program Abstract & Goal	NCEFT programming helps children, adults, and military Veterans with special needs through equine-assisted therapies, education, and research. Services provided include: Physical, Occupational and Speech Therapy, Adaptive Riding, Equine-Assisted Mental Health & Resilience Programs, Mindfulness Programs, Happy Trails Camp, Social Skills Group, Special Education School Programs and Veteran and First Responder Programs. Client served have either a physical, cognitive, emotional, or behavioral challenges from ages 2-90+.			
Agency Description & Address	880 Runnymede Road, Woodside http://www.NCEFT.org Founded in 1971, NCEFT is internationally recognized as a pioneer and leader of equine-assisted programs. For 50 years, NCEFT has tapped into the profound rehabilitative power of the human-horse relationship to facilitate healing to thousands of Bay Area residents.			
Program Delivery Site(s)	Services will provided at agency site.			
Services Funded By Grant/How Funds Will Be Spent	Services include providing: <ul style="list-style-type: none">• Weekly physical, occupational, and speech therapy session• Weekly adaptive riding sessions• Nine weekly mindfulness webinar series• Six to eight weekly equine-assisted mental health & resilience workshops• Weekly veterans & first responders sessions• Annual week-long Happy Trails camp• Nine-week diversity internship program per week• Four-week special education school programs provided to approximately seven schools annually• Nine-week social skills group Full requested funding would support partial salaries for staffing and horse expenses.			
FY22 Funding	FY22 requested: \$50,000		FY22 recommended: DNF	
Funding History & Metric Performance	FY21	FY20	FY19	
	New in FY22	New in FY22	New in FY22	
FY22 Dual Funding	FY22 requested: \$35,000		FY22 recommended: DNF	
Dual Funding History & Metric Performance	FY21	FY20	FY19	
	New in FY22	New in FY22	New in FY22	
FY22 Proposed Metrics	Metrics		6-month Target	Annual Target
	Individuals served		19	24
	Services provided		508	1,017
	Participants in Mental Health & Resilience Workshops report an improvement in symptoms of anxiety		85%	85%
	Participants in Mindfulness Program report an improvement in symptoms of anxiety		85%	85%





Parents Helping Parents

Program Title	Caregiver Support During the Pandemic		Requested Amount: \$44,036	
Program Abstract & Goal	This program will provide a virtual support group in both English and Spanish for parents of children with special needs. Parenting is marked by numerous responsibilities and pressures and when adding the cares and concerns that come with having a child with special needs parents can feel overwhelming. Multiple studies have shown being the parent of a child with special needs is associated with high levels of stress and depression and these parents are two to three times more likely to be depressed than parents of neurotypical, healthy children. COVID-19 has added more layers of difficulty and stress for parents raising children with special needs. Facilitated by a licensed mental health therapist and using industry practices, parents connect with others while learning self-care strategies to better cope with the stresses of raising a child with special needs. The goal is to establish practical skills to lower parental stress.			
Agency Description & Address	1400 Parkmoor Avenue, Suite 100, San Jose http://www.php.com Parents Heling Parents (PHP) has been helping families of children with special needs since 1976. The agency's mission is to help children and adults with special needs receive support and services they need to reach their full potential by providing information, training, and resources to build strong families and improve systems of care.			
Program Delivery Site(s)	Provided virtually			
Services Funded By Grant/How Funds Will Be Spent	Services include: <ul style="list-style-type: none">Four series of a 6-week long support group in EnglishFour series of a 6-week long support group in Spanish Full requested funding would support partial salaries for staff, contract Licensed Marriage and Family Therapists and other program support costs.			
FY22 Funding	FY22 requested: \$44,036FY22 recommended: \$35,000			
Funding History & Metric Performance	FY21	FY20	FY19	
	New in FY22	New in FY22	New in FY22	
FY22 Dual Funding	FY22 requested: \$44,036FY22 recommended: DNF			
Dual Funding History& Metric Performance	FY21	FY20	FY19	
	New in FY22	New in FY22	New in FY22	
FY22 Proposed Metrics	Metrics		6-month Target	Annual Target
	Individuals served		168	336
	Encounters provided		168	336
	Participants report therapist was knowledgeable and communicated effectively		80%	80%
	Participants who would recommend the workshop to a friend		80%	80%
	Participants who learn anything useful that help them as a parent of a child with special needs		80%	80%

FY22 Healthy Mind Proposal Summary

HEALTHY
MIND



The Health Trust

<i>Program Title</i>	Fun With Friends			<i>Requested Amount:</i> \$30,500
<i>Program Abstract & Goal</i>	To address older adult social isolation by offering the opportunity to build social connections, relationships, and new friendships with other seniors. The program, provided to participants of The Health Trust's Meals on Wheels program, provides group Televisits and phone calls for older adults to connect with one another. Services available in English and Spanish and provided to low-income, homebound seniors.			
<i>Agency Description & Address</i>	3180 Newberry Drive, Suite 200, San Jose http://www.healthtrust.org The Health Trust is a charitable nonprofit operating foundation serving Santa Clara County. Its' mission is to build Health Equity in Silicon Valley, with a vision of a healthier Silicon Valley for everyone – because everyone's health matters. The Health Trust combines policy advocacy, direct service, and grantmaking to support low-income families and individuals.			
<i>Program Delivery Site(s)</i>	Services will be provided at client homes in Mountain View, Los Altos, Cupertino and Sunnyvale			
<i>Services Funded By Grant/How Funds Will Be Spent</i>	Services include: <ul style="list-style-type: none"> • Televisit group interactions • Monthly subscription fees for clients to Televisit for one year • Equipment and internet services • Televisit manuals for each client • Follow up assessments on hospitalization, social isolation and food insecurity Full requested funding would support partial staff salaries, Televisit client fee, Tablets, Wifi service and other supplies.			
<i>FY22 Funding</i>	FY22 requested: \$30,500		FY22 recommended: DNF	
<i>Funding History & Metric Performance</i>	FY21	FY20	FY19	
	<i>Meals on Wheels</i> FY21 Requested: \$102,240 FY21 Approved: \$70,000 FY21 6-month metrics met: 20%	<i>Meals on Wheels</i> FY20 Approved: \$60,000 FY20 Spent: \$60,000 FY20 6-month metrics met: 100% FY20 Annual metrics met: 75%	<i>Meals on Wheels</i> FY19 Approved: \$78,000 FY19 Spent: \$78,000 FY19 6-month metrics met: 75% FY19 Annual metrics met: 100%	
<i>FY22 Proposed Metrics</i>	<i>Metrics</i>		<i>6-month Target</i>	<i>Annual Target</i>
	Individuals served		15	30
	Services provided (phone calls and Televisits)		230	426
	Participants who increase their score by at least 2 points from their initial assessment based on the Duke Social Support Index (DSSI-10).		25%	30%
	Participants who report feeling more socially connected as a result of participating in the Televisit sessions.		70%	80%
	Participants who report the Televisit sessions are important for their daily well-being		70%	80%

FY22 Healthy Mind Proposal Summary

HEALTHY
MIND



YWCA Silicon Valley

Program Title	ARISE Trauma-informed Therapy		Requested Amount: \$95,000
Program Abstract & Goal	To continue providing trauma-informed counseling services at affordable housing sites, domestic violence shelters, and at-risk youth centers and schools in the El Camino Healthcare District. This is one of the only therapy clinics in the region focused on serving victims of complex trauma from domestic violence and sexual assault. The program's primary goal is to enable children, youth and families to heal such complex trauma through specialized therapy. The ARISE program reduces two key barriers to accessing counseling, including cost and proximity, by providing free, easy-to-access "mobile" counseling. YWCA Marriage and Family Therapist interns provide clients with culturally-appropriate, trauma-focused therapy services that are both client-driven and strength-based. During shelter-in-place, YWCA's therapy services increased 40% for survivors of sexual assault and 60% for survivors of domestic violence. And in November 2020, the Mercury News reported that state and federal prosecutors continue to report an increase in domestic violence cases across California, including in Santa Clara County, since the shelter in place was first ordered in March 2020.		
Agency Description & Address	375 S. Third Street, San Jose http://www.ywca-sv.org YWCA Silicon Valley is a multi-service organization founded in 1905 in Santa Clara County. For over 110 years, YWCA has identified the unique needs of Santa Clara County women and families, delivering innovative programs to meet those needs. YWCA serves over 18,000 people throughout Santa Clara County at over 25 community-based locations.		
Program Delivery Site(s)	Services provided at agency site, the North County Family Justice Center and the Columbia Neighborhood Center, both in Sunnyvale, and by telehealth, as needed		
Services Funded By Grant/How Funds Will Be Spent	Services include: <ul style="list-style-type: none"> • Individual or family counseling sessions provided Marriage and Family Therapist (MFT) • Clinical therapy focused on trauma processing, symptom reduction, and resiliency Full requested funding would support partial salaries of the clinical staff, Marriage and Family Therapist (MFT) stipends and some program support costs.		
FY22 Funding	FY22 requested: \$95,000		FY22 recommended: \$75,000
Funding History & Metric Performance	FY21	FY20	FY19
	FY21 Requested: \$83,000 FY21 Approved: \$75,000 FY21 6-month metrics met: 40%	FY20 Approved: \$65,000 FY20 Spent: \$65,000 FY20 6-month metrics met: 100% FY20 Annual metrics met: 80%	New in FY22
FY22 Proposed Metrics	Metrics		6-month Target
	Individuals served		20
	Counseling sessions provided		100
	Individuals who increase their knowledge of trauma and the effects of trauma on their lives		80%
	Individuals who experience a reduction of trauma symptoms		70%
	Individuals who report they would be willing to seek counseling in the future		70%





Abode Services

Program Title	Housing Navigation and Case Management		Requested Amount: \$75,000	
Program Abstract & Goal	This program will reduce the barriers to affordable housing in the costly rental market for homeless and extremely low-income individuals and families, supporting them in attaining long-term stability and better health outcomes for their children.			
Agency Description & Address	40849 Fremont Boulevard, Fremont http://www.abodeservices.org Abode Services' mission is to end homelessness by assisting low-income, un-housed people, including those with special needs, to secure stable, supportive housing; and to be advocates for the removal of the causes of homelessness.			
Program Delivery Site(s)	Services provided at locations in the District where program can engage with homeless individuals.			
Services Funded By Grant/How Funds Will Be Spent	Services include: <ul style="list-style-type: none">Staffing to provide move-in administration, stability support and navigation Full requested funding would support partial salary for supportive housing resource coordinator and program support costs.			
FY22 Funding	FY22 requested: \$75,000		FY22 recommended: \$60,000	
Funding History & Metric Performance	FY21	FY20	FY19	
	FY21 Requested: \$74,250 FY21 Approved: \$50,000 FY21 6-month metrics met: 0%	Did not Apply	FY19 ECH Approved: \$60,000 FY19 ECH Spent: \$60,000 FY19 6-month metrics met: 100% FY19 Annual metrics met: 100%	
FY22 Proposed Metrics	Metrics		6-month Target	Annual Target
	Individuals served		312	651
	Services provided		978	1,953
	Homeless clients who maintain stable housing		N/A	90%
	Homeless clients who report being satisfied or very satisfied with housing navigation		N/A	75%
	Homeless clients maintaining stable housing who report a moderate or significant improvement in overall health		N/A	35%

American Heart Association

Program Title	Healthy Hearts Initiative	Requested Amount: \$116,500
Program Abstract & Goal	<p>To continue the Healthy Hearts Initiative focused on reducing hypertension and pre-diabetes through the promotion of healthy lifestyles. This project focuses on four pillars of intervention: increasing awareness and public education, screening, identification and stratification, blood pressure treatment and control, data, follow-up and management. The American Heart Association (AHA) will continue to strategically partner with Ravenswood Community Health Center, community-based organizations and community health workers (CHW). High blood pressure is a major risk factor for diabetes and vice-versa. For this reason, this innovative community-to-clinic initiative will work to address hypertension and prediabetes in a multi-faceted way. The program includes the evidence-based, four-month Check.Change.Control. (CCC) intervention program, four Community Health Hubs screening events in Spring 2022, training of community health workers, and working to increase awareness, screenings and referrals. The goal is to build systems change with Ravenswood Community Health Center and other community-based organizations through screening and referrals.</p>	
Agency Description & Address	<p>1111 Broadway, Suite 1360, Oakland http://www.heart.org</p> <p>The American Heart Association (AHA) helps millions of people across the country to manage their blood pressure more efficiently. AHA's work in this area is critical because high blood pressure puts people in danger of heart disease and stroke, the leading causes of death in the world. They work to improve everyone's health through a wide variety of approaches including developing and funding groundbreaking science, providing public education, advocating for public health policies, improving the quality of health care, and teaching CPR.</p>	
Program Delivery Site(s)	<p>Services provided virtually, as needed, and at the following community locations:</p> <ul style="list-style-type: none"> • Columbia Neighborhood Center, Sunnyvale • Mountain View Community Center, Mountain View 	
Services Funded By Grant/How Funds Will Be Spent	<p>Services include:</p> <ul style="list-style-type: none"> • Community Screenings Heart Health Hubs (screenings, referrals and outreach) including blood pressure checks and diabetes assessment • Check.Change.Control intervention and hypertension and diabetes management program: <ul style="list-style-type: none"> ◦ Sessions provided by RN & Health Educators ◦ Blood pressure screening and A1C test for diabetes provided by RN (when in-person classes resume) ◦ New 28-day Challenge with blood pressure self-monitoring, healthy eating, physical activity, and mental and emotional well-being ◦ Classes provided in English, Spanish and Mandarin • Community Health Worker recruitment and training <p>Full requested funding would support partial salaries of staff, contract RNs and program support costs.</p>	

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FY22 Healthy Community Proposal Summary

HEALTHY
COMMUNITY



American Heart Association

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FY22 Funding	FY22 requested: \$116,500		FY22 recommended: \$110,000	
Funding History & Metric Performance	FY21	FY20	FY19	
	FY21 Requested: \$112,000 FY21 Approved: \$110,000 FY21 6-month metrics met: 40%	FY20 Approved: \$110,000 FY20 Spent: \$94,825 FY20 6-month metrics met: 67% FY20 Annual metrics met: 50%	FY19 Approved: \$103,000 FY19 Spent: \$103,000 FY19 6-month metrics met: 100% FY19 Annual metrics met: 100%	
FY22 Dual Funding	FY22 requested: \$80,000		FY22 recommended: \$50,000	
Dual Funding History & Metric Performance	FY21	FY20	FY19	
	New in FY22	New in FY22	New in FY22	
FY22 Proposed Metrics	Metrics		6-month Target	Annual Target
	Participants reached through education and community screenings		130	750
	Individuals served through Check.Change.Control blood pressure program		120	230
	Participants who improve blood pressure by 10mmHg		40%	40%
	Participants who are compliant with measuring their blood pressure eight times within the four months of the Check.Change.Control program		60%	60%
	Participants who report adopting healthy behaviors to improve blood pressure by self-reporting increased fruits and vegetables consumption		40%	40%
	Prediabetes participants (A1c above 5.7) of the program will improve an average A1c by 0.5% over four months		N/A	30%



FY22 Healthy Community Proposal Summary



Caminar

Program Title	Domestic Violence Survivor Services			Requested Amount: \$60,000
Program Abstract & Goal	To continue to deliver bilingual (English/Spanish), culturally competent and trauma-informed services for local survivors of domestic violence. These person-centered services increase personal and community safety, break cycles of violence and abuse, promote healing from the effects of trauma, and empower survivors to access local resources that promote health, stability, and self-sufficiency. Survivors will have access to various services, which are tailored to each survivor's present needs, strengths, and goals and adjusted in intensity as a survivor's circumstances change. These bicultural and trauma-informed services for domestic violence meet the needs of survivors and their children. Applying person-centered strategies, the program increase personal and community safety, break cycles of violence and abuse, and reduce the threat of harm for survivors and their children.			
Agency Description & Address	2600 S. El Camino Real, Suite 200, San Mateo http://www.caminar.org Caminar is a multi-county behavioral health care provider that applies science-based strategies to treating complex mental health, substance abuse, and co-occurring needs. Caminar focuses on the whole person and is known in the region for creating lasting improvements, and positive impacts for clients, families and communities. The Caminar teams combines validated behavioral health interventions and customized supports for clients with severe mental illness and behavioral health needs.			
Program Delivery Site(s)	Services are provided through telehealth and virtually, as needed, at agency site and at: <ul style="list-style-type: none"> • Ravenswood Family Health Network, Mountain View • At community venues convenient to the client and case management at court, police departments, the Family Justice Center, law offices, and other appointments 			
Services Funded By Grant/How Funds Will Be Spent	Services include: <ul style="list-style-type: none"> • Information/referral assistance and safety planning • Individual/family advocacy and counseling services, including new client intakes, case management, clinical case management, therapy, and crisis support, and coordination with other providers • Accompanying client to seek legal assistance for clinical care and visiting family resource centers • Support groups, including virtual sessions • Community outreach and education Full requested funding would support partial salaries for staff including a therapist and a bilingual advocate as well as some program support costs.			
FY22 Funding	FY22 requested: \$60,000		FY22 recommended: \$60,000	
Funding History & Metric Performance	FY21	FY20	FY19	
	FY21 Requested: \$60,000 FY21 Approved: \$50,000 FY21 6-month metrics met: 100%	FY20 Approved: \$50,000 FY20 Spent: \$50,000 FY20 6-month metrics met: 80% FY20 Annual metrics met: 80%	FY19 Approved: \$50,000 FY19 Spent: \$18,130 FY19 6-month metrics met: 100% FY19 Annual metrics met: 75%	

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Caminar

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	<i>Metrics</i>	<i>6-month Target</i>	<i>Annual Target</i>
<i>FY22 Proposed Metrics</i>	Individuals served	30	60
	Service hours provided (counseling, support groups, advocacy, and education)	350	700
	Participants will report feeling more hopeful about their futures	85%	85%
	Participants will maintain or improve their economic security	60%	60%
	Participants who report that services are helpful to their healing process	85%	85%
	Counseling/advocacy beneficiaries who will report increased knowledge of domestic violence and safety strategies	90%	90%

FY22 Healthy Community Proposal Summary

HEALTHY
COMMUNITY



Chinese Health Initiative

Program Title	Chinese Health Initiative (CHI)		Requested Amount: \$267,000
Program Abstract & Goal	CHI at El Camino Health addresses the unique health disparities in the growing Chinese population, and accommodates cultural preferences in education, screening, and the delivery of healthcare. CHI promotes awareness and prevention of health conditions that commonly affect the Chinese population by providing culturally and linguistically appropriate outreach and education. CHI provides education and prevention on diabetes, hypertension and hepatitis B in addition to resource and physician referral to promote access to care and services. CHI also delivers culturally tailored healthy lifestyle programs for Chinese community. Health education workshops, available in both English and Chinese, are conducted by registered dietitians, certified diabetes educators, and physicians in primary care and specialties.		
Agency Description & Address	2500 Grant Road, Mountain View El Camino Health's mission is to heal, relieve suffering and advance wellness as a publicly accountable health partner.		
Program Delivery Site(s)	Services will be delivered virtually and at various community sites including senior centers and community centers.		
Services Funded By Grant/How Funds Will Be Spent	<p>Services include:</p> <ul style="list-style-type: none"> • Conducting educational workshops to raise awareness of health disparities • Providing screenings, health consultations with a dietitian and resource support through the call center or from event outreach • Producing health literature such as newspaper articles and other print material addressing health concerns specific to the Chinese community • Providing the online Chinese-speaking Physician Referral Network List or Health Resource Guide for Seniors <p>Full requested funding would support partial salary for staffing and program materials for screenings and outreach.</p>		
FY22 Funding	FY22 requested: \$267,000		FY22 recommended: \$267,000
Funding History & Metric Performance	FY21	FY20	FY19
	FY21 Requested: \$269,030 FY21 Approved: \$269,030 FY21 6-month metrics met: 100%	FY20 Approved: \$235,000 FY20 Spent: \$178,402 FY20 6-month metrics met: 67% FY20 Annual metrics met: 100%	FY19 Approved: \$250,000 FY19 Spent: \$250,000 FY19 6-month metrics met: 100% FY19 Annual metrics met: 100%
FY22 Dual Funding	FY22 requested: \$42,000		FY22 recommended: \$42,000
Dual Funding History & Metric Performance	FY21	FY20	FY19
	FY21 Requested: \$46,064 Did Not Fund	FY20 Approved: \$35,000 FY20 Spent: \$35,000 FY20 6-month metrics met: 100% FY20 Annual metrics met: 100%	FY19 Approved: \$40,000 FY19 Spent: \$40,000 FY19 6-month metrics met: 100% FY19 Annual metrics met: 100%
FY22 Proposed Metrics	Metrics		6-month Target
	Individuals served		1,105
	Services provided, including dietitian consultations and chronic disease health education workshops		1,275
	Diabetes Learning Series participants who achieve the target goal of Body Mass Index (BMI) at or below 23		60%
	Participants who strongly agree or agree that dietitian consultations help them improve their eating habits		90%
	Participants who strongly agree or agree that the program's health education or screening helps them better manage their health		92%



Columbia Neighborhood Center (City of Sunnyvale)

Program Title	ShapeUp Sunnyvale		Requested Amount: \$45,508	
Program Abstract & Goal	To continue ShapeUp Sunnyvale, a fitness and healthy cooking program for low-income, Sunnyvale youth and adults. The program aligns with Columbia Neighborhood Center's (CNC) Active Living and Healthy Eating Initiative. Outreach will focus on low-income Latinx students and families at five public schools in north Sunnyvale. Kidsdata.org reported an average of 33.7% obesity rate for Sunnyvale youth in Grade 7 in 2018 with 47.6% of Sunnyvale's Latinx 7th graders and 49.5% of Latinx 5 th graders overweight or obese. The program will give highest priority to low-income Sunnyvale residents as defined by youth on their school's free/reduced lunch program or families/adults receiving public assistance. In addition, CNC will reach out to local community health clinic partners for referrals of their patients. The goal of ShapeUp Sunnyvale is to encourage healthier behaviors and to develop skills in youth and parents/guardians for long-term impact. These programs complement the wide range of health and wellness programs at CNC.			
Agency Description & Address	785 Morse Avenue, Sunnyvale http://https://sunnyvale.ca.gov/community/centers/neighborhood/default.htm Columbia Neighborhood Center (CNC) is a partnership between the Sunnyvale Elementary School District and the City of Sunnyvale. CNC supports and empowers youth and families so that the children of the community will develop the life skills necessary to be successful in school and beyond. The Centers' priorities are to serve: a) at-risk, limited income Sunnyvale youth as defined by their ability to qualify free and Reduced-Price School meals and/or the City's fee waiver program, and b) families in Sunnyvale with limited access to basic services.			
Program Delivery Site(s)	At agency site and virtually, as needed, as well as: <ul style="list-style-type: none">Sunnyvale Community CenterWashington Swim Center, SunnyvaleFremont Swim Complex, Sunnyvale			
Services Funded By Grant/How Funds Will Be Spent	Services, offered in English, Mandarin and Spanish, include: <ul style="list-style-type: none">Youth fitness and cooking program: after school sessionsTeen Fitness Challenge: two four-week sessionsYoung Children & Families Cooking & Nutrition Program Full requested funding would support partial staff salaries and some program support costs.			
FY22 Funding	FY22 requested: \$45,508FY22 recommended: \$35,000			
Funding History & Metric Performance	FY21		FY20	
	FY21 Requested: \$41,593 FY21 Approved: \$25,000 FY21 6-month metrics met: 100%		FY20 Approved: \$24,500 FY20 Spent: \$16,206 FY20 6-month metrics met: 0% FY20 Annual metrics met: 0%	
FY22 Proposed Metrics	Metrics		6-month Target	Annual Target
	Individuals served		25	75
	Services provided (fitness and cooking classes)		240	780
	Participants who report at least a 45 minute weekly increase in moderate to strenuous physical activity as assessed by pre/post survey.		80%	85%
	Participants who report learning at least two new recipes or tried at least two new healthy ingredients in their home cooked meals or snacks.		70%	80%
	Participants who report increasing their home cooked meals/snacks by at least two per week for a month.		60%	70%

Health Library & Resource Center, Mountain View

Program Title	Health Library & Resource Center, Mountain View		Requested Amount: \$210,000	
Program Abstract & Goal	The Health Library and Resource Center (HLRC) serves to improve health literacy and knowledge of care options for patients, families and caregivers. The HLRC is open to all community members. Individuals seek accurate and up-to-date health information to assist them in making healthy lifestyle choices and to aid them in effectively partnering with their healthcare providers and connect them to community resources. The HLRC directs community members to information sources suitable to their needs, interests and abilities. The services are provided at the HLRC in Mountain View, by telephone, online and at senior centers or community centers.			
Agency Description & Address	2500 Grant Road, Mountain View El Camino Health's mission is to heal, relieve suffering and advance wellness as a publicly accountable health partner.			
Program Delivery Site(s)	Services will be provided virtually, by phone and at the Health Library and Resource Center at El Camino Hospital, Mountain View and open to all members of the local community.			
Services Funded By Grant/How Funds Will Be Spent	<p>Services include:</p> <ul style="list-style-type: none">• Providing access to vetted print, electronic, and online information sources coupled with professional assistance in selecting appropriate resources• Providing resources to local senior centers• Providing no-cost access to blood pressure screenings, consultations with a dietitian and pharmacist, Advance Healthcare Directive assistance, Medicare counselor and eldercare consultations <p>Full requested funding would support a Medical Librarian and a partial Coordinator, as well as supplies such as subscriptions.</p>			
FY22 Funding	FY22 requested: \$210,000FY22 recommended: \$210,000			
Funding History & Metric Performance	FY21	FY20	FY19	
	FY21 Requested: \$210,000 FY21 Approved: \$210,000 FY21 6-month metrics met: 75%	FY20 Approved: \$210,000 FY20 Spent: \$159,286 FY20 6-month metrics met: 100% FY20 Annual metrics met: 100%	FY19 Approved: \$250,000 FY19 Spent: \$250,000 FY19 6-month metrics met: 50% FY19 Annual metrics met: 100%	
FY22 Proposed Metrics	Metrics		6-month Target	Annual Target
	Individuals served		4,000	8,000
	Services provided		4,500	10,100
	Community members who strongly agree or agree that the library services have been valuable in helping me manage my health or that of a friend or family member		65%	65%
	Community members who strongly agree or agree that the library information is appropriate to my needs		80%	80%

Falls Prevention Program

Program Title	Falls Prevention Program		Requested Amount: \$46,349
Program Abstract & Goal	This program aims to reduce falls, fear of falling and fall injuries for older adults. This program provides Occupational Therapy appointments, classes to improve balance and prevent falls as well as education. Falling one time doubles the chance of falling again; 1 in 5 falls results in injuries such as broken bones or head injury while 3 million older adults are treated in emergency departments nationally each year after falling. Preventable unintentional injuries are 5% of all deaths in the county and 67% of those unintentional injuries are from senior falls.		
Agency Description & Address	300 Pasteur Drive, MC 5898, Stanford The Trauma Center at Stanford Health Care provides specialized care to over 2,500 patients every year. The Trauma Center is a verified Level 1 Trauma Center for both adults and children.		
Program Delivery Site(s)	Services will be provided at patient homes in the District, Mountain View Senior Center and Sunnyvale Senior Center		
Services Funded By Grant/How Funds Will Be Spent	<p>Services include:</p> <ul style="list-style-type: none"> • Providing two home visits by an Occupational Therapist (OT) who reviews home safety, assesses the older adult's strength and balance, medications, home safety, and other factors that contribute to fall risk and provide a return visit at one year for reevaluation • Providing a pharmacy review and medication report from a pharmacist • Conducting monthly phone calls to check on fall status and reinforce OT recommendations • Conducting eight evidence-based falls prevention classes at various senior centers and sites for older adults at-risk for falls <p>Full requested funding would support partial salaries for staffing Occupational Therapists and program safety supplies.</p>		
FY22 Funding	FY22 requested: \$46,349		FY22 recommended: \$46,100
Funding History & Metric Performance	FY21	FY20	FY19
	<i>Farewell to Falls</i> FY21 Requested: \$38,150 FY21 Approved: \$35,000 FY21 6-month metrics met: 67%	<i>Farewell to Falls</i> FY20 Approved: \$31,800 FY20 Spent: \$24,294 FY20 6-month metrics met: 67% FY20 Annual metrics met: 33%	<i>Farewell to Falls</i> FY19 Approved: \$26,600 FY19 Spent: \$25,737 FY19 6-month metrics met: 100% FY19 Annual metrics met: 67%
	FY21	FY20	FY19
	<i>Matter of Balance</i> FY21 Requested: \$16,735 FY21 Approved: \$15,500 FY21 6-month metrics met: 100%	<i>Matter of Balance</i> FY20 Approved: \$15,500 FY20 Spent: \$13,399 FY20 6-month metrics met: 100% FY20 Annual metrics met: 0%	<i>Matter of Balance</i> FY19 Approved: \$14,330 FY19 Spent: \$14,330 FY19 6-month metrics met: 100% FY19 Annual metrics met: 100%
	Metrics		6-month Target
	Individuals served		50
FY22 Proposed Metrics	Services provided		86
	Older adults who make home modifications as recommended by Occupational Therapist during appointment		55%
	Older adults who report informing family member or friend about how to reduce falls		65%
	Older adults who did not have an injurious fall requiring medical attention		75%
			75%

LifeMoves – Mountain View Homeless Shelter

Program Title	LVN and Behavioral Health Services	Requested Amount: \$160,000
Program Abstract & Goal	<p>LifeMoves is opening a new homeless shelter in Mountain View during spring 2021, the first year-round shelter in Mountain View. This proposal is to support LifeMoves on-site behavioral health program and a licensed vocational nurse (LVN) to assist older clients with medical management and other health care needs at the new shelter. El Camino Health has supported LifeMoves behavioral health services at three shelters in San Jose for three years. The new Mountain View shelter will prioritize serving seniors; most older homeless individuals have one or more chronic health conditions and may be taking multiple medications. The LVN will conduct health screenings and assessments, connect clients to primary care services, accompany clients to appointments, assist clients with managing their medications, and otherwise ensures that clients are making and keeping primary care appointments, rather than using hospital emergency rooms for care that can be better addressed in other settings. The LVN will also assist clients with getting the COVID vaccine. The objectives of the Behavioral Health services are (1) to screen homeless clients for behavioral health conditions, and (2) to connect those needing services to on-site services. This continued behavioral health support has proven to be very useful in helping clients successfully transition out of homelessness and into stable housing and self-sufficiency.</p>	
Agency Description & Address	<p>181 Constitution Drive, Menlo Park http://www.lifemoves.org</p> <p>LifeMoves is the largest and most innovative nonprofit committed to ending the cycle of homelessness for families and individuals in Santa Clara and San Mateo Counties. As a financially stable and results-driven organization, since 1987 they have provided interim housing and supportive services for homeless families and individuals to rapidly return to stable housing and achieve long-term self-sufficiency. LifeMoves currently operates 24 facilities and service sites from Daly City to San Jose, including 10 shelters, outreach programs, a drop-in center, permanent supportive housing sites, safe parking sites, rapid re-housing and motel voucher programs, as well as homelessness prevention assistance. Agency is opening their newest shelter in Mountain View in 2021.</p>	
Program Delivery Site(s)	At agency's new homeless shelter in Mountain View (opening May 2021)	
Services Funded By Grant/How Funds Will Be Spent	<p>Services include:</p> <ul style="list-style-type: none"> Licensed Vocation Nurse (LVN) services: <ul style="list-style-type: none"> Managing medications for clients Facilitating primary care appointments Facilitating return appointments and other follow-up care BehavioralMoves services: <ul style="list-style-type: none"> Screening adult clients for behavioral health needs at program entry Individual behavioral health therapy sessions Milieu therapy sessions on-site Group counseling sessions on-site <p>Full requested funding would support an LVN and partial salaries for the Director of Behavioral Health and other staff positions as well as some program support costs.</p>	

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FY22 Healthy Community Proposal Summary

HEALTHY
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LifeMoves - Mountain View Homeless Shelter

[Continued from previous page]

FY22 Funding	FY22 requested: \$160,000		FY22 recommended: \$160,000	
Funding History & Metric Performance	FY21	FY20	FY19	
	New in FY22	New in FY22	New in FY22	
FY22 Dual Funding	FY22 requested: \$65,000		FY22 recommended: \$60,000	
Dual Funding History & Metric Performance	FY21	FY20	FY19	
	FY21 Requested: \$65,000 FY21 Approved: \$60,000 FY21 6-month metrics met: 100%	FY20 Approved: \$50,000 FY20 Spent: \$50,000 FY20 6-month metrics met: 100% FY20 Annual metrics met: 100%	FY19 Approved: \$25,000 FY19 Spent: \$25,000 FY19 6-month metrics met: 100% FY19 Annual metrics met: 100%	
FY22 Proposed Metrics	Metrics		6-month Target	Annual Target
	Individuals served through behavioral health services		75	200
	Individuals served by LVN		50	125
	Services provided (behavioral health and LVN)		475	1,500
	LVN services		300	1,000
	Behavioral health services (screening and therapy)		175	500
	Clients who attend at least three individual therapy sessions who report improved functioning and well-being		80%	85%
	Clients who learned how trauma affects themselves and their family		70%	75%
	LVN clients will report feeling improved health due to medication management and other support with health care services		65%	75%



FY22 Healthy Community Proposal Summary



Maitri

Program Title	South Asian Domestic Violence Survivor Services		Requested Amount: \$50,000	
Program Abstract & Goal	Provide comprehensive services for South Asian and immigrant survivors of domestic violence, helping them overcome the effects of violence so that they may achieve self-sufficiency and improved wellness Services include: transitional housing, case management, legal and immigration services, peer counseling, economic empowerment services and outreach services at community events. Maitri provides pathways to self-sufficiency that impact social determinants of health and address homelessness, economic security, and overall wellness, which in turn positively impacts the overall community.			
Agency Description & Address	P.O. Box 697, Santa Clara http://www.maitri.org Maitri’s mission is to empower South Asian survivors of domestic violence (DV) to lead lives of dignity and self-sufficiency through holistic programs, and to enable healthy relationships and gender equity through community education, engagement, and advocacy. Maitri envisions a society where all relationships are built on dignity, equity, and compassion. Services include its helpline, peer counseling, Transitional Housing (TH), legal advocacy, Economic Empowerment (EEP), mental health support, volunteer engagement, outreach, and prevention programs.			
Program Delivery Site(s)	At agency site and virtually or by phone, as needed. Agency location and other sites are used, but addresses are not published for the safety of clients and staff.			
Services Funded By Grant/How Funds Will Be Spent	Services will include: <ul style="list-style-type: none">• Legal advocacy sessions and support accessing legal representation• Transitional housing, case management• Peer counseling sessions• Economic Empowerment (EEP) workshops and individual EEP sessions• Immigration services• Job skills training via community partnerships Full requested funding would support partial salaries for staff and some program support costs.			
FY22 Funding	FY22 requested: \$50,000		FY22 recommended: \$50,000	
Funding History & Metric Performance	FY21	FY20	FY19	
	FY21 Requested: \$50,000 FY21 Approved: \$50,000 FY21 6-month metrics met: 80%	FY20 Approved: \$50,000 FY20 Spent: \$50,000 FY20 6-month metrics met: 100% FY20 Annual metrics met: 100%	FY19 Approved: \$50,000 FY19 Spent: \$50,000 FY19 6-month metrics met: 100% FY19 Annual metrics met: 100%	
FY22 Proposed Metrics	Metrics		6-month Target	Annual Target
	Adults served		22	50
	Services provided		45	95
	Legal clients who report increased awareness of their legal rights		75%	75%
	Crisis callers will benefit from a safety plan to increase their safety		75%	75%
	Clients will achieve their economic security goals, which may include finding a job, taking educational courses, or becoming more financially literate		70%	70%

Rebuilding Together Peninsula

Program Title	Safe at Home Program for Older Adults			Requested Amount: \$75,000
Program Abstract & Goal	This program targets fall risk factors in and around the home through home repairs and/or modifications for low-income, older adults. These at-risk adults are identified as "fall risks" by age, formal fall risk assessment tool or by referring agencies and institutions.			
Agency Description & Address	841 Kaynyne Street, Redwood City https://www.rebuildingtogetherpeninsula.org/ Rebuilding Together Peninsula (RTP) has provided critical health and safety repairs for over 26 years. RTP envisions a safe and healthy home for every person, with repair programs serving seniors, people with disabilities, veterans, and families. RTP's free repair services ensure that neighbors without financial resources can safely live independently in their own home.			
Program Delivery Site(s)	The program will be delivered at the homes of community members who live, work or go to school in the District's boundaries.			
Services Funded By Grant/How Funds Will Be Spent	Services include: <ul style="list-style-type: none"> • Providing partial staffing, including program manager and part-time repair technicians • Administering environmental fall risk assessment and developing a customized home safety plan, using guidelines developed in partnership with the Administration on Aging and the American Occupational Therapy Association • Reducing risks through no cost home repairs and home modification Full requested funding would primarily support program materials such as safety grab bars and ramps, as well as partial staffing.			
FY22 Funding	FY22 requested: \$75,000		FY22 recommended: DNF	
Funding History & Metric Performance	FY21	FY20	FY19	
	FY21 Requested: \$78,000 FY21 Approved: \$75,000 FY21 6-month metrics met: 100%	FY20 Approved: \$78,000 FY20 Spent: \$78,000 FY20 6-month metrics met: 100% FY20 Annual metrics met: 67%	FY19 Approved: \$75,000 FY19 Spent: \$75,000 FY19 6-month metrics met: 100% FY19 Annual metrics met: 100%	
FY22 Dual Funding	FY22 requested: \$30,000		FY22 recommended: \$30,000	
Dual Funding History & Metric Performance	FY21	FY20	FY19	
	FY21 Requested: \$30,000 FY21 Approved: \$30,000 FY21 6-month metrics met: 100%	New in FY21	New in FY21	
FY22 Proposed Metrics	Metrics		6-month Target	Annual Target
	Older adults served		11	22
	Homes assessed and modifications provided for older adults or individuals at higher risk of fall (i.e. disability or illness)		55	110
	Recipients who report feeling safer in their homes after completed home repairs		90%	90%
	Recipients who report not having an unintentional injury resulting from a fall in their home after completed home repairs		90%	90%
	Older adults who report being able to move around their home with little to no difficulty		85%	85%
	Participants reporting that their home is easier to maintain since RTP completed repairs		80%	80%

FY22 Healthy Community Proposal Summary



RoadRunners

Program Title	RoadRunners Transportation for Older Adults		Requested Amount: \$240,000	
Program Abstract & Goal	This program ensures seniors and disabled community members have access to medical care by providing safe, timely and compassionate transport while helping older adults maintain independence. RoadRunners is a community-based transportation service that is available to ambulatory clients and patients, specializing in seniors and the disabled who are unable to drive. RoadRunners serve a growing number of seniors who are no longer able to drive and may face isolation and loneliness in addition to limited access to medical care. The service takes community members to and from vital community services, programs, and places that support their health.			
Agency Description & Address	2500 Grant Road, Mountain View El Camino Health's mission is to heal, relieve suffering and advance wellness as a publicly accountable health partner.			
Program Delivery Site(s)	Delivery sites within the District			
Services Funded By Grant/How Funds Will Be Spent	Services include: <ul style="list-style-type: none">Transporting individuals to medical appointments and other necessary services (i.e. COVID testing/vaccinations, pharmacy etc.)Volunteer recruitment and coordinationOutreach to local senior centers, community services agencies and other senior focused programs about available services Full requested funding would support salaries for staffing, rides and program supplies.			
FY22 Funding	FY22 requested: \$240,000		FY22 recommended: \$240,000	
Funding History & Metric Performance	FY21	FY20	FY19	
	FY21 Requested: \$240,000 FY21 Approved: \$240,000 FY21 6-month metrics met: 50%	FY20 Approved: \$230,000 FY20 Spent: \$204,760 FY20 6-month metrics met: 100% FY20 Annual metrics met: 75%	FY19 Approved: \$250,353 FY19 Spent: \$250,353 FY19 6-month metrics met: 100% FY19 Annual metrics met: 100%	
FY22 Proposed Metrics	Metrics		6-month Target	Annual Target
	Individuals served		350	700
	Rides provided		2,500	5,200
	Older adults who strongly agree or agree services helped in maintaining their independence		91%	91%
	Older adults who strongly agree or agree services made it possible to get to their medical appointments		95%	95%

Second Harvest Food Bank

Program Title	Access to Healthy Food		Requested Amount: \$150,000	
Program Abstract & Goal	This program will provide food insecure community members in the District with nutritious foods. The program will purchase and distribute nutrient dense foods, such as fresh fruits and vegetables, milk, eggs, dairy, meat, beans, lentils and whole grains at no-cost to low-income community members. Nutrition education will also be provided to clients, including live cooking demonstrations on Zoom, digital presentations, and cooking videos and recipe cards. Second Harvest Food Bank served 81% more people and distributed 60% more food than before the pandemic. Of the community members served, 70% live in a household that has experienced a reduction in work hours or job loss, 57% have less than \$100 in savings, 50% delayed paying their rent/mortgage during the pandemic and 70% of those who are employed are essential workers.			
Agency Description & Address	4001 N. 1st St, San Jose http://www.shfb.org Second Harvest of Silicon Valley's mission is to lead the community to ensure that anyone who needs a healthy meal can get one.			
Program Delivery Site(s)	Services will be provided at distribution sites in Mountain View and Sunnyvale.			
Services Funded By Grant/How Funds Will Be Spent	Services include: <ul style="list-style-type: none">Purchasing a variety of nutritious foods that will be distributed at no-cost to low-income food insecure clients in Mountain View and Sunnyvale Full requested funding would support the purchase of nutritious food.			
FY22 Funding	FY22 requested: \$150,000		FY22 recommended: \$90,000	
Funding History & Metric Performance	FY21	FY20	FY19	
	New in FY22	New in FY22	New in FY22	
FY22 Proposed Metrics	Metrics		6-month Target	Annual Target
	Individuals served		1,200	2,400
	Food distribution to food insecure clients per week (in pounds)		427,000	854,000
	Fresh produce distribution to food insecure clients per week		213,500	427,000
	Food insecure clients who report preparing at least one new recipe using the nutritious foods from the distribution		15%	15%
	Food insecure clients who report trying at least one new produce item from the distribution		35%	35%

South Asian Heart Center

Program Title	AIM to Prevent Heart Attacks and Diabetes		Requested Amount: \$300,000	
Program Abstract & Goal	This program will enroll, screen and coach participants in its Assess, Intervene and Manage (AIM) to Prevent program, a specialized, evidence-based, three phase prevention program: 1) Assess with advanced and comprehensive screening to uncover hidden risks, 2) Intervene with culturally-appropriate Lifestyle MEDS™ counseling and 3) Manage with personalized, heart health coaching.			
Agency Description & Address	2500 Grant Road, Mountain View https://www.southasianheartcenter.org El Camino Health's mission is to heal, relieve suffering and advance wellness as a publicly accountable health partner.			
Program Delivery Site(s)	Services will be provided virtually, by phone and at agency site.			
Services Funded By Grant/How Funds Will Be Spent	Services include: <ul style="list-style-type: none">• Conducting health assessment and engaging participants in the AIM to Prevent Program• Providing outreach, workshops on lifestyle topics, specialized nutrition and exercise counseling• Delivering trainings that provide Continued Medical Education (CME) units to train physicians on evidence-based practice methods and research data to encourage patient referrals and collaborate on a health plan Full requested funding would support partial staffing and program supplies.			
FY22 Funding	FY22 requested: \$300,000		FY22 recommended: \$300,000	
Funding History & Metric Performance	FY21	FY20	FY19	
	FY21 Requested: \$210,000 FY21 Approved: \$210,000 FY21 6-month metrics met: 100%	FY20 Approved: \$140,000 FY20 Spent: \$116,669 FY20 6-month metrics met: 100% FY20 Annual metrics met: 100%	FY19 Approved: \$180,000 FY19 Spent: \$180,000 FY19 6-month metrics met: 100% FY19 Annual metrics met: 100%	
FY22 Dual Funding	FY22 requested: \$100,000		FY22 recommended: \$100,000	
Dual Funding History & Metric Performance	FY21	FY20	FY19	
	FY21 Requested: \$210,000 FY21 Approved: \$75,000 FY21 6-month metrics met: 100%	FY20 Approved: \$110,000 FY20 Spent: \$110,000 FY20 6-month metrics met: 100% FY20 Annual metrics met: 100%	FY19 Approved: \$170,000 FY19 Spent: \$170,000 FY19 6-month metrics met: 100% FY19 Annual metrics met: 100%	
FY22 Proposed Metrics	Metrics		6-month Target	Annual Target
	Individuals served		180	400
	Services provided		975	2,075
	Improvement in average level of weekly physical activity from baseline		21%	21%
	Improvement in average levels of daily servings of vegetables from baseline		20%	20%
	Improvement in levels of HDL-C as measured by follow-up lab test		5%	5%
	Improvement in cholesterol ratio as measured by follow-up lab test		6%	6%

Sunnyvale Community Services

Program Title	Social Work and Homebound Case Management		Requested Amount: \$199,043
Program Abstract & Goal	To continue the Social Work Case Management and Homebound Case Management programs, which are focused on improving the health and wellness of the most vulnerable community members by preventing or alleviating homelessness. Care management triage system allows intake case workers to quickly assess each client's risk and determine the level of care and support needed to address their immediate housing and health concerns. The specialized assessments administered at first contact allow a case worker to identify which clients are at greatest risk and should be referred to the Social Work Case Manager. For the Homebound Case Management program, case managers visits each client's home to perform a needs assessment, recommend services and referrals, as appropriate, monitor clients on an ongoing basis, and work with Santa Clara County's Food and Nutrition Department to strengthen and streamline the Home Food Delivery program.		
Agency Description & Address	725 Kifer Road, Sunnyvale http://www.svcommunityservices.org The mission of Sunnyvale Community Services (SCS) is to prevent homelessness and hunger for low-income families and seniors facing temporary crises. SCS is the Emergency Assistance Network (EAN) agency for all Sunnyvale zip codes. As the local safety net agency, SCS addresses basic needs to help families and seniors gain and retain housing with food on the table, utilities turned on while promoting self-sufficiency.		
Program Delivery Site(s)	Services provided at agency site, at client homes for Homebound Services and virtually or by phone, as needed		
Services Funded By Grant/How Funds Will Be Spent	Services include: <ul style="list-style-type: none"> • Initial intake assessment • Care coordination and referrals to public benefits and safety net services • Development of a needs assessment and case plan for each household • Weekly follow-up meetings and quarterly assessments • Accompaniment to medical or legal appointments, as needed • Monthly monitoring checks by telephone or in person • Assistance and advocacy with applications to support access to social benefits, e.g., health care, nutrition programs, affordable housing, child care • Access to financial management and health and nutrition programs and services Full requested funding would support partial staff salaries including a Social Work Case Manager, Homebound Services Coordinator and a Case Worker/Intake Coordinator.		
FY22 Funding	FY22 requested: \$199,043		FY22 recommended: \$165,000
Funding History & Metric Performance	FY21	FY20	FY19
	FY21 Requested: \$160,000 FY21 Approved: \$154,000 FY21 6-month metrics met: 75%	FY20 Approved: \$153,344 FY20 Spent: \$153,344 FY20 6-month metrics met: 50% FY20 Annual metrics met: 100%	FY19 Approved: \$85,400 FY19 Spent: \$85,400 FY19 6-month metrics met: 100% FY19 Annual metrics met: 80%

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Sunnyvale Community Services

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	<i>Metrics</i>	<i>6-month Target</i>	<i>Annual Target</i>
<i>FY22 Proposed Metrics</i>	Individuals served	80	210
	Services provided (case management and homebound client services)	370	900
	Case management clients whose scores on the Step Up Silicon Valley Self-Sufficiency Measure improve to an average of 3.0 or higher six months after entering program.	80%	80%
	Sheltered clients who maintain housing for 60 days after financial assistance and referrals	90%	90%
	Homebound clients who are connected to appropriate benefits programs, support programs and resources	70%	70%

Sunnyvale Community Services

Program Title	Comprehensive Safety Net Services		Requested Amount: \$75,000
Program Abstract & Goal	To help Sunnyvale Community Services (SCS) improve the health and housing stability of low-income Sunnyvale residents who have medical issues. SCS case workers will provide families and individuals with emergency financial aid when they are in danger of eviction because of the financial strain of a medical condition. The program provides financial aid for medically-related equipment such as wheelchairs, walkers and ramps to homebound clients. These financial interventions can keep people stably housed, preventing the time-consuming and costly process of getting re-housed after an eviction. They can also enable people with mobility challenges to keep living independently in their own homes instead of having to move to a care facility. Even before the pandemic, the financial pressures on low-income Sunnyvale households were increasing as the economic divide in Silicon Valley grew wider. As with other safety-net agencies, SCS saw a dramatic increase in requests for assistance after the pandemic began and, while the end of the pandemic is in sight, economic disruptions will continue.		
Agency Description & Address	725 Kifer Road, Sunnyvale http://www.svcommunityservices.org The mission of Sunnyvale Community Services (SCS) is to prevent homelessness and hunger for low-income families and seniors facing temporary crises. SCS is the Emergency Assistance Network (EAN) agency for all Sunnyvale zip codes. As the local safety net agency, SCS addresses basic needs to help families and seniors gain and retain housing with food on the table, utilities turned on while promoting self-sufficiency.		
Program Delivery Site(s)	Services provided at agency site, at client homes and virtually or by phone, as needed		
Services Funded By Grant/How Funds Will Be Spent	Services include: <ul style="list-style-type: none"> Financial assistance for medically-related bills Financial assistance for medical equipment for homebound clients Full requested funding would support financial aid for medically related bills and medical equipment.		
FY22 Funding	FY22 requested: \$75,000		FY22 recommended: \$75,000
Funding History & Metric Performance	FY21	FY20	FY19
	FY21 Requested: \$100,000 FY21 Approved: \$65,000 FY21 6-month metrics met: 50%	FY20 Approved: \$65,000 FY20 Spent: \$65,000 FY20 6-month metrics met: 100% FY20 Annual metrics met: 100%	FY19 Approved: \$100,000 FY19 Spent: \$100,000 FY19 6-month metrics met: 100% FY19 Annual metrics met: 80%
FY22 Proposed Metrics	Metrics		6-month Target
	Individuals served		60
	Individuals receiving financial assistance for medically related bills who are still housed 60 days after assistance - if they are not homeless when assisted		80%
	Homebound recipients who are able to continue living independently.		85%

FY22 Healthy Community Proposal Summary

HEALTHY
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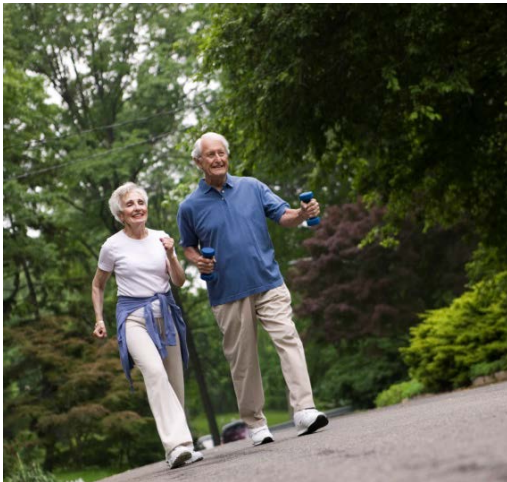
YMCA of Silicon Valley

Program Title	YMCA Summer Camp		Requested Amount: \$65,000	
Program Abstract & Goal	This program aims to promote physical activity and healthier food choices amongst youth and is committed to fostering health and well-being practices in out-of-school time programs, using science-based standards for healthy eating, physical activity, screen time, and social supports for these behaviors including staff, family and youth engagement.			
Agency Description & Address	80 Saratoga Avenue, Santa Clara http://www.ymcasv.org The YMCA's mission is to strengthen the community by improving the quality of life and inspiring individuals and families to develop their fullest potential in spirit, mind and body by focusing on three core areas: youth development, healthy living, and social responsibility.			
Program Delivery Site(s)	YMCA Mountain View			
Services Funded By Grant/How Funds Will Be Spent	Services include: <ul style="list-style-type: none">Providing summer camps to low-income youth that focus on physical activity and fitness, healthy meals, healthy lifestyles, water safety, caring adult role models and leadership for youth Full requested funding would support staffing for camp leaders and program supplies.			
FY22 Funding	FY22 requested: \$65,000		FY22 recommended: \$65,000	
Funding History & Metric Performance	FY21	FY20	FY19	
	FY21 Requested: \$75,000 FY21 Approved: \$65,000 FY21 6-month metrics met: 67%	FY20 Approved: \$70,000 FY20 Spent: \$70,000 FY20 6-month metrics met: 33% FY20 Annual metrics met: 33%	FY19 Approved: \$75,000 FY19 Spent: \$75,000 FY19 6-month metrics met: 100% FY19 Annual metrics met: 100%	
FY22 Proposed Metrics	Metrics		6-month Target	Annual Target
	Youth served		275	400
	Families who agree or strongly that their children were more physically active after attending camp		85%	85%
	Families who agree or strongly agree that their child eats more fruits and vegetables after attending camp		85%	85%
	Families who state that the healthy meals/snacks served in camp were good or excellent		85%	85%



Community Benefit Support Grant Summaries Fiscal Year 2022

The purpose of the Support Grants Program is to support small- to mid-size nonprofit organizations (with annual operating budgets of less than \$1 million) that provide vital health services to individuals who live, work, or go to school in the District. Grants of up to \$30,000 will be awarded with fewer reporting requirements. Grant funds may be used for programmatic and operational needs.



Dedicated to improving the health and well-being of the people in our community.

FY22 Healthy Body Proposal Summary



5-2-1-0 – Health Awareness Program (Support Grant)

Program Title	5-2-1-0 Health Awareness Program - Numbers to Live By		Requested Amount: \$30,000
Program Abstract & Goal	<p>The 5-2-1-0 Health Awareness Program is built on evidence-based recommendations from groups such as the American Academy of Pediatrics, US Department of Health and Human Services and the National Association for Sport & Physical Education. The 5-2-1-0 health behaviors includes: 5 or more servings of fruits and vegetables, 2 or fewer hours of recreational screen time, 1 or more hours of physical activity and 0 sweetened beverages. The program offers nutrition lessons and wellness education provided by Health Educators. Elementary school-aged children, parents, school staff and administrators will benefit from the services provided to promote ongoing health and wellness messages. Program offerings include 5th and 3rd grade nutrition lessons, physical activity contests, and after school programming. In addition, the program partners with community organizations to provide additional education and informative presentations to staff and administrators throughout the school year.</p>		
Agency Description & Address	<p>701 E. El Camino Real, Mountain View http://www.pamf.org/ynp/5210/</p> <p>The purpose of the 5-2-1-0 Health Awareness Program is to increase nutritional awareness and competency among youth within the service area and to create environments that make healthy choices easier choices for families and children. This program is a partnership between El Camino Health and the Palo Alto Medical Foundation for Health Care, Research and Education (PAMF), a not-for-profit health care organization dedicated to enhancing health.</p>		
Program Delivery Site(s)	<p>Services will be provided at 11 schools in Sunnyvale:</p> <ul style="list-style-type: none"> Bishop Elementary Cherry Chase Elementary Columbia Middle School Cumberland Elementary Ellis Elementary Fairwood Elementary Lakewood Elementary Sunnyvale Middle School San Miguel Elementary Vargas Elementary Nimitz Elementary 		
Services Funded By Grant/How Funds Will Be Spent	<p>Services include:</p> <ul style="list-style-type: none"> Classroom nutrition and health lessons After-school nutrition and activity lessons Nutrition and cooking lessons for parents <p>Full requested funding would support health educator salaries and program supplies.</p>		
FY22 Funding	FY22 requested: \$30,000		FY22 recommended: \$25,000
Funding History & Metric Performance	FY21	FY20	FY19
	FY21 Requested: \$30,000 FY21 Approved: \$30,000 FY21 6-month metrics met: 0%	FY20 Approved: \$25,000 FY20 Spent: \$22,942 FY20 6-month metrics met: 100% FY20 Annual metrics met: 0%	FY19 Approved: \$15,000 FY19 Spent: \$4,589 FY19 6-month metrics met: 0% FY19 Annual metrics met: 0%
FY22 Dual Funding	FY22 requested: \$25,000		FY22 recommended: \$20,000
Dual Funding History & Metric Performance	FY21	FY20	FY19
	FY21 Requested: 30,000 FY21 Approved: \$25,000 FY21 6-month metrics met: 0%	FY20 Approved: \$20,000 FY20 Spent: \$20,000 FY20 6-month metrics met: 100% FY20 Annual metrics met: 67%	FY19 Approved: \$25,000 FY19 Spent: \$24,450 FY19 6-month metrics met: 100% FY19 Annual metrics met: 67%
FY22 Proposed Metrics	Metrics		6-month Target
	Individuals served		1,400
			2,800



FY22 Healthy Body Proposal Summary



Bay Area Women's Sports Initiative (BAWSI) (Support Grant)

Program Title	BAWSI Girls		Requested Amount: \$24,500
Program Abstract & Goal	To generate positive attitudes towards rigorous exercise and active play and improve social-emotional behavior and attitudes in elementary aged girls in under-served communities.		
Agency Description & Address	1922 The Alameda, Suite 420, San Jose http://www.bawsi.org BAWSI mobilizes the women's sports community to engage, inspire and empower the children who need BAWSI most, working with populations who have the least access to physical activity and organized sports. BAWSI builds physical literacy, defined as the ability, confidence and desire to be physically active for life and resilience, in children served.		
Program Delivery Site(s)	Bishop Elementary School, Sunnyvale School District		
Services Funded By Grant/How Funds Will Be Spent	Services include: <ul style="list-style-type: none"> Conducting 16 weekly afterschool sessions where female collegiate and high school student athletes serve as positive female role models followed by sessions to facilitate leadership development for 5th Grade junior coaches Providing supplies, including equipment and materials such as t-shirts, journals and pedometers Full requested funding would support salaries for staffing and program supplies.		
FY22 Funding	FY22 requested: \$24,500		FY22 recommended: \$17,000
Funding History & Metric Performance	FY21	FY20	FY19
	FY21 Requested: \$24,000 FY21 Approved: \$19,500 FY21 6-month metrics met: 0%	FY20 Approved: \$19,500 FY20 Spent: \$19,500 FY20 6-month metrics met: 0% FY20 Annual metrics met: 0%	FY19 Approved: \$19,000 FY19 Spent: \$19,000 FY19 6-month metrics met: 100% FY19 Annual metrics met: 100%
FY22 Dual Funding	FY22 requested: \$24,500		FY22 recommended: \$15,000
Dual Funding History & Metric Performance	FY21	FY20	FY19
	FY21 Requested: \$24,000 FY21 Approved: \$15,000 FY21 6-month metrics met: 33%	FY20 Approved: \$16,500 FY20 Spent: \$16,500 FY20 6-month metrics met: 67% FY20 Annual metrics met: 67%	FY19 Approved: \$16,500 FY19 Spent: \$16,500 FY19 6-month metrics met: 100% FY19 Annual metrics met: 100%
FY22 Proposed Metrics	Metrics		6-month Target
	Youth served		60
			120

FY22 Healthy Body Proposal Summary



Bay Area Women's Sports Initiative (BAWSI) (Support Grant)

Program Title	BAWSI Rollers		Requested Amount: \$22,500
Program Abstract & Goal	This program provides adaptive physical activities for girls and boys with physical, cognitive, and hearing disabilities. Weekly sessions include activities focused on goal setting, teamwork and healthy competition, as well as self-respect, responsibility and leadership.		
Agency Description & Address	1922 The Alameda, Suite 420, San Jose http://www.bawsi.org BAWSI mobilizes the women's sports community to engage, inspire and empower the children who need BAWSI most, working with populations who have the least access to physical activity and organized sports. BAWSI builds physical literacy, defined as the ability, confidence and desire to be physically active for life and resilience, in children served.		
Program Delivery Site(s)	Ellis Elementary School, Sunnyvale School District		
Services Funded By Grant/How Funds Will Be Spent	Services include: <ul style="list-style-type: none"> Fitness activities and athletic foundations led by two athlete leaders Full requested funding would support salaries for staffing, management and program supplies.		
FY22 Funding	FY22 requested: \$22,500		FY22 recommended: \$12,000
Funding History & Metric Performance	FY21	FY20	FY19
	FY21 Requested: \$22,000 FY21 Approved: \$15,000 FY21 6-month metrics met: 0%	FY20 Approved: \$15,000 FY20 Spent: \$15,000 FY20 6-month metrics met: 0% FY20 Annual metrics met: 100%	FY19 Approved: \$17,500 FY19 Spent: \$17,500 FY19 6-month metrics met: 0% FY19 Annual metrics met: 0%
FY22 Proposed Metrics	Metrics		6-month Target
	Individuals served		15

FY22 Healthy Body Proposal Summary



Breathe California of the Bay Area (Support Grant)

Program Title	Seniors Breathe Easy		Requested Amount: \$25,000
Program Abstract & Goal	To provide senior-focused health education to residents aged 55 or older and their caregivers. These funds will support health and wellness programs at senior centers, seniors' homes, and other community locations, as well as virtually, focused on populations with health inequities and emerging health threats, such as COVID. The health educator will conduct health presentations, caregiver training, health screenings (as COVID requirements allow), smoking cessation assistance/referral, exercise programs, home visits for assessment/education of environmental lung health risks and fall prevention, and provision of respiratory therapy equipment for needy seniors. The project goals are to increase seniors' understanding of health risks, most importantly of COVID, increase safety in seniors' homes, increase access to smoking cessation assistance, and to increase competence/confidence of caregivers serving seniors.		
Agency Description & Address	1469 Park Avenue, San Jose http://www.breathebayarea.org Breathe California of the Bay Area (BCBA) is a 110-year-old grassroots, community-based, voluntary non- profit that is committed to achieving clean air and healthy lungs. As the local Clean Air and Healthy Lungs Leader, BCBA fights lung disease in all its forms and works with its communities to promote lung health. The agency's goals are tobacco-free communities, healthy air quality and reduced lung diseases.		
Program Delivery Site(s)	Services provided at community centers and senior centers across ECHD service area, and virtually as needed, such as Mountain View Senior Center and Charities Adult Day Program, Sunnyvale		
Services Funded By Grant/How Funds Will Be Spent	Services include: <ul style="list-style-type: none"> • Health education presentations on a variety of health and wellness topics • Health screenings • Breathing exercise instruction • In-home assessments for respiratory and falling hazards • Tobacco cessation assistance • Public Information media campaigns Full requested funding would support partial salaries for staff and some program support costs.		
FY22 Funding	FY22 requested: \$25,000		FY22 recommended: \$25,000
Funding History & Metric Performance	FY21	FY20	FY19
	FY21 Requested: \$25,000 FY21 Approved: \$25,000 FY21 6-month metrics met: 100%	FY20 Approved: \$20,000 FY20 Spent: \$20,000 FY20 6-month metrics met: 100% FY20 Annual metrics met: 0%	FY19 Approved: \$25,000 FY19 Spent: \$20,000 FY19 6-month metrics met: 0% FY19 Annual metrics met: 100%
FY22 Proposed Metrics	Metrics		6-month Target
	Older adults served		400
			1,000



FY22 Healthy Body Proposal Summary



Day Worker Center of Mountain View (Support Grant)

Program Title	Engaging Day Workers in Health Living		Requested Amount: \$30,000
Program Abstract & Goal	To help day workers and their families reduce their risk of being overweight/obese, pre-diabetic and at high-risk for chronic diseases.		
Agency Description & Address	113 Escuela Avenue, Mountain View http://www.dayworkercentermv.org The Day Worker Center of Mountain View was founded in 1996 by local business, church and community leaders. The Center provides job-matching services for residents and businesses in Mountain View, Los Altos, Los Altos Hills, Sunnyvale and surrounding areas.		
Program Delivery Site(s)	At agency site in Mountain View		
Services Funded By Grant/How Funds Will Be Spent	Services include: <ul style="list-style-type: none"> • Providing and preparing fresh produce and nutritious foods produce and serving nearly 200 healthy meals each week • Conducting training workshops and weekly fitness classes Full requested funding would support partial staffing, fresh produce as well as program supplies.		
FY22 Funding	FY22 requested: \$30,000		FY22 recommended: \$30,000
Funding History & Metric Performance	FY21	FY20	FY19
	FY21 Requested: \$35,000 FY21 Approved: \$30,000 FY21 6-month metrics met: 100%	FY20 Approved: \$25,000 FY20 Spent: \$25,000 FY20 6-month metrics met: 0% FY20 Annual metrics met: 100%	FY19 Approved: \$25,000 FY19 Spent: \$25,000 FY19 6-month metrics met: 100% FY19 Annual metrics met: 100%
FY22 Proposed Metrics	Metrics		6-month Target
	Individuals served with nutritious meals		200
			Annual Target
			340

FY22 Healthy Body Proposal Summary



Hope's Corner (Support Grant)

Program Title	Healthy Food for Hope		Requested Amount: \$30,000															
Program Abstract & Goal	This program provides nourishing meals in a warm, welcoming atmosphere to people who live in their cars, are homeless, and low-income to address food scarcity in the community. This program follows dietary standards that promote good health by providing high-quality sources of protein, increasing vegetable/fruit consumption, and avoiding sugary beverages and snacks.																	
Agency Description & Address	748 Mercy Street, Mountain View http://www.hopes-corner.org/ Hope's Corner is a joint ministry of Trinity United Methodist Church and Los Altos United Methodist Church. The volunteer-run organization provides breakfast and a bag lunch every Saturday at Trinity United Methodist Church at the corner of Hope and Mercy Streets. Hope's Corner is also dedicated to providing healthy meals, hot showers, and linkages to resources to all people in need.																	
Program Delivery Site(s)	At agency site in Mountain View																	
Services Funded By Grant/How Funds Will Be Spent	Services include: <ul style="list-style-type: none">• Providing individually packaged meals to improve the nutritional quality of meals• Distributing health education materials Full requested funding would support the purchase of nutritious foods and distribution of educational materials on healthy eating.																	
FY22 Funding	FY22 requested: \$30,000		FY22 recommended: \$30,000															
Funding History & Metric Performance	<table><tr><td>FY21</td><td>FY20</td><td>FY19</td></tr><tr><td>FY21 Requested: \$30,000</td><td>FY20 Approved: \$25,000</td><td>FY19 Approved: \$25,000</td></tr><tr><td>FY21 Approved: \$30,000</td><td>FY20 Spent: \$25,000</td><td>FY19 Spent: \$25,000</td></tr><tr><td>FY21 6-month metrics met: 100%</td><td>FY20 6-month metrics met: 100%</td><td>FY19 6-month metrics met: 100%</td></tr><tr><td></td><td>FY20 Annual metrics met: 100%</td><td>FY19 Annual metrics met: 100%</td></tr></table>	FY21	FY20	FY19	FY21 Requested: \$30,000	FY20 Approved: \$25,000	FY19 Approved: \$25,000	FY21 Approved: \$30,000	FY20 Spent: \$25,000	FY19 Spent: \$25,000	FY21 6-month metrics met: 100%	FY20 6-month metrics met: 100%	FY19 6-month metrics met: 100%		FY20 Annual metrics met: 100%	FY19 Annual metrics met: 100%		
FY21	FY20	FY19																
FY21 Requested: \$30,000	FY20 Approved: \$25,000	FY19 Approved: \$25,000																
FY21 Approved: \$30,000	FY20 Spent: \$25,000	FY19 Spent: \$25,000																
FY21 6-month metrics met: 100%	FY20 6-month metrics met: 100%	FY19 6-month metrics met: 100%																
	FY20 Annual metrics met: 100%	FY19 Annual metrics met: 100%																
FY22 Proposed Metrics	Metrics	6-month Target	Annual Target															
	Low-income and homeless individuals served	900	950															



AnewVista Community Services (Support Grant)

Program Title	Digital Literacy Program for Older Adults		Requested Amount: \$30,000	
Program Abstract & Goal	To provide older adults with digital skills to support their independence and well-being through online classes with fellow members within a safe digital community backed by expert tech support.			
Agency Description & Address	250 Hillview Avenue, Redwood City http://www.anewvistacs.org AnewVista Community Service's mission is to enable independence and well-being of older adults with the adoption of and engagement with technology. The purpose of the organization is to provide education and support to build an engaged community to promote technology adoption.			
Program Delivery Site(s)	Services provided online.			
Services Funded By Grant/How Funds Will Be Spent	Services include: <ul style="list-style-type: none">• Creating and providing bilingual content, workshops and classes on digital literacy for older adults• Conducting outreach to older adults in the District• Developing materials such as user guides, videos, challenges and volunteer opportunities. Full requested funding would support partial salaries for contract positions, multilingual website translation and other program support costs.			
FY22 Funding	FY22 requested: \$30,000		FY22 recommended: DNF	
Funding History & Metric Performance	FY21	FY20	FY19	
	New in FY22	New in FY22	New in FY22	
FY22 Proposed Metrics	Metrics		6-month Target	Annual Target
	Individuals served		200	400

FY22 Healthy Mind Proposal Summary

HEALTHY
MIND



Eating Disorders Resource Center (EDRC) (Support Grant)

Program Title	Support Toward Recovery and Getting Connected		Requested Amount: \$25,000
Program Abstract & Goal	This program will provide and improve upon current support groups, raise awareness on availability of support groups and services, and respond to calls, in person visits, and emails from individuals, family members, and community members to help connect them with resources, information about treatment, insurance coverage and support toward recovery.		
Agency Description & Address	3131 S. Bascom Avenue, Suite 140, Campbell http://www.edrcsv.org EDRC is the only nonprofit in Santa Clara County addressing the need for education and awareness about eating disorders. The agency provides assistance to clients through monthly support groups and phone/e-mail resource assistance.		
Program Delivery Site(s)	Services will be provided virtually and by phone.		
Services Funded By Grant/How Funds Will Be Spent	Services include: <ul style="list-style-type: none"> • Providing program staff to coordinate and conduct ongoing support groups for eating disorder sufferers and their families • Raising awareness of support groups through education of healthcare professionals, school staff, and the community • Assisting clients in navigating parity laws and receive insurance coverage for treatment, and those with Medicare in understanding their options for treatment Full requested funding would support partial salary of a Program Manager.		
FY22 Funding	FY22 requested: \$25,000		FY22 recommended: \$25,000
Funding History & Metric Performance	FY21	FY20	FY19
	FY21 Requested: \$22,500 FY21 Approved: \$22,500 FY21 6-month metrics met: 100%	FY20 Approved: \$20,000 FY20 Spent: \$20,000 FY20 6-month metrics met: 100% FY20 Annual metrics met: 100%	FY19 Approved: \$20,000 FY19 Spent: \$20,000 FY19 6-month metrics met: 0% FY19 Annual metrics met: 100%
FY22 Dual Funding	FY22 requested: \$50,000		FY22 recommended: DNF
Dual Funding History & Metric Performance	FY21	FY20	FY19
	New in FY22	New in FY22	New in FY22
FY22 Proposed Metrics	Metrics		6-month Target
	Individuals served		145
			290



FY22 Healthy Mind Proposal Summary

HEALTHY
MIND



Friends for Youth (Support Grant)

<i>Program Title</i>	Youth Mentoring Program		<i>Requested Amount:</i> \$15,000	
<i>Program Abstract & Goal</i>	This program recruits, screens, trains and manages adult volunteer mentors and matches them with youth mentees for one-to-one and group mentoring programs. Youth are provided with referrals and warm handoffs to community partners.			
<i>Agency Description & Address</i>	1741 Broadway, Redwood City http://www.friendsforyouth.org Friends for Youth's mission is to provide quality mentoring relationships for the youth who need them most.			
<i>Program Delivery Site(s)</i>	At Sunnyvale School District, Fremont Union High School District and Egan Middle School, Los Altos			
<i>Services Funded By Grant/How Funds Will Be Spent</i>	Services include: <ul style="list-style-type: none">• Recruiting, screening and training adult mentors• One-to-one mentoring, group mentoring and mentorship sessions Full requested amount supports partial salaries for six staff positions.			
<i>FY22 Funding</i>	FY22 requested: \$15,000		FY22 recommended: DNF	
<i>Funding History & Metric Performance</i>	FY21	FY20	FY19	
	New in FY22	New in FY22	New in FY22	
<i>FY22 Proposed Metrics</i>	<i>Metrics</i>		<i>6-month Target</i>	<i>Annual Target</i>
	Individuals served		100	200



FY22 Healthy Mind Proposal Summary

HEALTHY
MIND



Kara (Support Grant)

Program Title	Bereavement Services		Requested Amount: \$30,000	
Program Abstract & Goal	To provide grieving individuals and families the healing space, connections to community, and tools to move along their unique journey of loss toward renewed hope and meaning through bilingual peer support. The goal is to increase the understanding of grief and the grieving process among individuals, groups, and organizations so they will be better equipped to respond compassionately to death within the community. Trained peer volunteers provide services under supervision. Services aim to reach low-income, at-risk youth and families.			
Agency Description & Address	457 Kingsley Avenue, Palo Alto http://www.kara-grief.org Guided by the values of empathy and compassion, Kara's mission is to provide grief support for children, teens, families and adults. Serving the community for over 44 years, Kara offers comprehensive bereavement support, death-related crisis response, grief education, and therapy to children, teens, and adults in the San Francisco Bay Area and beyond.			
Program Delivery Site(s)	Services currently provided via telehealth; normally provided at agency site and in various community locations.			
Services Funded By Grant/How Funds Will Be Spent	Services include: <ul style="list-style-type: none">• Client intakes• Individual and group peer support sessions for adults, teens and children• Individual and family consultations• Crisis response onsite service event and phone consultation Full requested funding would support partial salaries for staff.			
FY22 Funding	FY22 requested: \$30,000		FY22 recommended: DNF	
Funding History & Metric Performance	FY21	FY20	FY19	
	New in FY22	New in FY22	New in FY22	
FY22 Proposed Metrics	Metrics		6-month Target	Annual Target
	Individuals served		75	150
	Services provided		120	257





Mentor Tutor Connection (Support Grant)

<i>Program Title</i>	Mentor Program		<i>Requested Amount:</i> \$20,000	
<i>Program Abstract & Goal</i>	This program recruits, trains and supports adult volunteers in providing high school students in the Mountain View and Los Altos High School District with mentoring services designed to support their social and emotional well-being.			
<i>Agency Description & Address</i>	PO Box 1473, Los Altos http://www.mentortutorconnection.org Mentor Tutor Connection's mission is to enhance academic and life skills for students through individualized volunteer tutoring and mentoring. Mentor Tutor Connection's purpose is to recruit, train, and support volunteers to provide public school students in Los Altos and Mountain View through mentoring and tutoring programs.			
<i>Program Delivery Site(s)</i>	Services will be provided virtually to students at: <ul style="list-style-type: none">Alta Vista High School, Mountain ViewMountain View High School, Mountain ViewLos Altos High School, Los Altos			
<i>Services Funded By Grant/How Funds Will Be Spent</i>	Services include: <ul style="list-style-type: none">Recruiting, screening and training mentors on topics including qualities of a good mentor, best practices, first meetings, and mentor/mentee activitiesProviding mini trainings for mentors throughout the year on topics such as depression & anxiety, mentoring with empathy and encouraging difficult conversations Full requested funding would support partial salaries for staffing and program supplies.			
<i>FY22 Funding</i>	FY22 requested: \$20,000		FY22 recommended: DNF	
<i>Funding History & Metric Performance</i>	FY21	FY20	FY19	
	New in FY22	New in FY22	New in FY22	
<i>FY22 Proposed Metrics</i>	<i>Metrics</i>		<i>6-month Target</i>	<i>Annual Target</i>
	Individuals served		30	40

FY22 Healthy Mind Proposal Summary

HEALTHY
MIND



Mission Be (Support Grant)

Program Title	Mindfulness Training for Students and Educators	Requested Amount: \$29,965	
Program Abstract & Goal	To continue provide mindfulness training to students, parents, teachers and school administrators at four elementary, middle and high schools in Los Altos and Mountain View. Mindfulness training consists of eight-week Mindfulness Program for PreK-12 designed to improve student wellbeing, self-regulation and school climate. Classes for educators and parents also support positive school climate and stress management.		
Agency Description & Address	254 Windward Court, Port Jefferson, NY http://www.missionbe.org Mission Be implements mindfulness-based social emotional learning (SEL) programs in Northern California and New York schools and communities, aligned with Common Core Learning Standards, SEL, and anti-bullying legislation. Its mission is to increase the number of thriving, happy and peaceful communities through mindfulness.		
Program Delivery Site(s)	Services provided at: <ul style="list-style-type: none">• Ardis G. Egan Junior High, Los Altos• Covington Elementary School, Los Altos• Georgina P. Blach Intermediate School, Los Altos• Los Altos School District Special Education Department• Mariano Castro Elementary School, Mountain View		
Services Funded By Grant/How Funds Will Be Spent	Services include Mindfulness sessions in a variety of formats: <ul style="list-style-type: none">• On-site mindfulness classes for students• Recorded mindfulness classes and live online sessions for students• Special Education Teachers classes• Classified Support Staff classes• Parent workshops Full requested funding would support partial salaries for Mindfulness Instructors and other staff roles as well as some program support costs.		
FY22 Funding	FY22 requested: \$29,965FY22 recommended: \$29,900		
Funding History & Metric Performance	FY21	FY20	FY19
	FY21 Requested: \$29,989 FY21 Approved: \$29,989 FY21 6-month metrics met: 100%	FY20 Approved: \$25,000 FY20 Spent: \$25,000 FY20 6-month metrics met: 0% FY20 Annual metrics met: 100%	FY19 Approved: \$25,000 FY19 Spent: \$25,000 FY19 6-month metrics met: 100% FY19 Annual metrics met: 100%
FY22 Proposed Metrics	Metrics		6-month Target
	Individuals served		250
			631



Project Safety Net (Support Grant)

Program Title	Mobilizing for Youth Mental Health and Suicide Prevention in Mountain View		Requested Amount: \$30,000	
Program Abstract & Goal	To broaden Project Safety Net's collective impact in North Santa Clara County by advancing, mobilizing, and supporting the Mountain View community in their youth mental health promotion and suicide prevention efforts. The grant aims to convene an advisory community to develop a youth mental health and suicide prevention agenda for the City of Mountain View, train 'gatekeepers' and raise awareness and community engagement about suicide prevention and mental health. Gatekeeper training is tailored for youth, family/caregivers, and workforce that come in contact with young people and can learn to identify risk signs. This collaboration with community partners and the City of Mountain View would be a 12 month pilot.			
Agency Description & Address	4000 Middlefield Road, Building T2 - Cubberley Community Center, Palo Alto http://www.psnpalocalto.org Project Safety Net (PSN) mobilizes community support and resources for youth suicide prevention and mental wellness. It is a coalition working on community education, outreach, and training; access to quality youth mental health services; and policy advocacy. PSN's vision is that all young people are empowered, in partnership with the whole community, to advocate for themselves and their peers.			
Program Delivery Site(s)	At locations identified by community partners in Mountain View and virtually, as needed			
Services Funded By Grant/How Funds Will Be Spent	Services include: <ul style="list-style-type: none">• Convene and coordinate an advisory committee• Conduct focus group with stakeholder groups• Draft and present an agenda with recommendation for monitoring to City of Mountain View and other interested stakeholders• Gatekeeper trainings to City of Mountain View students, residents, or employees• Social media/communications campaign and other community engagement and awareness-raising efforts Full requested funding would support partial staff salaries and some program support costs.			
FY22 Funding	FY22 requested: \$30,000		FY22 recommended: DNF	
Funding History & Metric Performance	FY21	FY20	FY19	
	New in FY22	New in FY22	New in FY22	
FY22 Proposed Metrics	Metrics		6-month Target	Annual Target
	Individuals served		60	120
	Services provided (Community planning, advising encounters, trainings and focus groups)		9	19

FY22 Healthy Community Proposal Summary



Mountain View Police Department, Youth Services Unit (Support Grant)

Program Title	Dreams & Futures Summer Camps for Low-income Youth		Requested Amount: \$25,000
Program Abstract & Goal	This program will provide a safe environment for low-income, at-risk youth in Mountain View by offering a summer enrichment program. This program will serve 4 th – 8 th grade youth at high risk for substance use or abuse and violence. The program promotes healthy nutrition, physical activity and aims to prevent substance use and abuse among youth.		
Agency Description & Address	1000 Villa Street, Mountain View http://www.mvpd.org The Mountain View Police Youth Services Unit sponsors the Dreams and Futures Summer Camps Program. The program services kids within the community and promotes healthy nutrition, physical activity, and healthy minds through positive interactions between police and youth, as well as other community partners.		
Program Delivery Site(s)	Services provided at agency site and various sites for students in the Mountain View Whisman School District.		
Services Funded By Grant/How Funds Will Be Spent	Services include: <ul style="list-style-type: none">• Providing two-week summer sessions to serve at-risk youth from 4th to 8th grade• Providing nutritious breakfast and lunch meals, physical activity sessions, conducting presentations on various topics Full requested funding would support partial staffing for High School and Community College Leaders and program supplies such as nutritious meals and personal protective equipment.		
FY22 Funding	FY22 requested: \$25,000		FY22 recommended: \$25,000
Funding History & Metric Performance	FY21	FY20	FY19
	FY21 Requested: \$25,000 FY21 Approved: \$25,000 FY21 6-month metrics met: 100%	FY20 Approved: \$25,000 FY20 Spent: \$25,000 FY20 6-month metrics met: 100% FY20 Annual metrics met: 100%	FY19 Approved: \$25,000 FY19 Spent: \$25,000 FY19 6-month metrics met: 100% FY19 Annual metrics met: 100%
FY22 Proposed Metrics	Metrics		6-month Target
	Individuals served		40
			85

Silicon Valley Bicycle Coalition (Support Grant)

Program Title	Biking for Health		Requested Amount: \$30,000	
Program Abstract & Goal	This program focuses on underprivileged youth and adults, particularly women, school-age children and older adults, by incorporating the physical activity of biking into everyday life. It is recommended that people get 150 minutes of exercise weekly with many health benefits: weight loss, improved heart health, and lower risk of cancer, among others. Inactivity is a known contributor to chronic conditions like diabetes, obesity and heart disease. Yet, many people, especially in low-income, underserved communities, do not have access to regular exercise. The Silicon Valley Bicycle Coalition (SVBC) will provide organized adult and family bike rides, led by SVBC's League of American Bicyclists' Certified Instructors, targeted toward communities with greater health disparities. Surveys show people are more likely to bike when they have friends and groups to bike with, and that people would prefer to drive less. This program aims to support such community building for physical activity. Shelter-in-place during COVID-19 also resulted in record number of people biking, a momentum this program aims to build upon.			
Agency Description & Address	96 N. 3rd Street Suite 375, San Jose http://www.bikesiliconvalley.org Silicon Valley Bicycle Coalition (SVBC) was established in 1993 to create a community that values, includes, and encourages bicycling for all purposes for all people in Santa Clara and San Mateo Counties. SVBC works with public agencies, non-profit organizations, business partners, and community members to reach the overarching goal to have 10% of all trips taken by bike in 2025. The intention behind this is to address many of society's most pressing problems, particularly human health.			
Program Delivery Site(s)	Services provided at safe biking routes in Mountain View and Sunnyvale, in partnership with affordable housing communities and other community-based organizations			
Services Funded By Grant/How Funds Will Be Spent	Services, provided in Spanish and English, include: <ul style="list-style-type: none">• Adult and family organized bike rides• Trainings of Bike Champions, community members who can help others on their journey to bike more• Collaboration with social service providers and affordable housing communities to identify community members lacking access to physical activity Full requested funding would support partial staff salaries.			
FY22 Funding	FY22 requested: \$30,000		FY22 recommended: \$25,000	
Funding History & Metric Performance	FY21	FY20	FY19	
	Did not Apply in FY21	FY20 Approved: \$25,000 FY20 Spent: \$25,000 FY20 6-month metrics met: 0% FY20 Annual metrics met: 0%	New in FY20	
FY22 Dual Funding	FY22 requested: \$30,000		FY22 recommended: DNF	
Dual Funding History & Metric Performance	FY21	FY20	FY19	
	New in FY22	New in FY22	New in FY22	
FY22 Proposed Metrics	Metrics		6-month Target	Annual Target
	Individuals served		175	350

WomenSV (Support Grant)

Program Title	Domestic Survivor Support Program		Requested Amount: \$30,000	
Program Abstract & Goal	To provide individual client support to an often-overlooked population - domestic abuse survivors in middle-to-upper income areas. The Domestic Violence Advocates help survivors create a customized safety plan with specific strategies to address each form of abuse they have been subjected to. There is a mistaken perception that domestic violence rarely happens in middle-to-upper income areas. However, abusers in these communities can conceal their abuse behind their positive public image and often have the money, power and influence to make it very difficult for a victim to escape safely, get a fair settlement, and keep custody of her children. The COVID crisis has intensified the need for these services. Stay-at-home orders, job losses, stress and social isolation all create increased risk of domestic violence.			
Agency Description & Address	P.O. Box 3982, Los Altos http://www.womensv.org WomenSV's mission is to empower survivors, train providers and educate the community to break the cycle of intimate partner abuse so that every victim and child can exercise their fundamental human right to be free and safe in their own home. WomenSV supports an often-overlooked population: survivors involved with powerful and sophisticated abusers who engage in coercive control—more covert forms of abuse including emotional, financial, legal and technological.			
Program Delivery Site(s)	Services provided at agency site and virtually or by phone, as needed			
Services Funded By Grant/How Funds Will Be Spent	Services include: <ul style="list-style-type: none">• Domestic abuse helpline• One-on-one intake session with a Domestic Violence Advocate• Ongoing one-on-one follow-up sessions with Domestic Violence Advocate• Support Group - two informal educational support groups per week• Referrals for vocational mentoring, financial planning, personal counseling, attorneys, private investigators, therapists, and cybersecurity experts• Client accompaniment – Advocates (as well as volunteers) accompany clients to court, the police station and attorney appointments to provide emotional and physical support Full requested funding would support the partial salary for a Domestic Abuse Advocate.			
FY22 Funding	FY22 requested: \$30,000		FY22 recommended: \$30,000	
Funding History & Metric Performance	FY21	FY20	FY19	
	FY21 Requested: \$30,000 FY21 Approved: \$30,000 FY21 6-month metrics met: 100%	FY20 Requested: \$100,000 Not Funded	New in FY21	
FY22 Proposed Metrics	Metrics		6-month Target	Annual Target
	Individuals served		20	40

FY21 & FY22 El Camino Health and El Camino Healthcare District Community Benefit Dual Funded/Requested

El Camino Health FY21: \$840,000 (24% of ECH grants) | FY22 (Recommended): \$822,000 (24% of ECH grants)

El Camino Healthcare District FY21: \$1,328,500 (18% of ECHD grants) | FY22 (Recommended): \$1,661,000 (22% of ECHD grants)

Combined Total FY21: \$2,168,500 (20% of all grants) | FY22 (Recommended): \$2,483,000 (23% of all grants)

Note: FY22 data reflects *Requested/Recommended* amounts

5210 Health Awareness Program

FY21 – ECH - \$25,000
ECHD - \$30,000
FY22 – ECH - \$25,000/\$20,000
ECHD - \$30,000/\$25,000

American Heart Association

FY21 – ECH - \$50,000
ECHD - \$110,000
FY22 – ECH - \$80,000/\$50,000
ECHD - \$116,500/\$110,000

Bay Area Women's Sports Initiative Program (BAWSI) – Girls Program

FY21 – ECH - \$15,000
ECHD - \$19,500
FY22 – ECH - \$24,500/\$15,000
ECHD - \$24,500/\$15,000

Chinese Health Initiative (ECH)

FY22 – ECH - \$42,000/\$42,000
ECHD - \$267,00/\$267,000

Cupertino Union School District – School Nurse Program

FY21 – ECH - \$90,000
ECHD - \$100,000
FY22 – ECH - \$294,792/\$100,000
ECHD - \$280,743/\$100,000

Cupertino Union School District – Mental Health Counseling

FY21 – ECH - \$120,000
ECHD - \$90,000
FY22 – ECH - \$135,000/\$120,000
ECHD - \$92,500/\$90,000

Eating Disorders Resource Center

FY22 – ECH - \$50,000/\$0
ECHD - \$25,000/\$25,000

GoNoodle

FY21 – ECH - \$113,000
ECHD - \$36,000
FY22 – ECH - \$114,000/\$113,000
ECHD - \$36,000/\$36,000

Health Mobile

FY21 – ECH - \$75,000
ECHD - \$75,000
FY22 – ECH - \$150,000/\$55,000
ECHD - \$150,000/\$0

Healthier Kids Foundation

FY21 – ECH - \$30,000
ECHD - \$40,000
FY22 – ECH - \$30,000/\$30,000
ECHD - \$40,000/\$40,000

LifeMoves

FY22 – ECH - \$65,000/\$60,000
ECHD - \$160,000/\$160,000

Momentum for Mental Health

FY21 – ECH - \$51,000
ECHD - \$270,000
FY22 – ECH - \$57,127/\$46,000
ECHD - \$286,640/\$270,000

National Center for Equine Facilitated Therapy

FY22 – ECH - \$35,000/\$0
ECHD - \$50,000/\$0

Parents Helping Parents

FY22 – ECH - \$44,306/\$0
ECHD - \$44,306/\$35,000

Playworks

FY21 – ECH - \$86,000
ECHD - \$218,000
FY22 – ECH - \$86,000/\$86,000
ECHD - \$218,000/\$218,000

Rebuilding Together

FY21 – ECH - \$30,000
ECHD - \$75,000
FY22 – ECH - \$30,000/\$30,000
ECHD - \$75,000/\$0

Silicon Valley Bicycle Coalition

FY22 – ECH - \$30,000/\$0
ECHD - \$30,000/\$25,000

South Asian Heart Center

FY21 – ECH - \$75,000
ECHD - \$210,000
FY22 – ECH - \$100,000/\$100,000
ECHD - \$300,000/\$300,000

Vista Center for the Blind

FY21 – ECH - \$40,000
ECHD - \$30,000
FY22 – ECH - \$75,965/\$40,000
ECHD - \$42,080/\$30,000



EL CAMINO HEALTHCARE DISTRICT



May 2021